

## Changes to Prior Authorization Requirements

**August 1, 2016**

Dear Provider,

Effective September 15, 2016, Cenpatico will require providers to obtain prior authorization for certain outpatient individual, group, and family therapy services. An Outpatient Treatment Request (OTR) form must be submitted to request prior authorization for any member receiving more than a total of 12 sessions by a single provider for the service codes below.

CPT Codes:

- |          |         |
|----------|---------|
| • 90832  | • 90845 |
| • 90833* | • 90847 |
| • 90834  | • 90849 |
| • 90836* | • 90853 |
| • 90837  | • 90875 |
| • 90838* | • 90876 |
| • 90840* | • 90880 |

\*Note: If this add-on code is billed with any other service, that visit will count towards the 12 visits. This change in prior authorization requirements applies to the services specifically provided to each member treated over the course of a calendar year (January 1 – December 31).

- Example 1 (see table, Patients A and D): If on the effective date of this policy modification, a member in your care **has** already utilized the maximum number of sessions noted above, you are eligible to be reimbursed for all covered services previously provided during 2016. However, prior authorization **must** be obtained in order to secure additional reimbursement for sessions provided beyond the effective date.
- Example 2 (see table, Patients B and C): If on the effective date of this policy modification, a member in your care **has not** already utilized the maximum number of sessions noted above, you are eligible to be reimbursed for all covered services previously provided during 2016, and any additional services provided up to the maximum number noted above, without prior authorization. However, once the member reaches the maximum number for the current calendar year, prior authorization must be obtained in order to secure additional reimbursement.

CPT EXAMPLES	Number of sessions already provided in 2016 before the effective date of this policy modification	Number of sessions already provided that are eligible for reimbursement	Number of sessions remaining in 2016 before prior authorization is required	Is prior authorization required immediately in order for additional sessions to be covered (Yes/No)?
Patient A	20	20	0	<b>YES-Prior authorization is required.</b> No additional sessions will be covered during 2016 without prior authorization.
Patient B	5	5	7	NO-Up to 7 additional sessions may be covered during 2016 before prior authorization is required.
Patient C	0	0	12	NO-Up to 12 additional sessions may be covered during 2016 before prior authorization is required.
Patient D	12	12	0	<b>YES-Prior authorization is required.</b> No additional sessions will be covered during 2016 without prior authorization.

For the most efficient service, Cenpatico would like to encourage all providers to utilize the secure Provider Portal when submitting prior authorization requests. The Provider Portal can be found at <https://provider.cenpatico.com/sso/login>.