

OUTPATIENT TREATMENT REQUEST FORM

Please print clearly – incomplete or illegible forms will delay processing.

MEMBER INFORMATION

Member Name _____
 Health Plan _____
 DOB _____
 SS # _____
 Member ID # _____
 Last Auth # _____

PROVIDER INFORMATION

Provider Name (print) _____
 Provider/Agency Tax ID # _____
 Provider/Agency NPI Sub Provider # _____
 Phone _____ Fax _____

CURRENT ICD DIAGNOSIS

Primary _____
 Secondary _____
 Tertiary _____
 Additional _____
 Additional _____

Has contact occurred with PCP? Yes No

Date first seen by provider/agency _____

Date last seen by provider/agency _____

FUNCTIONAL OUTCOMES (TO BE COMPLETED BY PROVIDER DURING A FACE-TO-FACE INTERVIEW WITH MEMBER OR GUARDIAN. QUESTIONS ARE IN REFERENCE TO THE PATIENT.)

1. In the last 30 days, have you had problems with sleeping or feeling sad? Yes (5) No (0)
2. In the last 30 days, have you had problems with fears and anxiety? Yes (5) No (0)
3. Do you currently take mental health medicines as prescribed by your doctor? Yes (0) No (5)
4. In the last 30 days, has alcohol or drug use caused problems for you? Yes (5) No (0)
5. In the last 30 days, have you gotten in trouble with the law? Yes (5) No (0)
6. In the last 30 days, have you actively participated in enjoyable activities with family or friends (e.g., recreation, hobbies, leisure)?
 Yes (0) No (5)
7. In the last 30 days, have you had trouble getting along with other people including family and people out of the home?
 Yes (5) No (0)
8. Do you feel optimistic about the future? Yes (0) No (5)
9. Are you currently employed or attending school? Yes (0) No (5)
10. In the last 30 days, have you been at risk of losing your living situation? Yes (5) No (0)

Therapeutic Approach/Evidence Based Treatment Used

LEVEL OF IMPROVEMENT TO DATE

- Minor Moderate Major No progress to date Maintenance treatment of chronic condition

Barriers to Discharge

SYMPTOMS

	N/A	Mild	Moderate	Severe		N/A	Mild	Moderate	Severe
Anxiety/Panic Attacks	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Hyperactivity/Inattention	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Decreased Energy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Irritability/Mood Instability	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Delusions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Impulsivity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Depressed Mood	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Hopelessness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hallucinations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Other Psychotic Symptoms	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Angry Outbursts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Other (include severity): _____				

FUNCTIONAL IMPAIRMENT RELATED SYMPTOMS (IF PRESENT, CHECK DEGREE TO WHICH IT IMPACTS DAILY FUNCTIONING.)

	N/A	Mild	Moderate	Severe		N/A	Mild	Moderate	Severe
ADLs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Physical Health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Relationships	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Work/School	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Substance Use	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Drug(s) of Choice: _____				
Last Date of substance use: _____									

RISK ASSESSMENT

Suicidal: None Ideation Planned Imminent Intent History of self-harming behavior
 Homicidal: None Ideation Planned Imminent Intent History of self-harming behavior
 Safety Plan in place? (If plan or intent indicated): Yes No
 If prescribed medication, is member compliant? Yes No

CURRENT MEASURABLE TREATMENT GOALS

REQUESTED AUTHORIZATION (PLEASE CHECK OFF APPROPRIATE BOX TO INDICATE MODIFIER, IF APPLICABLE.)

SERVICE	DATE SERVICE STARTED	FREQUENCY: How Often Seen	INTENSITY: # of Units Per Visit	Requested Start Date for this Auth	Anticipated Completion Date of Service
NON-PARTICIPATING PROVIDERS ONLY					
Psychiatric Diagnostic Evaluation (1 unit per 6 months) <input type="checkbox"/> 90791 <input type="checkbox"/> 90792					
Mental Health Comprehensive Diagnostic <input type="checkbox"/> H2000 (Encounter per 6 months) <input type="checkbox"/> H0031 (12 encounters per year)					
Behavioral Health Screening (15 min=1 unit) <input type="checkbox"/> H0002					
Behavioral Health Outpatient Services: Individual Therapy (billed as CPT codes; 1 unit per day) <input type="checkbox"/> 90832 <input type="checkbox"/> 90834 <input type="checkbox"/> 90837 <input type="checkbox"/> 90833 <input type="checkbox"/> 90836 <input type="checkbox"/> 90838 <input type="checkbox"/> 90845 <input type="checkbox"/> 90785 (Interactive Complexity add on code)					
Behavioral Health Outpatient Services: Family Therapy (billed as CPT codes; 1 unit per day) <input type="checkbox"/> 90846 <input type="checkbox"/> 90847					
Behavioral Health Outpatient Services: Group Therapy (billed as CPT codes; 1 unit per day) <input type="checkbox"/> 90846 <input type="checkbox"/> 90846					
Team Conference (6 encounters per rolling 12 months) <input type="checkbox"/> 99366 <input type="checkbox"/> 99367					
Mental Health Service Plan Development <input type="checkbox"/> H0032 (15 min units)					
Medical Evaluation and Management <input type="checkbox"/> 90836 (Encounter = 1 unit)					
Office Visit (Maximum of 1 unit per day; 1 unit=day) <input type="checkbox"/> 99201 <input type="checkbox"/> 99202 <input type="checkbox"/> 99204 <input type="checkbox"/> 99205 <input type="checkbox"/> 99211 <input type="checkbox"/> 99212 <input type="checkbox"/> 99214 <input type="checkbox"/> 99215					
Nursing Facility Care- Subsequent <input type="checkbox"/> 99307 <input type="checkbox"/> 99308 <input type="checkbox"/> 99309 <input type="checkbox"/> 99310					

PARTICIPATING AND NON-PARTICIPATING PROVIDERS

Vivrol Injection (1 unit = 1 per month; billed in conjunction with 96372)

J2315

Targeted Care Management (15 minutes = 1 unit; Max 16 units per day; Authorization required after 200 units for Participating Providers.)

T1017

Concurrent Case Management (15 minutes = 1 unit; Max 16 units per day; Authorization required after 200 units for Participating Providers.)

T1016

IF YOU ARE A NON-PARTICIPATING PROVIDER ONLY, PLEASE INDICATE HERE ANY ADDITIONAL CODES YOU ARE REQUESTING AUTHORIZATION FOR. OTHER CODE(S) REQUESTED:

Have traditional behavioral health services been attempted (e.g., individual/family/group therapy, medication management, etc.) and if so, in what way are these services alone inadequate in treating the presenting problem?

Additional Information?

Standard Review:

Standard 14-day time frame will be applied.

Expedited Review:

By signing below, I certify that applying the standard 14-day time frame could seriously jeopardize the member's health, life or ability to regain maximum function.

Clinician Signature

Date

Clinician Signature

Date

SUBMIT TO

Utilization Management Department

12515-8 Research Blvd., Suite 400

Austin, Texas 78759

PHONE 1.855.735.4398 | FAX 1.877.725.7751