

Follow-Up After Hospitalization for Mental Illness (FUH)

The percentage of discharges for members 6 years of age and older who were hospitalized for treatment of selected mental health diagnoses and who had a follow-up visit with a mental health practitioner. Two rates are reported:

1. The percentage of members who received follow-up within 30 days of discharge.
2. The percentage of members who received follow-up within 7 days of discharge.

Tips for the FUH Measure

It is important to provide regular follow-up therapy to patients after they have been hospitalized for mental illness. An outpatient visit with a mental health practitioner after discharge is recommended to make sure that the patient’s transition to the home or work environment is supported and that gains made during hospitalization are not lost.

If a member has been discharged from an acute inpatient setting, including acute care psychiatric facilities due to mental health, please schedule their first/initial follow-up appointment within 7 days of discharge, and an additional visit should be scheduled within 30 days of discharge. For assistance with referral to an appropriate behavioral health provider, please call our **Provider Services** line at 866-329-4701. Members can visit the following for follow-up office visits:

- Licensed Clinical Social Worker (LCSW)
- Licensed Clinical Professional Counselor (LCPC)
- Licensed Psychologist
- Psychiatrist
- Licensed Marriage and Family Therapist (LMFT)

Codes for the FUH Measure

POS	03, 09, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 22, 24, 33, 49, 50, 52, 53, 71, 72
UB-REV	0513
CPT	90791, 90792, 90832, 90834, 90847, 90849, 90853, 90870, 90876, 98, 99201-99205, 99211-99215, 99220, 99221-99223, 99231-99233, 99238, 99239, 99241-99245, 99251-99255
HCPCS	H0002, H0004, H0031, H0034, H0039, H2010, H2011, H2015, H2017, S9480, T1015
ICD-10	F21, F20.81, F20.9, F22, F23, F25, F25.1, F28, F29, F31-34.99, F40-45.99, F50-50.99, F60-60.99, F63.81, F64.1, F64.2, F64.9, F68.10, F70-73, F79, F91.1, F91.2, F91.3, F91.8, F91.9, F98, F98.1, F98.21, F98.3, F99