

SUBMIT TO

Utilization Management Department

12515-8 Research Blvd., Suite 400

Austin, Texas 78759

PHONE 1.866.595.8133 | FAX 1.844.466.1277



Intensive Outpatient/Partial Hospitalization form Mental Health/Chemical Dependency

Please print clearly – incomplete or illegible forms will delay processing.

MEMBER INFORMATION

Member Name _____

DOB _____

SS # _____

Member ID # _____

Last Auth # _____

CURRENT ICD DIAGNOSIS

Primary _____

Secondary _____

Tertiary _____

Additional _____

Additional _____

WHY DID THE MEMBER ORIGINALLY PRESENT FOR TREATMENT?

Empty box for text input regarding treatment history.

CURRENT PRESENTATION/SYMPTOMS

Describe the CURRENT situation and symptoms.

Impact on current functioning (occupational, academic, social, etc.)?

Form with three rows of checkboxes for MILD, MODERATE, and SEVERE symptoms.

MH/SA TREATMENT HISTORY

What has member received in the past?

None OP MH OP SA IP MH IP SA/DETOX

Other _____

List approx. dates of each service, including hospitalizations

Two lines for listing dates of services.

PROVIDER INFORMATION

Check agency or provider to indicate how to authorize.

Agency/Group Name _____

Provider Name _____

Professional Credentials _____

Address/City/State _____

Phone _____ Fax _____

NPI (required) _____ Tax ID (required) _____

CURRENT RISK/LETHALITY

Suicidal

None Ideation Plan* Means* Intent*

Past attempt date (s): _____

Homicidal

None Ideation Plan* Means* Intent*

Past attempt date (s): _____

*Please indicate current safety plans _____

Current assaultive/violent behavior, including frequency _____

Describe any risk for higher level of care, out-of-home placement, change of placement or inability to attend work/school _____

Horizontal line for additional notes.

CURRENT PSYCHOTROPIC MEDICATIONS

Prescriber: Psychiatrist General Practitioner

Other _____

Medication Name Date Started Compliant (Y/N)

Amount and Frequency: _____

Horizontal line for additional notes.

Has a psychiatric evaluation been completed? Yes _____ (date) No / If no, indicate why this has not been completed.

SUBSTANCE USE DISORDER

None By History Current/Active Use

DRUG	AMOUNT	FREQUENCY	FIRST USE (DATE)	LAST USE (DATE)

Is member attending AA/NA meetings? Yes No If yes, how often? _____

Current step _____ Was a sponsor identified? Yes No

RELAPSE HISTORY

Date of last relapse _____

Drug and amount used _____

Resulting consequences _____

TREATMENT DETAILS

What therapeutic approach (e.g. evidence-based practice, therapeutic model, etc.) is being utilized with this member?

Member's current level of motivation? None Minimal Moderate High

Are the member's family/supports involved in treatment? Yes No If no, why? _____

Date of last family therapy session and progress made? _____

What other services are being provided to this member that are not requested in this OTR? Please include frequency _____

Is care being coordinated with member's other service providers? Yes No N/A

Has information been shared with PCP regarding behavioral health provider contact information, presenting problem, date of initial visit, diagnoses and any meds prescribed? Yes _____ (date) No/ If no, why? _____

TREATMENT GOALS

Describe measurable goals and treatment plan agreed upon by member.

MEASURABLE GOAL	DATE INITIATED	CURRENT PROGRESS (Please note specific progress made.)

TREATMENT CHANGES

How has the treatment plan changed since the last request? _____

DISCHARGE CRITERIA

Objectively describe how it will be known that the member is ready to discontinue treatment. _____

REQUESTED AUTHORIZATION

- Please check only one box.
- REV 905 (Mental Health IOP)
 - REV 906 (CD IOP)
 - REV 907 (Partial Hospitalization)
 - REV 907 (IOP/Partial)
 - REV 912 (IOP/Partial)
 - REV 913 (IOP/Partial)
 - H0015 (CD IOP)

Date of admission to IOP/ Partial Hospitalization _____

Total of IOP/ Partial Hospitalization sessions completed to date _____

Requested start date for auth _____

Number of days per week attending _____

Number of hours per day attending _____

Expected discharge date _____

Additional Information?

Please feel free to attach additional documentation to support your request (e.g. updated treatment plan, progress notes, etc.).

Clinician Name

Clinician Signature

Date

SUBMIT TO

Utilization Management Department
 12515-8 Research Blvd., Suite 400
 Austin, Texas 78759
 Have any questions? WWW.CENPATICO.COM
 PHONE 1.866.595.8133 | FAX 1.844.466.1277