

OUTPATIENT TREATMENT REQUEST FORM

Please print clearly – incomplete or illegible forms will delay processing.

Date _____

MEMBER INFORMATION

Name _____

DOB _____

Member ID # _____

Health Plan _____

PROVIDER INFORMATION

Provider Name (print) _____

Provider/Agency Tax ID # _____

Provider/Agency NPI Sub Provider # _____

Phone _____ Fax _____

DSM-IV TR DIAGNOSIS

AXIS I _____

AXIS II _____

AXIS III _____

AXIS IV _____

AXIS V _____

Has contact occurred with PCP? Yes No

Date first seen by provider/agency _____

Date last seen by provider/agency _____

SPMI/SED Yes No

FUNCTIONAL OUTCOMES (TO BE COMPLETED BY PROVIDER DURING A FACE-TO-FACE INTERVIEW WITH MEMBER OR GUARDIAN. QUESTIONS ARE IN REFERENCE TO THE PATIENT.)

1. In the last 30 days, have you had problems with sleeping or feeling sad? Yes (5) No (0)
2. In the last 30 days, have you had problems with fears and anxiety? Yes (5) No (0)
3. Do you currently take mental health medicines as prescribed by your doctor? Yes (0) No (5)
4. In the last 30 days, has alcohol or drug use caused problems for you? Yes (5) No (0)
5. In the last 30 days, have you gotten in trouble with the law? Yes (5) No (0)
6. In the last 30 days, have you actively participated in enjoyable activities with family or friends (e.g. recreation, hobbies, leisure)?
 Yes (0) No (5)
7. In the last 30 days, have you had trouble getting along with other people including family and people out the home?
 Yes (5) No (0)
8. Do you feel optimistic about the future? Yes (0) No (5)
9. In the last 30 days, has your child had trouble following the rules at home or school? Yes (5) No (0)
10. In the last 30 days, has your child been placed in state custody (DCYF or DJJ)? Yes (5) No (0)

Therapeutic Approach/Evidence Based Treatment Used

LEVEL OF IMPROVEMENT TO DATE

- Minor Moderate Major No progress to date Maintenance treatment of chronic condition

Barriers to Discharge

SYMPTOMS (IF PRESENT, CHECK DEGREE TO WHICH IT IMPACTS DAILY FUNCTIONING.)

	N/A	Mild	Moderate	Severe		N/A	Mild	Moderate	Severe
Anxiety/Panic Attacks	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Hyperactivity/Inattn.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Decreased Energy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Irritability/Mood Instability	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Delusions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Impulsivity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Depressed Mood	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Hopelessness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hallucinations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Other Psychotic Symptoms	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Angry Outbursts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Other (include severity): _____				

FUNCTIONAL IMPAIRMENT (IF PRESENT, CHECK DEGREE TO WHICH IT IMPACTS DAILY FUNCTIONING.)

	N/A	Mild	Moderate	Severe		N/A	Mild	Moderate	Severe
ADLs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Physical Health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Relationships	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Work/School	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Substance Abuse	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Drug(s) of Choice: _____				
Last Date of substance use: _____									

RISK ASSESSMENT

Suicidal: None Ideation Planned Imminent Intent History of self-harming behavior
 Homicidal: None Ideation Planned Imminent Intent History of harm to others
 Safety Plan in place? (If plan or intent indicated): Yes No
 If prescribed medication, is member compliant? Yes No

CURRENT MEASURABLE TREATMENT GOALS

REQUESTED AUTHORIZATION (PLEASE CHECK OFF APPROPRIATE BOX TO INDICATE MODIFIER, IF APPLICABLE.)

	FREQUENCY: How Often Seen	INTENSITY: # Units Per Visit	Requested Start Date for this Auth	Anticipated Completion Date of Service
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CMHC OUTPATIENT SERVICES

Authorization Required for all Providers	FREQUENCY: How Often Seen	INTENSITY: # Units Per Visit	Requested Start Date for this Auth	Anticipated Completion Date of Service
<input type="checkbox"/> H2030 Psychosocial Rehab (15 min units)				
<input type="checkbox"/> H0036 Community Support Services (15 min units)				
<input type="checkbox"/> H0039 Assertive Community Treatment (15 min units)				
<input type="checkbox"/> H2021 Wraparound Facilitation (15 min units)				

Non-Participating Providers are required to receive authorization prior to rendering any CHIP services. Please indicate here any codes you are requesting authorization for. Other code(s) requested:

<input type="checkbox"/>				
<input type="checkbox"/>				
<input type="checkbox"/>				
<input type="checkbox"/>				
<input type="checkbox"/>				

PARTIAL HOSPITALIZATION PROGRAMS (H0035) AND CRISIS RESIDENTIAL (T2048) BOTH REQUIRE A LIVE REVIEW WITHIN 24 HOURS OF ADMISSION. CALL 866.912.6285.

Have traditional behavioral health services been attempted (e.g. individual/family/group therapy, medication management, etc.) and if so, in what way are these services alone inadequate in treating the presenting problem?

What other services are being provided to this member that are not requested in this OTR? Please include frequency:

Provider Name _____

Provider Signature _____

Date _____

Please feel free to attached additional documentation to support your request (e.g. updated treatment plan, progress notes, etc.).

SUBMIT TO
Utilization Management Department
 12515-8 Research Blvd., Suite 400
 Austin, Texas 78759
 PHONE 866.912.6285 | FAX 866.694.3649