

Initiation and Engagement of Alcohol and Other Drug Dependence Treatment (IET)

Initiation Phase: Members who initiate treatment through an inpatient AODA (Alcohol and Other Drug Abuse) admission, outpatient visits, intensive outpatient encounter, or partial hospitalization within 14 days of the diagnosis.

Engagement Phase: Members who initiate treatment and who have two or more additional services with a diagnosis of AODA within 30 days of the initiation visit.

Eligible Population: Members 13 years and older with a new episode of AODA who had one of the following:

- An outpatient, intensive outpatient, or partial hospitalization with a diagnosis of AODA
- A detoxification visit
- An ED visit
- An inpatient visits discharge with a diagnosis of AODA and a negative diagnosis history

Tips for the IET Measure

1. Work with IlliniCare Health's Behavioral health team to identify appropriate members for outreach; consults with the team about substance abuse identification and treatment.
2. Confirm that the billing code related to the selected services is a HEDIS-approved code.
3. Screen for it! Please incorporate substance use questions or tools upon intake and upon yearly treatment plan review, at a minimum.
4. Follow up! When substance abuse is identified, it is very important to schedule appropriate follow-up treatment. For newly diagnosed members, in particular, we ask that you schedule 3 follow-up appointments within the first 30 days. Increased intensity of contact in early stages of treatment will help to address the concerns as timely as possible and help to keep the member connected and motivated for treatment.
5. Document it! If substance abuse is identified, be sure to document it and code it on any claims submitted. When substance abuse is no longer a diagnosis, be sure to remove the code from any claims submitted.
6. Educate! It's important to educate the members on the effects of substance abuse. Substance abuse often coincides with other behavioral health problems, like major depression or anxiety disorders, which can make treating substance abuse or diagnosing a behavioral health disorder more difficult. In instances like these, referral to a behavioral health provider is prudent. IlliniCare Health can help. Call our Provider Services line at 866-329-4701.

Codes for the IET Measure

Treatment Codes to be used with Diagnosis Codes	
CPT	99201-99205, 99211-99215, 99220, 99241-99245
HCPCS	H0002, H0004, H0005, , H0031, H0034, H2036, , S9480, T1015
Codes to Identify Treatment in an Office	
CPT	90791-90792, 90832-90834, 90836-90840, ,90847, 90875-90876
POS	03, 09, 11, 20, 22,33, 49, 50, 52-53, 57, 71-72
Codes to Identify Treatment in Community Mental Health Centers or Psychiatric Facilities	
CPT	90832, 90834, 90837, 99221-99223, 99231-99233, 99238-99239, 99251-99255
POS	52, 53