OUTPATIENT PSYCHOLOGICAL TESTING AUTHORIZATION REQUEST FORM

Please print clearly – incomplete or illegible forms will delay processing.

Date_____

MEMBER INFORMATION

Name _____

Date of Birth_____

Member ID #_____

Health Plan _____

PROVIDER INFORMATION

Provider Name _____

Provider Tax ID# _____

Provider NPI/Sub Provider #_____

Phone_____Fax _____

PROVISIONAL ICD DIAGNOSIS

The provider must report all diagnoses being considered for this patient.

Primary (Required)_____R/O_____R/O_____

Secondary_____

Tertiary_____

Additional_____

_____

Danger to Self or Others (If yes, please explain)? ☐ Yes ☐ No_____

_____

MSE Within Normal Limits (If no, please explain)? ☐ Yes ☐ No _____

_____

WHAT ARE THE CURRENT SYMPTOMS PROMPTING THE REQUEST FOR TESTING?

- ☐ Anxiety
- ☐ Depression
- ☐ Withdrawn/Poor social interaction
- ☐ Mood instability
- ☐ Psychosis/Hallucinations
- ☐ Bizarre behavior
- ☐ Unprovoked agitation/Aggression
- ☐ Self-injurious behavior
- ☐ Eating disorder symptoms: _____
- ☐ Poor academic performance
- ☐ Behavior problems at home
- ☐ Behavior problems at school
- ☐ Inattention
- ☐ Hyperactivity
- ☐ Other _____

What is the question to be answered by testing that cannot be determined by a diagnostic interview, review of psychological/psychiatric records or collateral information? How will testing affect the care and treatment in a meaningful way?

HISTORY

Does the patient have any significant medical illnesses, history of developmental problems, head injuries or seizures in the past?

☐ Yes ☐ No Comments: _____

Does the patient have a family history of psychiatric disorders, behavior problems or substance use?

☐ Yes ☐ No ☐ Uncertain Comments: _____

Is there any known or suspected history of physical or sexual abuse or neglect?

☐ Yes ☐ No ☐ Uncertain Comments: _____

If ADHD is a diagnostic rule out, please complete the following: Is the patient's presentation on intake consistent with ADHD?

☐ Yes ☐ No

Indicate the results of Conner's or similar ADHD rating scales, if given:

☐ Positive ☐ Negative ☐ Inconclusive ☐ N/A

If the patient is a child, please indicate the collateral information you have obtained from the school regarding cognitive/academic functioning (i.e., teacher feedback, results of school standardized testing)?

_____

_____

_____

Date of Diagnostic Interview: _____

Has the patient had a Psychiatric Evaluation? ☐ Yes ☐ No If yes, date? _____

Basic Focus and Results _____

_____

Current Psychotropic Medications: _____

_____

PLEASE LIST THE TESTS PLANNED TO ANSWER THE CLINICAL QUESTION(S)

1. _____ 4. _____

2. _____ 5. _____

3. _____ 6. _____

PLEASE INDICATE THE NUMBER OF UNITS REQUESTED TO COMPLETE TESTS:

_____

_____ _____

Clinician's Signature/Title Date

SUBMIT TO
Utilization Management Department
12515-8 Research Blvd., Suite 400
Austin, Texas 78759
PHONE 1.800.534.5976 | FAX 1.866.694.3649