

AOD Fact Sheet

Alcohol and Other Drug Best-Practice Intervention Strategies*

- Participate in a medical evaluation to rule out any medical conditions that may be causing or contributing to anxiety
- Transmissible infectious diseases and other bio-medical history (provide targeted risk-reduction counseling as indicated)
- Co-occurring mental health or behavioral problems (ensure concurrent AOD and mental health treatment, as indicated)
- Potential for withdrawal symptom severity and the need for medications
- Motivation for change (using the Prochaska Stages Of Change model)
- Protective factors and risk factors in the recovery environment
- Potential for relapse

* Compiled by Cenpatico from multiple sources;
citations available upon request.
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