

# Cenpatico 2015 Quality Improvement Program Evaluation

www.cenpatico.com



# Table of Contents

<u>Sections</u>	<u>on</u>	<u>Page</u>
I.	Introduction	1
II.	Effectiveness of Cenpatico's QI Committees	1
III.	Quality Documentation and Reporting	3
IV	Performance Monitoring	5
V.	Member Access	51
VI.	Quality Improvement Activities (QIAs)	121



# I. Introduction

Cenpatico, a National Committee for Quality Assurance (NCQA) accredited managed behavioral health organization (MBHO), administers publicly funded behavioral health contracts in multiple states for Medicaid, Medicare and Health Insurance Exchange populations. Populations served include:

- Supplemental Security Income (SSI)
- Temporary Assistance for Needy Families (TANF)
- Children's Health Insurance Program (CHIP)
- Foster care programs
- Aged, Blind and Disabled (ABD)
- Health Insurance Marketplace (HIM) populations
- Programs for chronic/disabled populations
- Other federal block grant and state subvention funded programs

The Cenpatico Quality Improvement (QI) program is based on the principles of continuous performance improvement (CPI) and is adopted and utilized throughout the organization. Cenpatico believes quality is an organizational value synonymous with performance and incorporates monitoring, analysis and evaluation of clinical services; access to services for members and providers; network adequacy and management; utilization management; operations measures and member and provider satisfaction in the identification of performance improvement opportunities.

The QI Program Evaluation provides a comprehensive analysis of the efficacy of the previous year's QI activities; identifies areas for continued monitoring and improvement; and establishes the framework for the 2016 QI program's priorities and initiatives. This evaluation covers the 2015 calendar year (January 1, 2015 – December 31, 2015). Data analysis includes longitudinal tracking to assist in the identification of performance trends and shifts.

# II. Effectiveness of Cenpatico's QI Committees

The Board of Directors for Cenpatico is responsible for the implementation of the quality program, approval of the annual program evaluation and the QI Program description. The quality program, at the direction of the Board, is implemented through the Quality Improvement Committee (QIC). Within the timeframe of this review, the QIC met five times. The main topics reviewed by the QIC included:

- Review and approval of the Quality, Utilization, Case Management and Credentialing Program Descriptions, work plan and Annual Evaluations;
- Updates to the QI work plan;
- Updates to policies and procedures;



- Review and approval of QI activities;
- Oversight of sub-committee work; and
- Monitoring of performance indicators.

The QIC has four defined sub-committees that functioned during 2015. Sub-committees of the QIC with a brief description of their activities and their meetings for the time period are listed below.

Sub-Committee	Composition/Function	Meetings Held
Credentialing Committee (CC)	The committee expanded to include representation from the various disciplines credentialed. The committee includes MDs, PhD's, PsyD, Licensed Clinical Social Works, and Licensed Professional Counselors. The Vice President of Medical Affairs from MHS IN joined the Credentialing Committee as a representative of Primary Care.	The Credentialing Committee held twelve regularly scheduled meetings with additional meetings scheduled for peer review on an as needed basis.
	The committee reviewed and approved applicants for network participation, assessed sanction activity, evaluated new delegates and approved annual oversight audits for existing delegates.	
Utilization Management Committee (UMC)	This internal committee reviewed data for service utilization data on a market and product level; assessed utilization trends as compared to established thresholds;, assessed for instances of over and underutilization; monitored the performance and level of satisfaction with the Case Management Program; monitored timeliness of decisions made in the UM Department; evaluated the use of Clinical Fact Sheets for practitioners which provide assistance in managing members with specific diagnoses; assessed inter-rater reliability testing results and action plans and reviewed provider profiling. The focus of the UMC at the end of the year moved to the use of predictive modeling for	The committee held five meetings.
	member population health assessment and provider profiling.	



Sub-Committee	Composition/Function	Meetings Held
Policy and Procedure Committee	This internal committee is responsible for the review of all policies for the organization. Departments in attendance are responsible for	The committee held twelve regularly scheduled meetings and
(P&P)	educating their staffs when a policy impacts their functions or processes.	three ad hoc meetings.
	All policies were reviewed on an annual cycle and on an as needed basis following change to contracts and/or laws, statutes and regulations.	
National Advisory Council (NAC)	Review and approval of the actions identified in response to the 2013 Member Satisfaction Survey; Submission and Approval of Adoption of the	Four meetings (two in person; two telephonic) held in 2015.
	SAMHSA Recovery Principles; Review and recommendation to adopt and implement the SAMHSA YSS-F and MHSIP Member Surveys.	

# III. Quality Documentation and Reporting

The Cenpatico 2015 QI work plan identified six priority areas related to QI documentation and reporting:

- QI Annual Documentation
- Policies and Procedures
- Member and Practitioner Notification of Quality Activities
- Customer Reporting
- Provider Profiling

Description on progress in each category related to work plan goals and objectives is discussed below.

# **<u>QI Annual Documentation</u>**

Cenpatico provides supporting guidance and structure to its QI Program through the development and implementation of a QI program description, work plan and the evaluation of previous QI plan activities. Cenpatico met its goal to establish current, actionable QI guidance documents in 2015. Cenpatico's QIC and Board reviewed and approved the implementation of the 2015 QI Work Plan. The work plan acted as the primary data feed into the QI Committees in 2015. The Cenpatico Vice President of Quality and Process Improvement provided updates on work plan progress and reports to the QIC at each meeting in 2015. Approval dates and Committee meeting dates are available in the QIC minutes.

# Member and Practitioner Notification of QI Activities

While Cenpatico is not delegated member and practitioner notification of BH QI Activities, Cenpatico ensures its members and practitioners have access to current QI



activities and outcomes of quality initiatives. Cenpatico posts reviews and updates to its QI program on its member and practitioner websites and via provider notifications. Cenpatico provides information for members accessing behavioral health services to its health plans for inclusion in health plan member communications. Cenpatico successfully accomplished this task in 2015 and will continue to prioritize this activity in its 2016 QI Plan year.

#### Policies and Procedures

Cenpatico's Vice President of Quality and Process Improvement chairs the Policy and Procedure (P&P) Committee. All functional area policies are reviewed against applicable federal, state and NCQA requirements and approved by the Committee. The P&P Committee reports quarterly into the QIC. All QI related policies are included for reference in the Cenpatico 2016 QI Program Description. Cenpatico functional area policies are centrally located on Cenpatico's intranet and are used in training and supervision of Cenpatico employees. Cenpatico will continue the goal of complete and accurate policy and procedure development in the 2016 QI Plan year.

Cultural competency is critical to the quality of care provided to members served by Cenpatico. As such, Cenpatico developed Cultural Competency training as part of new employee orientation and ongoing cultural sensitivity support. The organization approved and implemented policies and procedures to guide culturally competent services. Cenpatico continues to prioritize culturally competent care and services and will continue this effort in the 2016.

# Customer Reporting

Cenpatico's QI Department set a goal to provide each of its customers (health plans and states) with actionable, data driven reports at least quarterly in 2015. Cenpatico's QI Department significantly changed the scope of the reports to provide a comprehensive, cross functional overview of Cenpatico functional area performance based on quantifiable measures. The reports are broken out into the following categories:

- Service Utilization Measures
- Network Management
- Service Operations Measures
- Improvement Opportunities

Data for each reporting area is provided graphically presenting longitudinal, tracked performance on a market level. Data is stratified by market product and service area, where applicable. The Cenpatico Quarterly QI reports are used by Cenpatico's customers to guide joint oversight committees (JOCs). The JOCs are a customer venue for real time oversight of Cenpatico's performance as a delegated behavioral health vendor. Cenpatico successfully presented aggregate market data specific to each customer in 2015.



The QI Department, in conjunction with the Cenpatico Senior Management Team (SMT) identified an opportunity to further improve customer reporting in 2015. The Cenpatico Vice President, Quality and Process Improvement, with support from the Director, Process Improvement, initiated a cross functional workgroup to redesign external customer quarterly reporting for 2016. Cenpatico effectively rolled out this new reporting format with all of its customers in 2015, with direct project management and oversight by the QI Department. Cenpatico will continue to prioritize this task in the 2016 QI Work Plan.

# IV. Performance Monitoring

To further support the quality of its routine reporting, Cenpatico's QI Department monitors participating providers' performance against established performance thresholds. Primarily, Cenpatico reviews provider specific trends to identify areas for individual provider and system improvement. Cenpatico's QI Department routinely monitors the following:

- Complaints
- Quality of Care Concerns (QOC)
- Critical Incidents
- Adherence to Clinical Practice Guidelines
- Adherence to Record Review Standards

#### Quality Monitoring Report

Cenpatico sets thresholds on the number of complaints, QOCs and critical incidents pertaining to a specific provider during a year measurement period. Cenpatico's Quality Monitoring report is used to support Credentialing Committee (CC) and peer review activities and informs Cenpatico's network management strategy. The performance measures utilized in the Quality Monitoring report are as follows:

- QOC Concerns
  - o <u>>5 Level 1&2 QOC Concerns</u>
  - $\circ \geq 1$  Level 3 or 4 QOC Concern

Level 1	No confirmed Quality of Care issue
Level 2	Confirmed Quality of Care issue with no evidence of adverse affect
Level 3	Confirmed Quality of Care issue with the potential for adverse effect
Level 4	Confirmed Quality of Care issue with adverse effect

- Complaints
  - o > 1 Complaint



- Critical Incidents
  - o Any critical incident
- Corrective Action Plans (CAPs)
  - o Appointment Availability
  - o QOC Concern improvement activities
  - o Utilization Management corrective action
  - o Complaint resolution corrective actions

# 2015 Quality Monitoring Results:

No Cenpatico provider or practitioner exceeded the quality monitoring thresholds for calendar year 2015. Cenpatico set the goal to assess 100% of its contracted providers against the Quality Monitoring standards in 2015. The Cenpatico CC minutes document the review and discussion of the Quality Monitoring Reports by the committee in the evaluation of providers. Market specific trends in complaints and other quality concerns are discussed in Section IV. Cenpatico successfully met this goal in 2015 and continues to prioritize this monitoring activity in its 2016 QI Work Plan.

#### Clinical Practice Guidelines (CPGs)

For reporting year 2015, Cenpatico chose to measure adherence to the following clinical practice guidelines:

- Practice Guideline for the Treatment of Patients with Major Depressive Disorder, third edition, from the American Psychiatric Association;
- Practice Parameter for the Assessment and Treatment of Children and Adolescents with Attention-Deficit/Hyperactivity Disorder, from the American Academy of Child and Adolescent Psychiatry; and
- Practice Guideline for the treatment of patients with schizophrenia, second edition, from the American Psychiatric Association.

Cenpatico presented the proposed CPGs to the QIC for review and approval, per the 2015 QI work plan goals.

Cenpatico adopted and disseminated clinical practice guidelines that are relevant to the needs of its enrolled members. Cenpatico believes clinical practice guidelines help practitioners and members make decisions about appropriate care for specific clinical circumstances. To determine practitioner adherence to its clinical practice guidelines, Cenpatico annually measures performance against important aspects of selected guidelines.



For the reporting period of January 1, 2015 through December 31, 2015, Cenpatico identified the following specific aspects of care for measurement and analysis for the following CPGs:

- Practice Guideline for the Treatment of Patients with Major Depressive Disorder, from the American Psychiatric Association
- Practice Parameter for the Assessment and Treatment of Children and Adolescents with Attention-Deficit/Hyperactivity Disorder, from the American Academy of Child and Adolescent Psychiatry; and
- Practice Guideline for the treatment of patients with schizophrenia, second edition, from the American Psychiatric Association.

#### Practice Guideline for the Treatment of Patients with Major Depressive Disorder

- Measurement 1: Antidepressant Medication Management—Effective
   Acute Phase (AMM Acute)
- Measurement 2: Antidepressant Medication Management—Effective Continuation Phase (AMM Continuation)

<u>Practice Parameter for the Assessment and Treatment of Children and Adolescents with</u> <u>Attention Deficit/Hyperactivity Disorder</u>

Measurement 1: Follow-Up Care for Children Prescribed ADHD Medication—
 Initiation Phase (ADD Init)

Initiation Phase (ADD Init)

 Measurement 2: Follow-Up Care for Children Prescribed ADHD Medication— Continuation and Maintenance Phase (ADD Continuation)

Practice Guideline for the Treatment of Patients with Major Depressive Disorder

- Measurement 1: Adherence to Antipsychotic Medications for Individuals with Schizophrenia (SAA)
- Measurement 2: Diabetes Screening for People with Schizophrenia or Bipolar Disorder Who are Using Antipsychotic Medications (SSD)

# Methodology

All data collection conforms to the 2016 HEDIS Technical Specifications.

Data sources: Claims data

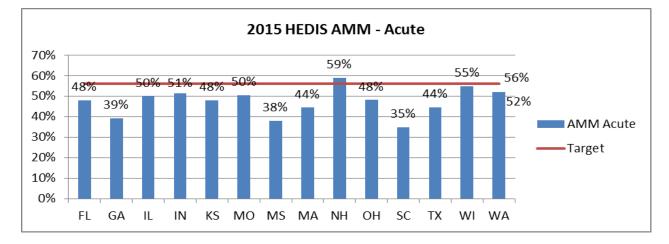
Performance goal: Listed in the table below for each measure.



#### Antidepressant Medication Management (AMM)

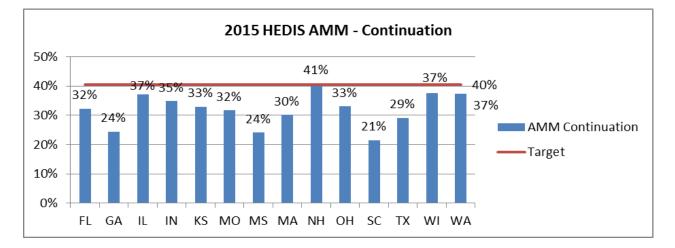
Cenpatico performance on the Antidepressant Medication Management (AMM) Acute Phase indicator was below the HEDIS 75th percentile (56.15%), but increased slightly from the 2014 performance (44.8% to 46.7%, respectively), but is statistically significant (p<.0002). A review of market specific performance for this reporting period indicates one positive market outlier, New Hampshire (58.9%), is slightly above the performance target of 56.1%.

Cenpatico HEDIS Rates: Antidepressant Medication Management Goal: NCQA 75 <sup>th</sup> Percentile: Acute Phase – 56.15% Continuation Phase- 40.48%								
2014 2015								
AMM Indicator	Num	Denom	Rate	Num	Denom	Rate		
Effective Acute Phase Treatment	7707	17210	44.8%	13214	28302	46.7%		
Effective Continuation Phase								
Treatment	5053	17210	29.4%	8933	28302	31.6%		



Performance on the Continuation Phase indicator increased slightly from 29.4% in 2014 to 31.6% in 2015, but did not reach the 75th percentile (40.48%). The increased aggregate performance rate was statistically significant (p<.0000). Again, the NH market performed above the 75<sup>th</sup> percentile with a rate of 41%.





# **Barriers & Interventions**

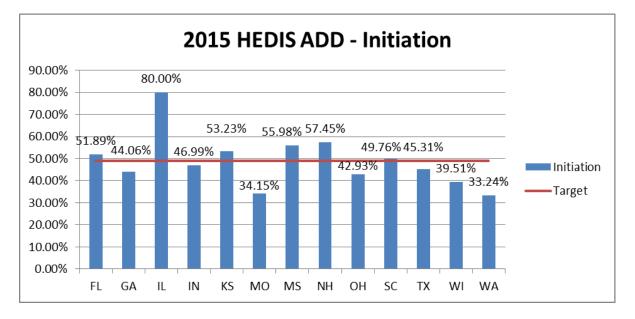
Root Cause/Barrier	Proposed Intervention	Selected	Date
Practitioners not adhering to the Depression (AMM) CPG.	Provide Tool Kits to Primary Care Practitioners to ensure they have accurate and useful information to enable them to adhere to the Depression CPG's.	Yes	04/01/15
Members and parents/guardians are not adhering to medication treatment plans.	Conduct targeted scheduled clinical outreach calls to assess medication compliance and treatment needs for members being treated for Depression.	Yes	01/01/15

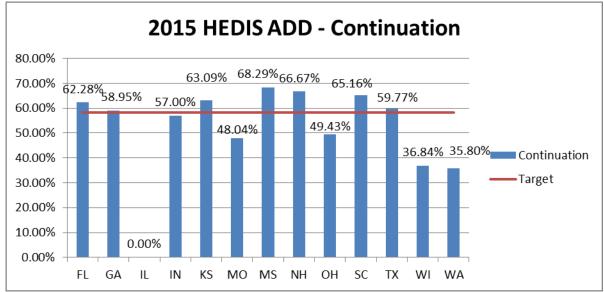
# Attention Deficit Disorder (ADD)

The Attention Deficit Disorder (ADD) rate decreased slightly in both phases of the measure in 2015. The Cenpatico Overall Acute Phase Rate declined from 47.32% in 2014 to 46.25% in 2015. The decline was statistically significant (p<.0305). The Continuation Phase also declined slightly from 59.52% in 2014 to 58.31% in 2015.

Cenpatico HEDIS Rates: Attention Deficit Disorder Goal: NCQA 75 <sup>th</sup> Percentile: Initiation Phase – 49.07% Continuation and Maintenance Phase- 58.36%								
2014 2015								
ADD Indicator	Num	Denom	Rate	Num	Denom	Rate		
Effective Initiation Phase Treatment	10004	21140	47.32%	10987	23755	46.25%		
Effective Continuation Phase								
Treatment	2364	3972	59.52%	2519	4320	58.31%		







The IL ADD Initiation rate was at 80.00% in 2015, but only had five members in the denominator. The Continuation and maintenance phase requires medication compliance for at least 210 days and in addition to the initiation phase visit, at least two follow-up visits with a practitioner within 270 days after the initiation phase ends. At the time of data collection for this report, all five members had not completed the run out for the Continuation Phase. The performance rate of 0.00% illustrated above should be interpreted with caution, as the number of members to successfully complete the Continuation Phase has yet to be determined.



#### **Barriers & Interventions**

Root Cause/Barrier	Proposed Intervention	Selected	Date
Practitioners not adhering	Provide Tool Kits to Primary Care	Yes	04/01/15
to the ADD/ADHD CPG	Practitioners to ensure they have		
	accurate and useful information to		
	enable them to adhere to the		
	Depression and ADHD CPG's		
Members are not aware of	Use a Proactive Outreach	Yes	03/01/15
appointments and the	Management system to make		
need to attend them for	automated calls to members to		
ADD/ADHD medications	engage them in case management		
Members and	Conduct targeted scheduled clinical	Yes	01/01/15
parents/guardians are not	outreach calls to assess for		
adhering to medication	medication compliance and		
treatment plans.	treatment needs for members being		
	treated for ADD/ADHD treatment		

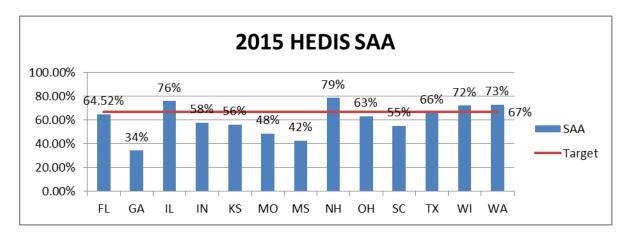
#### Adherence to Antipsychotic Medications for Individuals with Schizophrenia (SAA)

The Adherence to Antipsychotic Medications for Individuals with Schizophrenia (SAA) measure declined overall for Cenpatico from 62.31% in 2014 to 52.22% in 2015. The decrease is statistically significant (p<.0000). However, the results should be interpreted with caution, at the time of this analysis; the measurement period had not closed on this metric.

Cenpatico HEDIS Rates: Adherence to Antipsychotic Medications Goal: NCQA 75 <sup>th</sup> Percentile: 66.96%							
		2014 2015					
SAA Indicator	Num	Num Denom Rate			Denom	Rate	
SAA Measure	Num         Denom         Rate         Num         Denom         Rate           6664         10695         62.31%         6427         12308         52.22%						

As the SAA measure is relatively new, no interventions were implemented during 2015 to impact the measure. Four of Cenpatico markets, IL, NH, WI and WA exceeded the 75<sup>th</sup> percentile goal of 66.96% in 2015. Cenpatico's lowest trending markets, GA, MS and MO, will be targeted for focused intervention in 2016. Cenpatico will leverage its existing disease management staff in the development and implementation of a targeted medication adherence campaign to assist members with understanding the need for their medication treatment and provide them tools to better manage their care.

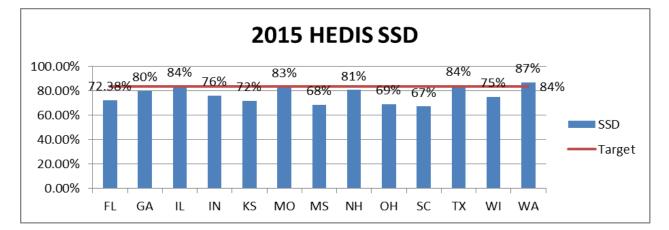




# Diabetes Screening for People with Schizophrenia or Bipolar Disorder Who are Using Antipsychotic Medications (SSD)

The aggregate Cenpatico rate for the SSD measure increased from 70.02% in 2014 to 76.95% in 2015, but did not meet the 75th percentile (83.84%) goal. The increase is statistically significant (p<.0000), but is expected to continue to trend upward as the data for 2015 data is received in its entirety. Several Cenpatico markets, MO, TX, WA and IL met or exceeded the 75th percentile goal for 2015. The lowest trending markets MS, OH and SC will be targeted for focused interventions in 2016.

Cenpatico HEDIS Rates: Diabetes Screening for People with Schizophrenia and Bipolar Disorder Who are Using Antipsychotic Medications Goal: NCQA 75 <sup>th</sup> Percentile: 83.84%							
		2014		2015			
SSD Indicator	tor Num Denom Rate Num Denom Rate					Rate	
SSD Measure	10205	14575					





#### Barriers & Interventions

Root Cause/Barrier	Proposed Intervention	Selected	Date
Practitioners not ensuring	Train clinical staff on the requirements of	Yes	04/01/15
members are tested for	the SSD measure to ensure staff remind		
diabetes when taking an	inpatient facility practitioners to test all		
antipsychotic medication	members on antipsychotic medications		
	and coordinate care appropriately		
Practitioners not ensuring	Conduct targeted medical record	Yes	02/01/16
members are tested for	reviews of high volume practitioners in		
diabetes when taking an	the MS, OH and SC markets to provide		
antipsychotic medication	focused technical assistance and		
	corrective action		

#### Medicaid Summary

As outlined above, Cenpatico's enterprise wide results for the AMM, ADD, SAA and SSD measures indicate opportunities for improvement overall. Recognizing these are shared measures between physical and behavioral health, Cenpatico has established ongoing work groups in which the clinical and quality staff interface with health plan partners to develop interventions from a collaborative perspective. Cenpatico has also begun participating in the health plan HEDIS steering committees to ensure information sharing and discussion about market trends and best practices are continuously incorporated into activities.

#### Ambetter Results

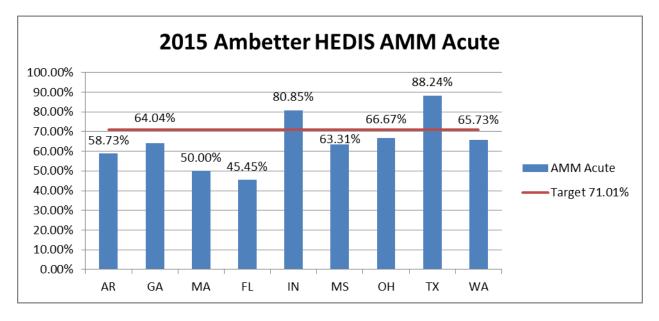
For the Ambetter product the age range for the ADD measure (6-12 years old) excludes it from reporting. However, the AMM, SAA and SSD measures are analyzed and reported below:

# Antidepressant Medication Management (AMM)

The Ambetter AMM Acute rate declined from 65.57% in 2014 to 59.51% in 2015. The decrease is not statistically significant, (p<.0680), but the AMM Acute measurement remained below the  $75^{th}$  percentile goal of 71.01%.

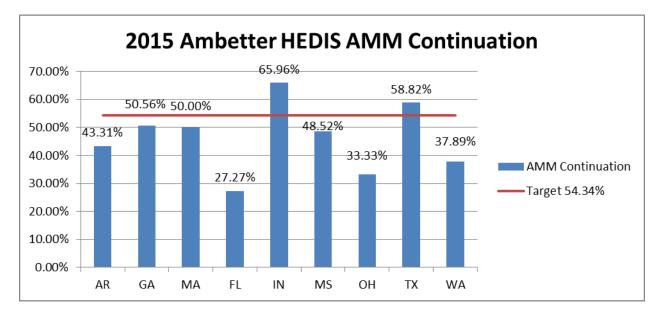
Cenpatico Ambetter HEDIS Rates: Antidepressant Medication Management Goal: NCQA 75 <sup>th</sup> Percentile: Acute Phase – 71.01% Continuation Phase- 54.34%							
2014 2015							
AMM Indicator	Num	Denom	Rate	Num	Denom	Rate	
Effective Acute Phase Treatment	160	244	65.57%	1295	2176	59.51%	
Effective Continuation Phase							
Treatment	137	244	56.15%	1014	2176	46.60%	





The Continuation Phase decreased from 56.15% in 2014 to 46.60% in 2015. This change is statistically significant (p<.0072). The 2015 Ambetter AMM Continuation measurement fell below the  $75^{th}$  percentile goal of 53.34%.

The Arkansas market contributed the majority of Ambetter members to the AMM measure, making up 1663 of the 2176 eligible members in 2015. Cenpatico identified the need to increase staff levels to accommodate the fast growing Ambetter product. In the fourth quarter of 2015, Cenpatico hired three additional staff to support the Arkansas market.





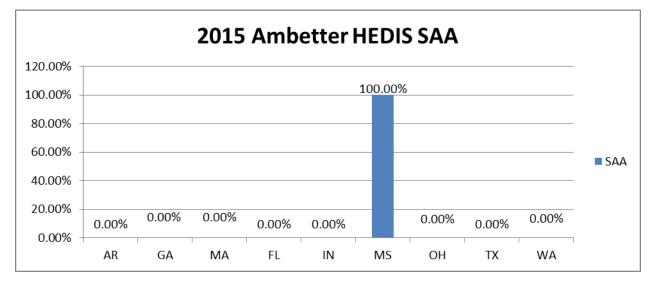
#### Barriers & Interventions

Root Cause/Barrier	Proposed Intervention	Selected	Date
Practitioners not adhering	Provide Tool Kits to Primary Care	Yes	04/01/15
to the Depression (AMM)	Practitioners to ensure they have		
CPG	accurate and useful information to		
	enable them to adhere to the		
	Depression CPG's		
Members and	Conduct targeted scheduled clinical	Yes	01/01/15
parents/guardians are not	outreach calls to assess medication		
adhering to medication	compliance and treatment needs for		
treatment plans.	members being treated for Depression.		

#### Adherence to Antipsychotic Medications for Individuals with Schizophrenia (SAA)

The denominator for the Ambetter SAA measure was 68 members at time of data collection for this report. A review of available HEDIS data indicated only one denominator member met criteria for inclusion in the numerator. Cenpatico addressed this issue with its corporate parent who manages the HEDIS data collection and reporting on behalf of Cenpatico. Upon review, we determined that Ambetter product HEDIS performance was not fully programmed, indicating that the rate as reported is truncated. Cenpatico will continue to work with its corporate parent to ensure that all behavioral health related HEDIS metrics are programmed for both the Medicaid and health insurance marketplace (Ambetter) populations.

Cenpatico Ambetter HEDIS Rates: Adherence to Antipsychotic Medications Goal: NCQA 75 <sup>th</sup> Percentile: Not Established					
	2015				
SAA Indicator	Num Denom Rate				
SAA Measure	1 68 1.47%				

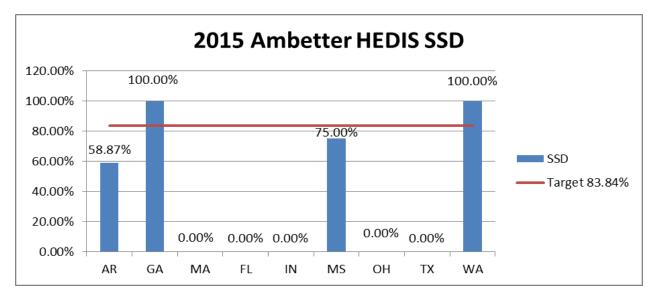




# Diabetes Screening for People with Schizophrenia or Bipolar Disorder who are Using Antipsychotic Medications (SSD)

The majority of members in the Ambetter SSD measure originated from the Arkansas market, with a total of 141 out of 149 eligible members this reporting year. Cenpatico faced challenges related to the Ambetter SSD, in that the logic for the collection data was not complete in time for inclusion this report. Historical data is not available for comparison, as calendar year 2015 is the first full year of HEDIS data collection for the Ambetter product.

Cenpatico Ambetter HEDIS Rates: Diabetes Screening for People with Schizophrenia and Bipolar Disorder Who are Using Antipsychotic Medications					
Goal: NCQA 75 <sup>th</sup> Percentile: 83.84% 2015					
SSD Indicator Num Denom Rate					
SSD Measure	90 149 60.40%				



#### **Barriers & Interventions**

Root Cause/Barrier	Proposed Intervention	Selected	Date
Practitioners not ensuring	Train clinical staff on the requirements of	Yes	04/01/15
members are tested for	the SSD measure to ensure staff remind		
diabetes when taking an	inpatient facility practitioners to test all		
antipsychotic medication	members on antipsychotic medications		
	and coordinate care appropriately		

#### **Ambetter Summary**

The Ambetter product posed a unique challenge in that it's a small fraction of the overall membership in each market and often requires different providers than those traditionally established in the Medicaid network. In 2015, the Cenpatico Network Team focused on expanding the Ambetter provider network in all markets, placing



priority on Arkansas as it has the largest membership. Three additional staff members have been hired to support the Arkansas market.

As articulated in the aforementioned Ambetter results and analysis, Cenpatico's enterprise wide results for the AMM, SSD and SAA measures indicate opportunities for improvement. No historical data was available for comparison, as 2015 was the first full year of Ambetter data collection. In addition, the Ambetter HEDIS performance was not fully programmed, indicating some rate results may not be fully reflective of performance. Cenpatico is working with its corporate parent to ensure that HEDIS data collection and reporting is programmed specific to the Ambetter population.

Also, recognizing the AMM, ADD, SSD and SAA are shared between physical and behavioral health, Cenpatico has established ongoing work groups in which our clinical and quality staff interface with health plan partners to develop interventions from a collaborative perspective. Cenpatico QI has also begun participating in the health plan HEDIS steering committees to ensure information sharing and discussion about market trends and best practices are continuously incorporated into activities.

#### Continuity and Coordination of Behavioral and Physical Health Care

Cenpatico prioritizes continuity and coordination of member care across its service system and with medical systems as a primary driver of positive member outcomes. Cenpatico uses member inpatient discharge information to coordinate transitions in behavioral healthcare across the behavioral health service delivery system. Cenpatico collaborates with relevant medical delivery systems and uses information at its disposal to coordinate between behavioral healthcare and medical care. Cenpatico monitors the following areas to ensure collaboration between the behavioral health and medical systems:

- Evaluation of medical provider/practitioner satisfaction with the frequency and timeliness of behavioral health practitioner communications regarding their members;
- Results of medical record reviews assessing compliance with PCP communication and coordination between behavioral health providers;
- Exchange of information between behavioral health care and primary care practitioners and other relevant medical delivery system practitioners or providers;
- Appropriate diagnosis, treatment and referral of behavioral health disorders commonly seen in primary care;
- Appropriate use of psychopharmacological medications;
- Management of treatments access and follow up for members with coexisting medical and behavioral disorders; and
- Implementation of a primary or secondary behavioral health program.



#### Continuity and Coordination of Behavioral Healthcare

Cenpatico uses member inpatient discharge information to coordinate transitions in behavioral healthcare across the behavioral health service delivery system. The following section details the methodology and data analysis for this coordination activity.

#### Communication of Discharge Plans with Outpatient Behavioral Health (BH) Providers

Cenpatico conducted a medical record review of a sample of high volume outpatient provider sites in 2015. The sample was comprised of 225 enrollee medical record files. Continuity and Coordination of behavioral healthcare was assessed via review of medical record documentation. The audit tool contains one indicator targeting comprehensive treatment planning, including communication and coordination of members' treatment between behavioral health providers and practitioners.

Additionally, the Cenpatico medical record review tool evaluates behavioral health practitioner compliance with ongoing communications with members' Primary Care Providers (PCP). The requirement is met if documentation (reports, conference notes) included in the members' medical records indicates that the primary behavioral health clinician shared pertinent behavioral health treatment information with PCPs to coordinate care.

The audit tool also assesses compliance with timely aftercare compliance for members discharged from an inpatient setting. The standard is met if the medical record includes documentation of the members' discharge plans; identification of the outpatient provider; a follow up appointment date within 7 days of discharge; and a progress note or case summary clearly outlining the services provided for the follow up appointment.

Results of the audit for the three identified questions are provided below. Cenpatico initiated the following monitors and activities to improve member continuity and coordination of care.

Review Tool Categories	Performance	Rate
Treatment Plan Components Completeness of treatment plans including member education and support systems, evidence of communication among behavioral health clinicians, plans for discharge from outpatient care	1252/1367	92%
Identification of and communication with the PCP Documentation of behavioral health practitioner communication and coordination of treatment with the member's primary care physician.	219/294	74%
Follow-up Appointments Documentation of follow up appointments after discharge from an inpatient facility; clearly identified discharge criteria on discharge plans.	148/187	79%



Providers did not meet the Cenpatico goal of at least 85% compliance with two of the three key medical record standards listed above in 2015. Review of documentation for coordination and communication of behavioral healthcare treatment with completeness of treatment plans indicated 92% (1252/1367) compliance. Performance on this indicator demonstrated a statistically significant improvement (p<.0000) from 74% in 2014 to 92% in 2015 (24%), and exceeded the target rate of 85%.

For the 225 enrollee medical records reviewed, (219/294) of the medical review questions demonstrated compliance with behavioral health practitioners' communication and coordination of treatment with a member's primary care physician. The audit result yielded a compliance rate of 74% and is 13% below the target of 85%. Additionally, 79% (148/187) of the review questions demonstrated compliance with documenting engagement and follow up after discharge from an inpatient facility, results yielded in 2015 fell below the target rate in 85%.

Results of the medical record review act as a leading indicator into network performance related to continuity and coordination of care. 2015 results indicate there are opportunities for improvement related to identification of members' PCPs and ensuring treatment coordination with providers and practitioners.

Cenpatico's clinical team conducts the following care coordination activity to address this identified gap in coordination of member services.

#### 1. Methodology

Eligible Population: All behavioral health members hospitalized in an inpatient setting

Inclusion criteria: Discharge from an inpatient setting for a mental health disorder.

Exclusion criteria: Discharge summaries that contain documentation related to:

- HIV/AIDS or substance abuse/chemical dependency
- No signed consent from the member to release information

• Discharge summaries without an identified behavioral health practitioner. Denominator description: The eligible population as identified above Numerator description: All discharge summaries in the denominator meeting the inclusion criteria as listed above that were faxed to the member's identified behavioral health clinician scheduled to provide aftercare services.

Data source: All denominator and numerator data is collected from TruCare, the Cenpatico Clinical Management Software. Cenpatico uses a standardized report extraction methodology utilizing data entered in a discharge summary assessment in TruCare.



Measurement period: Annually, January 2015 – December 2015

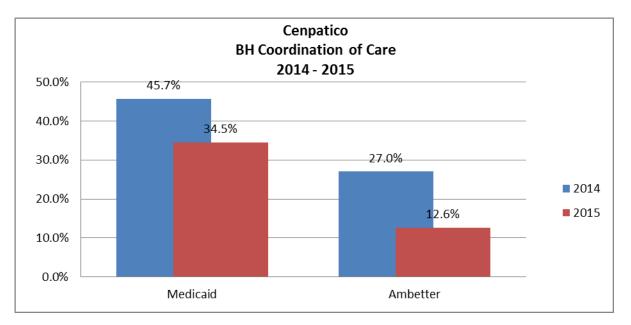
Reporting frequency: Cenpatico monitors progress on the coordination measure monthly and provides longitudinal analysis of rates annually.

# 2. Goal

Increase the rate of member discharge summaries faxed to behavioral health practitioners to 65%.

#### 3. Quantitative Analysis

The graphs and tables below show the rate discharge summaries were faxed to the behavioral health practitioner scheduled to provide aftercare services to members after discharge from an acute inpatient hospitalization.



Cenpatico demonstrated a statistically significant decrease (p<.0000) in the number of eligible discharge assessments faxed to the members' behavioral health practitioners scheduled to provide aftercare for members discharged from a behavioral health inpatient setting faxed discharges. Performance for this indicator remains below the 65% goal and declined from the 2014 performance of 46% (8566/18740) to 35% (9367/27145) in 2015.

A review of 2015 data indicates that sixty-five percent (65%) of the assessments were not faxed because they either contained substance abuse documentation (15%), protected health information (PHI) (2%), the PCP's fax or name was unknown (27%) or the discharge assessment was not received from the inpatient facility (18%).

The clinical team will continue to assist the member in receiving an outpatient appointment during discharge planning and fax the member's information to the



outpatient provider. Cenpatico has opportunities for improvement to increase our eligible fax rate performance.

Cenpatico Ambetter also demonstrated a significant decline (p<.0000) in the number of eligible discharge assessments faxed. Performance decreased from 27.0% in 2014 to 12.6% (88/699) in 2015 demonstrating a statistically significant decrease (p<.0000) by 87% in 2015. Total discharge assessments increased in the Ambetter market from 2014 (148) to 2015 (699).

Barrier	Proposed Intervention	Selected	Date
For All Products: Primary outpatient (OP) behavioral health (BH) clinician information is not known/ identified.	Retrain Cenpatico clinicians that the importance of investigating the OP BH clinician's information helps to coordinate care for our members.	Yes	Q3'2015 Cenpatico clinical staff responsible for obtaining and faxing discharge assessments were retrained on the expectation to investigate, if unknown, the name and contact information for the member's OP BH clinician; where to find the OP BH clinician contact information in TruCare and appropriate TruCare designations based on the outcome of contact with the OP BH clinician.

# 4. Barrier Analysis and Interventions

# 5. Conclusion

Cenpatico continues to work with discharging facilities and outpatient practitioners to facilitate the exchange of information across the continuum of care utilized by individual members. Ensuring that Cenpatico clinicians are included in the first steps of discharge planning from an inpatient event will allow Cenpatico's clinicians to engage early on with members and assist members in identifying their primary behavioral health clinicians. Additionally, the process improvement of using Cenpatico customer service representatives (CSRs) to facilitate the immediate, real time transfer of facility utilization management (UM) staff to their appropriate Cenpatico clinician will ensure timely receipt of member inpatient stay and discharge planning to ensure continuity and coordination of care. These interventions are focused on improving the overall rate of member health information shared between inpatient and outpatient providers to improve the coordination and continuity of care for members receiving behavioral health services in the Cenpatico network.



#### Timely follow up to Outpatient Services after Hospitalization

Cenpatico is fully responsible for the management of its members' behavioral health services, including assisting members in receiving timely outpatient behavioral health services following a discharge from an inpatient facility for a mental illness. Cenpatico uses the HEDIS Follow up after Hospitalization for a Mental Illness (FUH) to track the timely transition to outpatient services following a discharge from an inpatient psychiatric hospitalization. Cenpatico extracts follow up data using claims, mirroring the HEDIS specification and includes all eligible members discharging from an inpatient hospitalization. The following section details the methodology, data analysis and actions for improvement for this activity.

#### 1. Methodology

Population: All members ages 6 and up who are discharged from an inpatient facility for treatment of a mental health diagnosis.

Inclusion criteria: All members ages 6 and up. Members must be discharged to the community and with a mental health diagnosis.

Exclusion criteria: Any member below the age of 6. Any member as defined in the inclusion criteria who was discharged to a skilled nursing facility or other acute inpatient placement, including psychiatric residential treatment. Any member who readmits to the hospital for treatment of a physical health need. Any member who readmits to an acute facility for a mental health diagnosis within 30 days of discharge will not be included in that month's calculation. The discharge following the readmission, if not meeting the exclusion criteria above, will be included in the following measurement period.

Denominator description: The eligible population as identified above.

Numerator description: Members in the denominator who had an outpatient, intensive outpatient or partial hospitalization service within 7 days of discharge.

Data source: Cenpatico administrative claims data

Measurement period: Annually, January 1 – December 1.

Reporting frequency: Cenpatico monitors progress on the follow up measure monthly and provides longitudinal analysis of rates quarterly.

#### 2. Goal

Increase the rate of member follow up with an outpatient mental health provider within 7 days of discharge from an inpatient facility to meet or surpass the HEDIS national Medicaid 75<sup>th</sup> percentile.

Minimum performance standard:



- 7 Day FUH 46.22% (HEDIS 50<sup>th</sup> percentile)
- 30 Day FUH 66.64% (HEDIS 50<sup>th</sup> percentile)

Benchmark:

- 7 Day FUH 54.45% (HEDIS 75<sup>th</sup> percentile)
- 30 Day FUH 75.28% (HEDIS 75<sup>th</sup> percentile)

#### 3. Quantitative Analysis

Cenpatico's 7 day FUH performance increased slightly from 48.79% in 2014 to 49.30% in 2015, but did not reach the 75<sup>th</sup> percentile benchmark (54.45%).

The 30 day FUH rate demonstrated a statistically significant decline (p<.0000) from 72.31% in 2014 to 64.04% in 2015, but fell short of the 75<sup>th</sup> percentile goal in 2015. These results must be interpreted with caution as data for this report was extracted in Dec. 2015 and may not be fully reflective of 2015 performance due to claims lag.

Cenpatico HEDIS Rates: Follow up after Hospitalization for a Mental Illness Goal: NCQA 75 <sup>th</sup> Percentile: FUH 7 Day Goal – 54.45% FUH 30 Day Goal – 75.28%						
	2014			2015		
	Num	Denom	Rate	Num	Denom	Rate
FUH 7 Day	10935	22411	48.79%	11102	22519	49.30%
FUH 30 Day	16206	22411	72.31%	14422	22519	64.04%

There are multiple factors affecting the overall Cenpatico performance on this measure. In two markets (OH & SC) the majority of outpatient services are carved out to fee for service providers who contract directly with the state. This limits Cenpatico's reach and influence, as Cenpatico only managed the inpatient portion of the behavioral health benefit. Historically, the Mississippi (MS) market carved out inpatient services allowing Cenpatico to only manage outpatient care. Effective December 1, 2015, inpatient services were carved in and Cenpatico began managing inpatient and outpatient care. Managing both levels of care will reduce previous barriers in care coordination and increase the success of discharge planning.

Cenpatico faced barriers to performance in Illinois (IL), as the IL health plan uses an in house integrated care team that manages all care coordination and clinical planning for behavioral health members, with Cenpatico acting in an administrative capacity for utilization management.

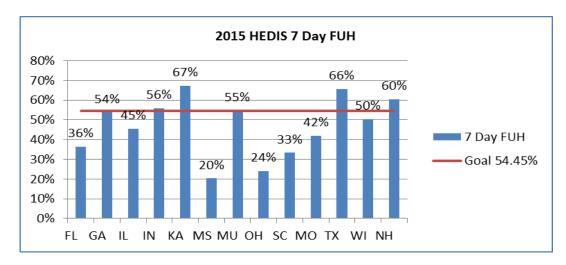
It should be noted that Cenpatico's 30 Day FUH performance increased in the IL market as compared to the previous year from 51.52% in 2014 to 60.25% in 2015,



which is statistically significant (p<.0000). This is a true success for the IL market as performance increased despite the aforementioned mentioned barriers.

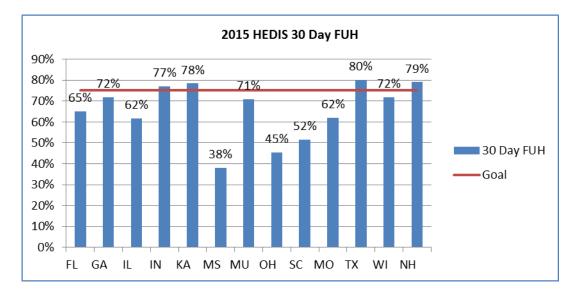
During 2014, an objective of providing a HEDIS overview and training for network staff was set in place and continued into 2015. It was important for network services to be empowered with information so that they could explain the FUH measures to providers and articulate how HEDIS relates to daily provider activities. The Texas market, which has the highest population, increased the 7 Day FUH rate by 6.32% in 2015 to 65.70%, finishing the year above the 90<sup>th</sup> percentile (63.85%).

During 2015, TX and IL implemented workgroups to focus on FUH outreach. These workgroups promoted discussion of barriers and produced outcomes that contributed to the upward trend in FUH rates.



Kansas (KS) reported the highest rate in 2015 at 67.20%. The improvement in this market exceeded the 90th percentile benchmark of 63.85%.





#### 4. Barrier Analysis and Interventions

Number	Root Cause/Barrier	Category	Rank Order
1	Lack of hospital discharge planning	Clinical	2
2	Members are not attending follow up appointments	Member Compliance	1
3	Lack of step down/outpatient clinic appointments available	Provider/Network Development	4
4	Providers are submitting claims for allowable FUH services but are receiving denials	Network/Operations	5
5	Members are difficult to reach once discharged from the inpatient facility	Clinical/Ql	3

Number	Solution Description	Selected for Implementation (Yes/No)	Date
1	A daily DSS report was requested for discharged members for Clinical Team outreach	Yes	Ongoing; started in March 2015
2	Clinical Staff trained/retrained on the FUH measure and outreach	Yes	Ongoing; started in April 2015
3	FUH Workgroups implemented in FL, IL, and OH	Yes	Ongoing; started in March 2015

#### 5. Conclusion

Cenpatico improved in performance as reported in the 2015 measurement period for the FUH 7 day indicator. Cenpatico embedded the HEDIS FUH measure as a core business performance measure for the organization. Cenpatico continues to actively monitor performance on this measure, utilizing NCQA-recognized best



practices to drive improvements. Those practices include ongoing facility education and data sharing, monitoring of claims distribution and mental health practitioner types to ensure accurate mapping across Cenpatico and Centene data systems, and standard monitoring of clinical staff outreach activities to ensure valid supplemental data for consideration in final auditing of this measure for submission to NCQA.

#### Ambetter

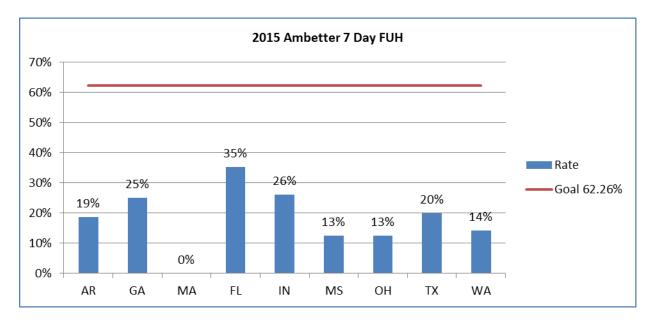
The Ambetter product saw steady increases from 2014 to 2015 on both FUH metrics. The 2014 7 day FUH rate of 3.06% was surpassed by the 2015 rate of 19.34%. Similarly the 30 Day FUH rate in 2014, 5.81%, rose to 38.34% in 2015. Although both measures fell below the 75th percentile goals in 2015 (7 Day FUH 63.26% and 30 Day FUH 80.11%) both made steady improvement moving towards the overall goals. Both of these increases demonstrated statistically significant improvement.

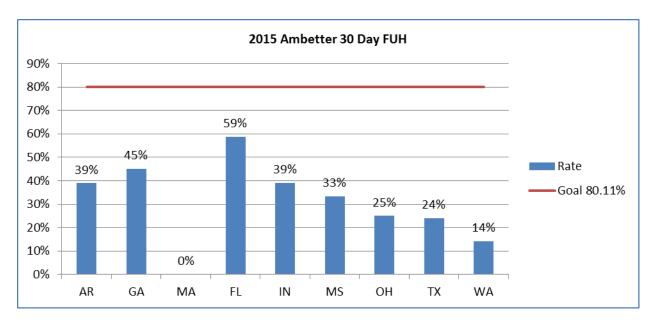
There are several challenges unique to the Ambetter products. The first is that it represents a small portion of the overall membership in each market and the members often need a different provider than the established Medicaid providers already in place for the other products. During 2015 the Cenpatico Behavioral Health (CBH) Network team worked to increase the Ambetter providers in each market.

Cenpatico HEDIS Rates: Follow up after Hospitalization for a Mental Illness Goal: NCQA 75 <sup>th</sup> Percentile:						
	FUH	7 Day Goal –	63.26% FUH 3	0 Day Go	al - 80.11%	
		2014			2015	
	Num Denom Rate			Num	Denom	Rate
FUH 7 Day	10	327	3.06%	112	579	19.34%
FUH 30 Day	19	327	5.81%	222	579	38.34%

The Arkansas market is currently the largest Ambetter market (411 of the 579 members in the aggregate for the FUH measures came from Arkansas) and is also where the most focus has been placed to increase access to providers and increase clinical staffing.







www.cenpatico.com



#### **Barrier Analysis and Interventions**

Number	Root Cause/Barrier	Category	Rank Order
1	Lack of hospital discharge planning	Clinical	2
2	Members are not attending follow up appointments	Member Compliance	1
3	Lack of step down/outpatient clinic appointments available	Provider/Network Development	4
4	Providers are submitting claims for allowable FUH services but are receiving denials	Network/Operations	5
5	Members are difficult to reach once discharged from the inpatient facility due to inaccurate contact information	Clinical/QI	3

Number	Solution Description	Selected for Implementation (Yes/No)	Date
1	A daily DSS report was requested for discharged members for Clinical Team outreach	Yes	Ongoing; started in March 2015
2	Clinical Staff trained/retrained on the FUH measure and outreach	Yes	Ongoing; started in April 2015
3	Began working with the Member Services team in AR in order to obtain accurate contact information for members	Yes	Ongoing; started in February 2015

# Conclusion

Cenpatico's performance increased for the 7 and 30 FUH day rates in 2015. However, these rates continue to fall below the 75<sup>th</sup> percentile goal. Three additional clinical employees were hired to accommodate the Arkansas market to provide care coordination with an anticipated positive effect on the rates moving forward. In 2016 Cenpatico will continue to complete barrier analysis to identify unique issues impacting this population and to identify interventions to drive improvements.

#### Appropriate Use of Psychopharmacological Medications

#### 1. Introduction

Cenpatico measures adherence to the clinical practice guideline (CPG), Practice Guideline for the Diabetes Screening for People with Schizophrenia or Bipolar Disorder Who Are Using Antipsychotic Medications, third edition, (American Psychiatric Association), to assess its network practitioners' compliance with the guidelines for treating and making referrals for treatment of Schizophrenia Disorder and Bipolar Disorder. Cenpatico follows the HEDIS specification for Diabetes Screening for People with Schizophrenia or Bipolar Disorder Who Are Using



Antipsychotic Medications (SSD) in collecting measurement data for this CPG. The HEDIS specifications for SSD allow practitioners from both physical health and behavioral health to provide services that contribute toward compliance to this measure.

#### Diabetes Screening for People with Schizophrenia or Bipolar Disorder Who Are Using Antipsychotic Medications (SSD)

#### 2. Methodology

Population: Members 18-64 years of age

Inclusion Criteria: Must be diagnosed with schizophrenia or bipolar disorder, which were dispensed an antipsychotic medication and have a diabetes screening test during the measurement year.

Must be continuously enrolled for the measurement year with no more than one 45 day gap in enrollment during that measurement year.

Members with a diagnosis of Diabetes.

Identify members with schizophrenia or bipolar disorder as those who met at least one of the following criteria during the measurement year:

- At least one acute inpatient encounter, with any diagnosis of schizophrenia or bipolar disorder.
- At least two visits in an outpatient, intensive outpatient, partial hospitalization, emergency department or non-acute inpatient setting, on different dates of service, with any diagnosis of schizophrenia or bipolar disorder.

Exclusion Criteria: Members not meeting the inclusion criteria for continuous enrollment.

Members who were dispensed insulin or oral hypoglycemics/ antihyperglycemics during the measurement year or year prior to the measurement year on an ambulatory basis.

One rate is reported: The percentage of eligible members who receive a Diabetes Screening test at least once during the measurement year.

Denominator description: The eligible population meeting inclusion criteria.

Numerator description: Number of members who received at least one glucose test or an HbA1c test performed during the measurement year, as identified by claim/encounter or automated laboratory data.



Measurement Period: January 1, 2015 – December 31, 2015 Reporting Frequency: Interim monitoring monthly and quarterly; formal analysis annually.

# 3. Goal

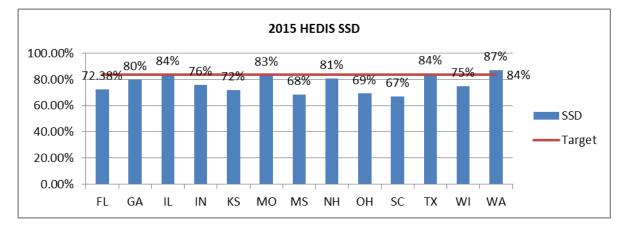
Meet or exceed the Medicaid 75th HEDIS percentile:

SSD: 83.84%

# 4. Quantitative Analysis

The overall Cenpatico rate for the SSD measure increased from 70.02% in 2014 to 76.95% in 2015, but did not meet the 75th percentile (83.84%) goal. The increase is statistically significant (p=.0000), but is expected to continue to trend upward as the 2015 data is received in its entirety. Several Cenpatico markets, MO, TX, WA and IL met or exceeded the 75th percentile goal for 2015. The lowest trending markets MS, OH and SC will be targeted for focused interventions in 2016.

Cenpatico HEDIS Rates: Diabetes Screening for People with Schizophrenia and Bipolar Disorder Who are Using Antipsychotic Medications Goal: NCQA 75 <sup>th</sup> Percentile: 83.84%						
	2014			2015		
SSD Indicator	Num	Denom	Rate	Num	Denom	Rate
SSD Measure	10205	14575	70.02%	12127	15760	76.95%





#### 5. Barriers & Interventions

Root Cause/Barrier	Proposed Intervention	Selected	Date
Practitioners not ensuring members are tested for diabetes when taking an antipsychotic medication	Train clinical staff on the requirements of the SSD measure to ensure staff remind practitioners to test all members on antipsychotic medications and coordinate care appropriately	Yes	04/01/15

#### 6. Conclusion

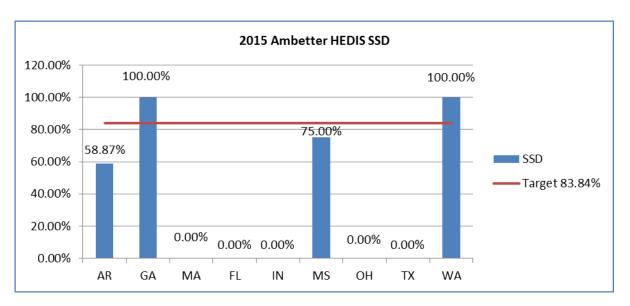
Cenpatico improved in performance as reported in the 2015 measurement period for the SSD indicator. Cenpatico continues to actively monitor performance on this measure, utilizing NCQA-recognized best practices to drive improvements. Cenpatico is just beginning managing the performance of this measure. In 2016 a workgroup will be assembled to identify the barriers to effectively meeting this measure and will come up with effective interventions to continue to improve this measure moving forward.

#### Ambetter

The majority members in the Ambetter SSD measure originated from the Arkansas market (141 out of 149 eligible members). An increase in the SSD measure is anticipated in 2016. Cenpatico faced challenges related to the Ambetter SSD, in that the logic for the collection data was not complete in time for inclusion this report.

Cenpatico Ambetter HEDIS Rates: Diabetes Screening for People with			
Schizophrenia and Bipolar Disorder Who are Using Antipsychotic Medications			
Goal: NCQA 75 <sup>th</sup> Percentile: 83.84%			
	2015		
SSD Indicator	Num	Denom	Rate
SSD Measure	90	149	60.40%





#### Barriers & Interventions

Root Cause/Barrier	Proposed Intervention	Selected	Date
Practitioners not ensuring members are tested for diabetes when taking an antipsychotic medication	Train clinical staff on the requirements of the SSD measure to ensure staff remind practitioners to test all members on antipsychotic medications and coordinate care appropriately	Yes	4/1/2015

#### Conclusion

For the Ambetter product the SSD measure fell short of the 75<sup>th</sup> percentile goal in 2015. However, this rate should increase as more data is collected and the logic for calculating the SSD Ambetter rate is completed. Additional focus will be added to this rate in 2016 in the Arkansas market with additional clinical staff hired and training to be completed on the SSD rate.

#### Continuity and Coordination of Physical HealthCare

Coordination and continuity of care are critical to ensuring positive treatment outcomes for health care recipients. Cenpatico collaborates with relevant medical delivery systems and uses information at its disposal to coordinate between behavioral healthcare and medical care. Cenpatico monitors the following areas to ensure collaboration between the behavioral health and medical systems



Monitoring and Evaluation Plan				
Specific Area Monitored	Description of Monitor	Frequency	Time Period Monitored	
Exchange of Information	Rate of Behavioral Health practitioner compliance with documented PCP coordination and communication attempts.	Annually	2015	
Appropriate Diagnosis, Treatment and Referral	The percentage of children newly prescribed attention deficit/ hyperactivity disorder (ADHD) medication with at least 3 follow up care visits within a 10-month period, one of which is within 30 days of when the ADHD medication was first dispensed.	Annually	2015 HEDIS	
Appropriate Use of Psychopharmacologic al Medications	The percentage of members 18 yrs of age or older diagnosed with a new episode of major depression and treated with antidepressant medication who remained on an antidepressant medication treatment. Two rates monitored: Acute Phase and Continuation Phase.	Annually	2015 HEDIS	
Screening and Management of Coexisting Disorders	Percent of post-partum women scoring moderate or high on the Edinburg Depression Screening tool, with a claim for a behavioral health care service within 6 weeks of survey return.	Annually	Jan 2015 – Dec 2015	
Preventive Behavioral Program	Screening and referral of pregnant women scoring moderate or high on the Edinburg Depression Screening tool.	Annually	Jan 2015- Dec 2015	

# Exchange of Information

Cenpatico conducted a medical record review in 2015 to assess behavioral health practitioners' adherence to Indiana, Florida, and Massachusetts State medical record guidelines. Cenpatico's Quality Improvement Department completed a review of 225 medical records from fifteen (15) high-volume behavioral health providers.

The data presented in the table below are organized by the review tool categories, comprised of specific questions on the tool. Cenpatico's goal is for 85% of the total records reviewed to comply with each element of the review tool. Results of the review are reported to the Cenpatico Quality Improvement (QI) Committee and each state/Cenpatico Joint Oversight Committee (JOC).



Review Tool Categories	Performance	Rate
<b>Treatment Plan Components</b> Completeness of treatment plans including member education and support systems, evidence of communication among behavioral health clinicians, plans for discharge from outpatient care	1252/1367	92%
Identification of and communication with the PCP Documentation of behavioral health practitioner communication and coordination of treatment with the member's primary care physician.	219/294	74%
<b>Follow-up Appointments</b> Documentation of follow up appointments after discharge from an inpatient facilities; clearly identified discharge criteria on discharge plans.	148/187	79%

Providers did not meet the Cenpatico goal of at least 85% compliance with two of the three key medical record standards listed above in 2015. Review of documentation for coordination and communication of behavioral healthcare treatment with completeness of treatment plans indicated 92% (1252/1367) compliance. Performance on this indicator demonstrated a statistically significant increase (p<.0000) from 74%% in 2014 to 92% in 2015 (24%), exceeding the target rate of 85%.

Of the 225 enrollee medical records reviewed, 74% (219/294) of the medical review questions demonstrated compliance with behavioral health practitioners' communication and coordination of treatment with a member's primary care physician. Performance on this indicator is below the performance goal. Additionally, 79% (148/187) of the review questions demonstrated compliance with documenting engagement and follow up after discharge from an inpatient facility, with performance below the target rate of 85%.

Results of the medical record review act as a leading indicator into network performance related to continuity and coordination of care. 2015 results indicate there are opportunities for improvement related to identification of members' PCPs and ensuring treatment coordination with providers and practitioners.

Cenpatico's clinical team conducts the following care coordination activities to address this identified gap in coordination of member services. Cenpatico uses member inpatient discharge information to coordinate transitions in behavioral and medical healthcare across the service delivery system.

#### 1. Methodology

Eligible Population: All behavioral health members



Inclusion criteria: Discharge from an inpatient setting for a mental health disorder. Exclusion criteria: Discharge summaries that contain documentation related to:

- HIV/AIDS or substance abuse/chemical dependency
- No signed consent from the member to release information
- Discharge summaries without an identified behavioral health practitioner.

Denominator description: The eligible population as identified above

Numerator description: All discharge summaries in the denominator meeting the inclusion criteria as listed above that were faxed to the member's Primary Care Physician (PCP).

Data source: All denominator and numerator data is collected from the Cenpatico Clinical Management Software TruCare. Cenpatico uses a standardized report extraction methodology utilizing data entered in a discharge summary assessment in TruCare.

Measurement period: Annually, January 1, 2015 - December 31, 2015

Reporting frequency: Cenpatico monitors progress on the coordination measure monthly and provides longitudinal analysis of rates annually.

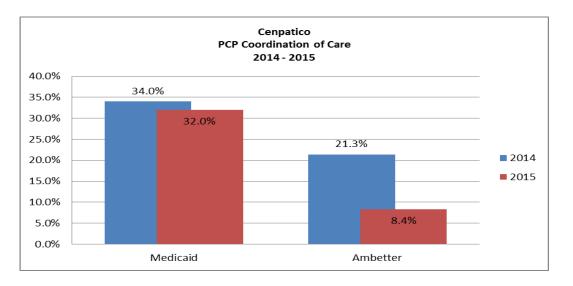
#### 2. Goal

Increase the rate of member discharge summaries faxed to the member's primary behavioral health provider/practitioner to 65%.

### 3. Quantitative Analysis

The graphs and tables below illustrate the rate discharge summaries are faxed to the member's primary behavioral health provider/practitioner upon discharge from an acute inpatient hospitalization.





Cenpatico faxed 32% (8543/26700) of eligible discharge assessments to members' PCPs in 2015. Performance this reporting period is below the goal of 65% for 2014 (34%) and 2015 (32%) with no statistically significantly decrease in 2015.

Review of 2015 data indicates that sixty-eight percent (68%) of the assessments were not faxed because they either contained substance abuse documentation (16%), protected health information (PHI) documentation (3%), the PCP's fax was unknown (27%) or the discharge assessment was not received from the inpatient facility (21%).

Cenpatico Ambetter faxed 8.4% (40/478) of eligible discharge assessments in 2015. Ambetter rates decreased from 21.3% in 2014 to 16% in 2015, statistically significantly lower the reported in 2014 (p<.0011). Total discharge assessments increased in the Ambetter market from 2014 (75) to 2015 (478).

The purpose of this activity is to attempt to gather as much member identifying information as possible and to assist members in identifying and reporting their PCP information to Cenpatico for care coordination purposes. Cenpatico reported these findings to its health plan partners to attempt to engage the health plans in collaborative activities targeting PCPs in order to improve PCP's knowledge of Cenpatico behavioral health resources and to encourage PCPs to engage in motivational interviewing activities with behavioral health members to reduce the number of members who will not release information due to co-occurring substance abuse disorder issues.



Root Cause/ Barrier	Proposed Intervention	Selected	Date
Inconsistent tracking of reasons why discharge summaries were not sent to the PCP.	Provide monthly audits of all markets to ensure consistent tracking of reasons why discharge summaries were not sent to the PCP.	Yes	July 2015- Ongoing The Cenpatico Quality Review Team commenced monthly audits of the PCP communication documentation to ensure consistent and reliable application of the discharge assessment/care coordination protocol.
PCP fax number unknown.	Retrain Cenpatico clinicians that the importance of investigating PCP's information helps to coordinate care for our members.	Yes	Q3'2015 Cenpatico clinical staff responsible for obtaining and faxing discharge assessments were retrained on the expectation to investigate, if unknown, the name and contact information for the member's PCP; where to find the PCP's contact information in TruCare and appropriate TruCare designations based on the outcome of contact with the PCP. July 2015- ongoing 2015 Cenpatico Quality Review team commences monthly audits that focuses on comprehensive collection of member demographics to ensure members' PCP information has been documented

# 4. Analysis and Interventions



Root Cause/ Barrier	Proposed Intervention	Selected	Date
Clinicians not documenting medical history and member demographics.	Cenpatico will work with its health plan partners during clinical rounds to ensure all available member demographic information is updated in the clinical documentation system to assist in timely coordination with members' PCPs.	Yes	Ongoing 2015

# 5. Conclusion

Cenpatico presented analysis, barriers and actions pertaining to this activity with its health plan partners during the health plans' quality improvement committees in 2015. Cenpatico continues to work with discharging facilities and outpatient practitioners to facilitate the exchange of information across the continuum of care utilized by individual members. The proposed interventions to provide refresher training to review the process for documenting the reasons why a discharge summary is not faxed will provide additional information regarding barriers to meeting the established goal. Expansion of clinical assessments to include comprehensive collection of member demographic and medical history data will improve the rate by which care coordination activities are conducted to support member transition to outpatient treatment. Utilizing Cenpatico QI auditors for assessment of compliance with core CM functions and documentation provided objective feedback to clinical supervisors and staff to ensure consistent application of standardized data collection processes. These interventions are focused on improving the overall rate of member health information shared between inpatient and outpatient providers to improve the coordination and continuity of care for members receiving behavioral health services in the Cenpatico network.

### Appropriate Diagnosis, Treatment and Referral

### 1. Introduction

Cenpatico measures adherence to the clinical practice guideline (CPG), the Practice Parameter for the Assessment and Treatment of Children and Adolescents with Attention-Deficit/Hyperactivity Disorder, (American Academy of Child and Adolescent Psychiatry), to assess its network practitioners' compliance with treating and making referrals for treatment of Attention Deficit Disorder (ADD). Cenpatico



follows the HEDIS specification for Follow up Care for Children Prescribed ADHD Medication (ADD) in collecting measurement data for this CPG. The HEDIS specifications for ADD allow practitioners from both physical health and behavioral health to provide services that contribute toward compliance to this measure.

Two indicators of the HEDIS ADD measure are used to determine adherence to the ADHD CPG:

Indicator 1: Follow-Up Care for Children Prescribed ADHD Medication – Initiation Phase (ADD Init)

Indicator 2: Follow-Up Care for Children Prescribed ADHD Medication – Continuation and Maintenance Phase (ADD Continuation)

### 2. Methodology

Population: Members ages 6 years to 12

Inclusion Criteria: Continuous enrollment for 120 days (4 months) prior to the Index Prescription Start Date (IPSD) through 30 days after the IPSD and must have a negative medication history prior to the IPSD. The IPSD is the dispensing date of the earliest ADHD prescription in the Intake Period with a Negative Medication History.

Exclusion Criteria: Members with an acute inpatient claim/encounter with a principal diagnosis or DRG for mental health or substance abuse during the 30 days after the IPSD.

Indicator 1:

Denominator description: The total eligible population who meet the inclusion criteria above

Numerator description: One face-to-face outpatient, intensive outpatient or partial hospitalization follow-up visit with a practitioner with prescribing authority, within 30 days of the IPSD.

Indicator 2:

Denominator description: All eligible population from Indicator 1 and filled a sufficient number of prescriptions to provide continuous treatment for at least 210 of the 300 days following the IPSD.

Numerator Description: Compliant for Indicator 1—Initiation Phase, and At least two follow-up visits from 31–300 days (9 months) after the IPSD with any practitioner.

Data Source: Claims



Measurement Period: HEDIS 2016

Reporting Frequency: Annually

### 3. Goal

Meet or exceed the Medicaid 75th HEDIS percentile:

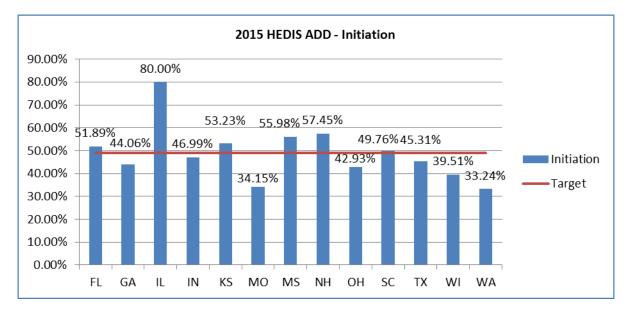
Initiation Phase: 49.07%

Continuation Phase: 58.36%

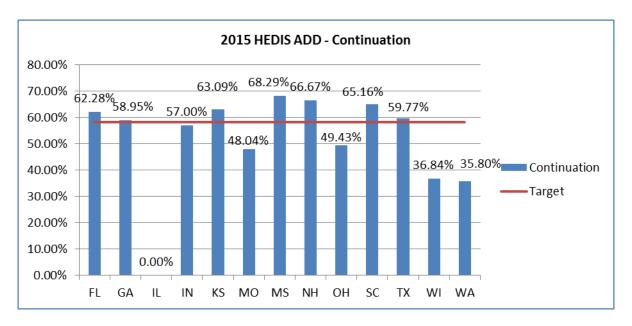
### 4. Quantitative Analysis

The ADD measure decreased slightly in both metrics in 2015. The Cenpatico aggregate Acute Phase Rate declined from 47.32% in 2014 to 46.25% in 2015 demonstrating a statistically significant decrease (p<.0305). The Continuation Phase also declined slightly from 59.52% in 2014 to 58.31% in 2015. However, theses outcomes should be interpreted with caution, as they may be attributed to incomplete measurement data upon collection, (Dec. 2015) due to claims lag time.

Cenpatico HEDIS Rates: Attention Deficit Disorder Goal: NCQA 75 <sup>th</sup> Percentile: Initiation Phase – 49.07% Continuation and Maintenance Phase- 58.36%								
	2014 2015							
ADD Indicator	Num	Denom	Rate	Num	Denom	Rate		
Effective Initiation Phase Treatment	10004	21140	47.32%	10987	23755	46.25%		
Effective Continuation Phase								
Treatment	2364	3972	59.52%	2519	4320	58.31%		







The IL ADD Initiation rate was at 80.00% in 2015, but only had five members in the denominator. The Continuation and maintenance phase requires medication compliance for at least 210 days and in addition to the initiation phase visit, at least two follow-up visits with a practitioner within 270 days after the initiation phase ends. At the time of data collection for this report, all five members had not completed the run out for the Continuation Phase. The performance rate of 0.00% illustrated above should be interpreted with caution, as the number of members to successfully complete the Continuation Phase has yet to be determined.

### 5. Barriers & Interventions

Root Cause/Barrier	Proposed Intervention	Selected	Date
Practitioners not adhering to the ADD/ADHD CPG	Provide Tool Kits to Primary Care Practitioners to ensure they have accurate and useful information to enable them to adhere to the Depression and ADHD CPG's	Yes	04/01/15
Members are not aware of appointments and the need to attend them for ADD/ADHD medications	Use a Proactive Outreach Management system to make automated calls to members to engage them in case management	Yes	03/1/15
Members and parents/guardians are not adhering to medication treatment plans.	Conduct targeted scheduled clinical outreach calls to assess for medication compliance and treatment needs for members being treated for ADD/ADHD treatment	Yes	01/01/15



# Appropriate Use of Psychopharmacological Medications

#### 1. Introduction

Cenpatico measures adherence to the clinical practice guideline (CPG), Practice Guideline for the Treatment of Patients with Major Depressive Disorder, third edition, (American Psychiatric Association), to assess its network practitioners' compliance with the guidelines for treating and making referrals for treatment of Major Depressive Disorder. Cenpatico follows the HEDIS specification for Antidepressant Medication Management (AMM) in collecting measurement data for this CPG. The HEDIS specifications for AMM allow practitioners from both physical health and behavioral health to provide services that contribute toward compliance to this measure

The two measurements chosen to determine adherence to the depression guidelines are:

Indicator 1: Antidepressant Medication Management—Effective Acute Phase (AMM Acute)

Indicator 2: Antidepressant Medication Management—Effective Continuation Phase (AMM Continuation)

### 2. Methodology

Population: Members 18 years of age and older

Inclusion Criteria: Must be diagnosed with a new episode of major depression and treated with antidepressant medication.

Continuous enrollment for 120 days (4 months), prior to the Index Episode Start Date (IESD) through 245 days after the IESD. The IESD is defined as the earliest encounter during the Intake Period with any diagnosis of major depression that meets the following criteria:

- A 120-day (4-month) Negative Diagnosis History
- A 90-day (3-month) Negative Medication History

Exclusion Criteria: Members not meeting the inclusion criteria for continuous enrollment and IESD criteria above.

Two rates are reported:

• Effective Acute Phase Treatment: The percentage of newly diagnosed and treated members who remained on an antidepressant medication for at least 84 days (12 weeks).



• Effective Continuation Phase Treatment: The percentage of newly diagnosed and treated members who remained on an antidepressant medication for at least 180 days (6 months).

Denominator description: The eligible population meeting inclusion criteria

Numerator description:

- Effective Acute Phase Treatment: At least 84 days (12 weeks) of continuous treatment with antidepressant medication during the 114-day period following the IPSD
- Effective Continuation Phase Treatment: At least 180 days (6 months) of continuous treatment with antidepressant medication during the 231-day period following the IPSD

Measurement Period: HEDIS 2016

Reporting Frequency: Cenpatico monitors adherence to Clinical Practice Guidelines and provides analysis of rates annually.

# 2. Goal

Meet or exceed the Medicaid 75th HEDIS percentile:

Acute Phase: 56.15%

Continuation Phase: 40.48%

# 3. Quantitative Analysis

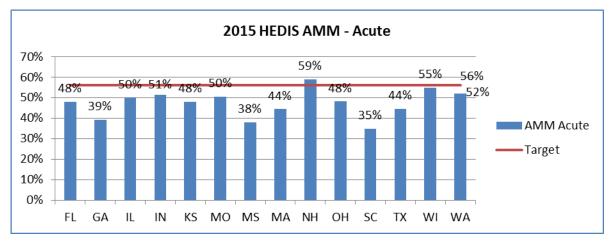
### Antidepressant Medication Management (AMM)

Cenpatico performance on the Antidepressant Medication Management (AMM) Acute Phase indicator was below the HEDIS 75th percentile (56.15%), but increased slightly from 44.8% in 2014 to 46.7% in 2015. The increased performance rate is statistically significant (p<.0002).

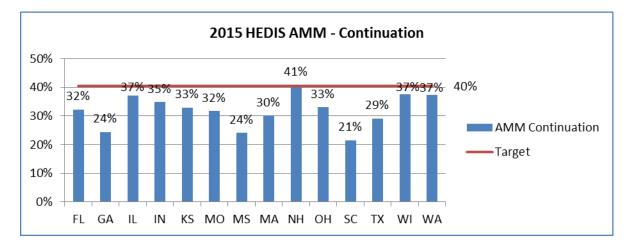
Cenpatico HEDIS Rates: Antidepressant Medication Management Goal: NCQA 75 <sup>th</sup> Percentile: Acute Phase - 56.15% Continuation Phase- 40.48%								
	2014 2015							
AMM Indicator	Num	Denom	Rate	Num	Denom	Rate		
Effective Acute Phase Treatment	7707	17210	44.8%	13214	28302	46.7%		



Review of market specific performance this reporting period indicates one positive market outlier, New Hampshire (58.9%), is slightly above the performance target of 56.1%.



Performance on the Continuation Phase indicator increased slightly from 29.4% in 2014 to 31.6% in 2015, but did not reach the 75th percentile goal (40.48%). The increased aggregate performance rate was however statistically significant (p<.0000). Again, the NH market performed above the 75<sup>th</sup> percentile at 41%.





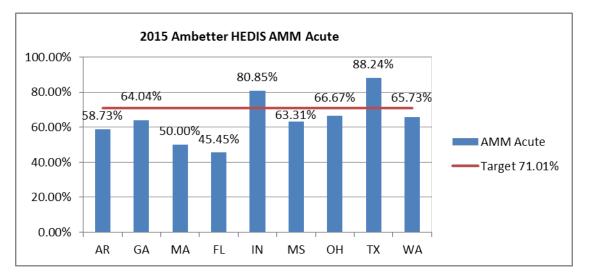
#### 5. Barriers & Interventions

Root Cause/Barrier	Proposed Intervention	Selected	Date
Practitioners not adhering to the Depression (AMM) CPG	Provide Tool Kits to Primary Care Practitioners to ensure they have accurate and useful information to enable them to adhere to the Depression CPG's	Yes	04/01/15
Members and parents/guardians are not adhering to medication treatment plans.	Conduct targeted scheduled clinical outreach calls to assess medication compliance and treatment needs for members being treated for Depression.	Yes	01/01/15

### Ambetter

The Ambetter AMM Acute rate declined from 65.57% in 2014 to 59.51% in 2015, which was not a statistically significant. The 2015 Ambetter AMM Acute measurement also fell below the 75<sup>th</sup> percentile goal of 71.01%.

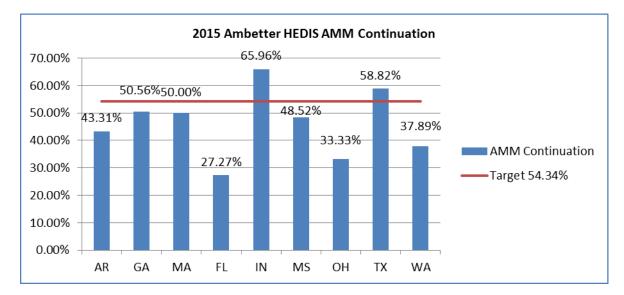
Cenpatico Ambetter HEDIS Rates: Antidepressant Medication Management Goal: NCQA 75 <sup>th</sup> Percentile: Acute Phase - 71.01% Continuation Phase- 54.34%								
		2014				2015		
AMM Indicator	Num	Denom	Rate	Num	Denom	Rate		
Effective Acute Phase Treatment	160	244	65.57%	1295	2176	59.51%		
Effective Continuation Phase Treatment	137	244	56.15%	1014	2176	46.60%		





The Continuation Phase decreased from 56.15% in 2014 to 46.60% in 2015 demonstrating a statistically significant decrease (p<.0072). The 2015 Ambetter AMM Continuation measurement fell below the 75<sup>th</sup> percentile goal of 53.34%.

The Arkansas market contributed the majority of Ambetter members to the AMM measure, making up 1663 of the 2176 eligible members in 2015. Cenpatico identified the need to increase staff levels in 2015 to accommodate the fast growing Ambetter product. In the fourth quarter of 2015, three additional staff members have been hired to support the Arkansas market.



### **Barriers & Interventions**

Root Cause/Barrier	Proposed Intervention	Selected	Date
Practitioners not adhering to the Depression (AMM) CPG	Provide Tool Kits to Primary Care Practitioners to ensure they have accurate and useful information to enable them to adhere to the Depression CPG's	Yes	04/01/15
Members and parents/guardians are not adhering to medication treatment plans.	Conduct targeted scheduled clinical outreach calls to assess medication compliance and treatment needs for members being treated for Depression.	Yes	01/01/15

### 6. Conclusion

Cenpatico developed PCP Toolkits comprised of a frequently asked questions (FAQ) sheet and published the CPGs to its website and in its provider newsletters to support practitioners in compliance with these standards. Cenpatico disbursed its practice guidelines to its health plan partners for posting on the health plans' websites to



encourage PCP participation in the industry standard for management of depression.

Cenpatico has expanded its disease management program to allow for continuous assessment and screening for depression, including use of the PHQ-9 and Edinburgh depression screener. Ongoing assessment of member behavioral health needs will allow Cenpatico's clinical care management team to develop member specific strategies for engagement in services and adherence to the members' treatment plan while encouraging self-management of symptoms.

Cenpatico implemented a data exchange process with its customers to use real time, available pharmacy data to identify members with new prescriptions for ADHD and Depression medications to target clinical outreach and engagement. This activity will support Cenpatico's clinical focus on member centered treatment and allow early intervention and education for members to improve compliance with medication management protocol. Cenpatico will continue to work with its customers on collaborative interventions to educate practitioners and support adherence to the CPGs.

All clinical staff is trained on the requirements for the selected measures and supporting clinical practice guidelines. Cenpatico clinical staff work closely with their health plan counterparts in the integrated markets (NH, MA, IN, WI, IL, OH and FL) to assist with members who fall into this measures. In the non-integrated markets (TX, AR, CA, GA, ILCC, KA, MO, MI, SC and WA) referrals are sent from the health plan staff to the Cenpatico staff to follow up with members who fall into these performance measures.

# Screening and Management of Coexisting Disorders and Preventive Behavioral Program

### 1. Introduction

Cenpatico, in partnership with the health plans and states for which it is a behavioral health vendor, implements a preventive behavioral health program targeting perinatal depression screening. This partnership allows for the opportunity to manage coexisting conditions where a member may be experiencing depression along with their pregnancy within an established preventive health program. The purpose of this program is to educate pregnant and postpartum members on the following:

- Educate members in the perinatal period about the risks of depression;
- Educate members regarding the signs and symptoms of depression;
- Educate the member about accessing services for treatment of depression; and
- Educate the member's provider if the member demonstrates depression using the Edinburgh Scale.



# 2. Methodology

Population: Health plan identified pregnant and newly delivered members. Inclusion Criteria:

- Current eligibility for Medical and Behavioral Health benefits
- Moderate Risk Depression survey score is equal to or greater than 13, less than 20 (13-19)
- High Risk Depression survey score is equal to or greater than 20 (20 30)

Exclusion Criteria: Members who are not currently enrolled in a health plan

Denominator description: The total number of pregnant and postpartum women who score moderate or high on the Edinburg Depression Screening tool.

Numerator description: The total number of pregnant or post-partum women scoring moderate or high on the Edinburg Depression Screening tool with successful outreach by Cenpatico's clinical team.

Data Source: Scored member surveys and contact documentation in Centene's clinical documentations system, TruCare, Claims Data

Measurement Period: Annually, January 1, 2015 – December 31, 2015

### 3. Goal

Increase the number of members accessing behavioral health services by 10%.

4. Quantitative Analysis

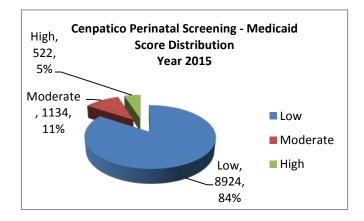
Results for the timeframe are noted below.

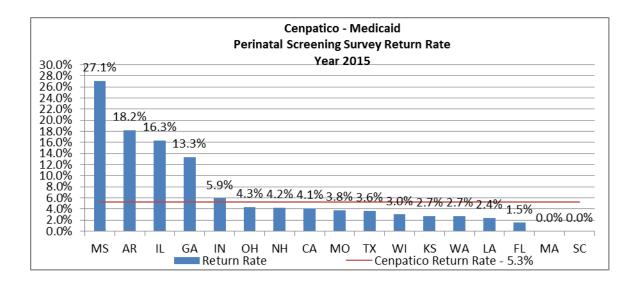
### Medicaid Response Rate

Cenpatico Medicaid members returned 5.3% (10580) of mailed surveys (201473) in 2015. Of the total number of returned surveys in 2015, 84.3% (8924) scored low, an increase of 15% as compared to this distribution category in 2014 (79.2%), demonstrating a statistically significant increase (p>.0000). Of the 10580 responses received in 2015, 16% (1656) were scored moderate or high, as compared to 21% (984) identified in 2014.

2015	# Sent	# Rec'd	Response Rate	Low	Rate Low	Moderate	Moderate Rate	High	High Rate
Pregnant	90046	4376	4.9%	3210	73.4%	795	18.2%	371	8.5%
Delivered	111427	6204	5.6%	5714	92.1%	339	5.5%	151	2.4%
Total	201473	10580	5.3%	8924	84.3%	1134	10.7%	522	4.9%





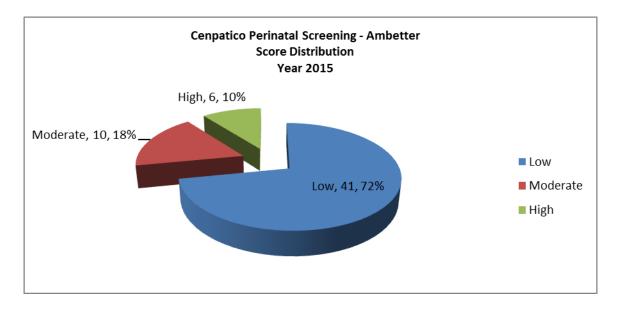


### Ambetter Response Rate

Cenpatico Ambetter members returned 57 of the mailed surveys in 2015. Of the 57 returned surveys, 71.9% (41) scored low, while 28% (16) were scored moderate and high. Identifying total Ambetter surveys sent is an area for improvement and is not currently captured.

2015 HIM	# Received	Low	Rate Low	Moderate	Rate Moderate	High	Rate High
Pregnant	24	13	54.2%	6	25.0%	5	20.8%
Delivered	33	28	84.8%	4	12.1%	1	3.0%
Total	57	41	71.9%	10	17.5%	6	10.5%





# Behavioral Health Services Outreach and Penetration

# 2015 Medicaid

Clinical outreach for the Medicaid population demonstrated a successful increase of 43% in 2015, with 57% (1110) of the moderate and high risk members reached by clinicians this reporting period as compared to 48% in 2014 (473). This performance increase is statistically significant (p>.0018). Of the 1110 successful contacts, 18% (344) accepted Cenpatico's clinical outreach for behavioral health services.

Successfully Outreached	Total Mod/High	# Successful Outreach	% With Successful Outreach	#/% Outreach with BH Claim
Pregnant	1320	797	60%	312/24%
Delivered	644	313	49%	32/5%
Total	1964	1110	57%	344/18%

# 2015 Ambetter

63% (10/16) Ambetter members identified as at moderate or high risk for depression engaged in outreach attempts with a behavioral health clinician in 2015. Of the 10 successful contacts, 60% (6) accepted Cenpatico's clinical outreach for behavioral health services. Of the (6) members who accepted Cenpatico's clinical outreach and engagement services, 100% accessed behavioral health services within 45 days of completion of their depression screen.

Successfully Outreached	Total Mod/High	# Successful Outreach	% With Successful Outreach	% Outreach with BH Claim
Pregnant	11	9	82%	5/56%
Delivered	5	1	20%	1/100%
Total	16	10	63%	6/60%



Cenpatico exceeded its performance goal to increase the successful outreach and engagement rate by 10%. Cenpatico's clinical teams will evaluate performance and continue with the goal to increase performance by at least 10% until the goal of 100% successful contact is reached. Cenpatico will continue to work with its health plan partners on increased member and practitioner awareness of the depression screening program.

# 5. Conclusion

Cenpatico has targeted expanded and ongoing screening for depression through its case management and disease management programs to support the early identification and management of depression for its members. Establishing and monitoring turnaround times for processing and identifying moderate and high risk members as well as the standardized approach to engagement attempts by clinical staff within five days of receipt of priority members improved the rate of outreach and engagement in 2015.

Cenpatico successfully engaged higher rates of moderate and high risk members into behavioral health services, surpassing its 10% performance increase goal this reporting period, a direct result of the focused monitoring of screening processing and outreach attempts initiated in 2013. Cenpatico is actively working with its health plan partners to drive up the response rates and outreach rates for screened members. Cenpatico provided analysis of performance on this activity in health plan quality improvement committees throughout 2015 and continues to prioritize this activity as a quality improvement activity in 2016.

# V. Member Access

Cenpatico prioritized the following areas in the 2011 QI work plan to measure member access to behavioral health services:

- Geo Access Reports
- Complaint Trends
- Appointment Availability Monitoring
- Telephone Access
  - o Service Level
  - o Abandonment Rate
  - o Average Speed of Answer

Each Member Access performance area is detailed below.

# Member and Provider Cultural Demographics

Cenpatico utilizes data from member satisfaction surveys, US Census and provider demographics to analyze the cultural and linguistic needs of its members. Analysis of provider demographics in conjunction with member cultural and linguistic needs assists



Cenpatico in the development of its Network Management strategy and goals. Cenpatico analyzes member and provider demographics at least annually to determine whether the current provider/practitioner network meets the needs of its membership. The following tables and graphs provide data on member and provider demographics.

State	Population	Non-Latino White	Latino	Black	AIAN*	Asian	NHPI*	Mixed Race
<u>California</u>	37,253,956	57.6	16.9	6.2	1.0	13.0	0.4	4.9
<u>Florida</u>	18,801,310	57.9	22.5	16.0	0.4	2.4	0.1	2.5
<u>Georgia</u>	9,687,653	55.9	8.8	30.5	0.3	3.2	0.1	2.1
<u>Illinois</u>	12,830,632	63.7	15.8	14.5	0.3	4.6	0	2.3
Indiana	6,483,802	81.5	6.0	9.1	0.3	1.6	0	2.0
<u>Kansas</u>	2,853,118	78.2	10.5	5.9	1.0	2.4	0.1	3.0
<u>Massachusetts</u>	6,547,629	76.1	9.6	6.6	0.3	5.3	0.0	2.6
<u>Mississippi</u>	2,984,926	58.0	2.7	37.0	0.5	0.9	0	1.1
Missouri	6,021,988	81.0	3.5	11.6	0.5	1.6	0.1	2.1
New Hampshire	1,320,718	92.3	2.8	1.1	0.2	2.2	0	1.6
<u>Ohio</u>	11,536,504	81.1	3.1	12.2	0.2	1.7	0	2.1
South Carolina	4,625,364	64.1	5.1	27.9	0.4	1.3	0.1	1.7
<u>Texas</u>	25,145,561	45.3	37.6	11.8	0.7	3.8	0.1	2.7
<u>Washington</u>	6,724,540	72.5	11.2	3.6	1.5	7.2	0.6	4.7
<u>Wisconsin</u>	5,686,986	83.3	5.9	6.3	1.0	2.3	0	1.8

#### US Census Data (race and ethnicities) by Cenpatico Market:

All Data from 2010 U.S. Census Bureau:

\* AIAN is American Indian or Alaskan Native; NHPI is Native Hawaiian or Pacific Islander

#### US Census Data: Languages Spoken at Home by Cenpatico Market:

	00 (	Jensus	Duiu	. Lun	guages	ponci	I ULIN		<u>y ocn</u>	Julico	Marite	·			
Market	English	Spanish	French	Italian	Portuguese	German	Russian	Slavic	European	Chinese	Korean	Vietnamese	Tagalog	Other Asian	Other
СА	58%	28%	0%	0%	0%	0%	0%	0%	0%	3%	1%	1%	2%	0%	7%
FL	74%	19%	2%	0%	1%	1%	0%	0%	1%	0%	0%	0%	0%	0%	1%
GA	88%	7%	1%	0%	0%	0%	0%	0%	1%	0%	0%	0%	0%	0%	1%
IL	78%	13%	0%	0%	0%	1%	0%	0%	4%	1%	0%	0%	1%	1%	1%
IN	93%	4%	0%	0%	0%	1%	0%	0%	0%	0%	0%	0%	0%	0%	0%
KS	90%	7%	0%	0%	0%	1%	0%	0%	0%	0%	0%	0%	0%	1%	0%
МА	80%	7%	2%	1%	3%	0%	1%	0%	2%	1%	0%	1%	0%	1%	1%
MO	94%	3%	0%	0%	0%	1%	0%	0%	1%	0%	0%	0%	0%	0%	0%
MS	95%	3%	1%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	1%
NH	89%	3%	3%	.2%	.2%	.5%	.1%	0%	.3%	.3%	.1%	.1%	0%	1%	.1%
ОН	94%	2%	0%	0%	0%	1%	0%	0%	1%	0%	0%	0%	0%	0%	1%
SC	94%	4%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
TX	66%	29%	0%	0%	0%	0%	0%	0%	1%	1%	0%	1%	0%	1%	1%
WA	83%	7%	0%	0%	0%	1%	1%	0%	1%	1%	1%	1%	1%	1%	1%
wi	92%	4%	0%	0%	0%	1%	0%	0%	1%	0%	0%	0%	0%	1%	0%

All Data from 2010 U.S. Census Bureau:



Cenpatico reviews member complaints, appeals and survey data as part of its ongoing evaluation of member preferences for practitioners that meet their cultural and linguistic needs. No trends in complaint data have been identified that indicate members' cultural and linguistic needs are not being met. Additionally, both adult members and families of child members served by the Cenpatico provider/practitioner network reported increased rates of satisfaction with provider/practitioner cultural sensitivity and inclusion of members' cultural and linguistic needs in service planning, continuing a positive trend over two survey periods. Cenpatico ensures access to translation services, either by telephone or face to face, upon request by members and families.

Cenpatico examines available data about network practitioners' ability to meet members' cultural and linguistic needs. The information collected in this document includes demographic data and languages spoken by providers and practitioners. This data is stored in Cenpatico's Credentialing system, Vistar. There are some limitations to this data as the information is self-reported and, at times, is not updated in a timely manner by the provider/practitioner community. Additionally, CMHCs and other large facility providers submit rosters and for these rostered providers, this information is not consistently captured across all markets. Cenpatico is unable to assess a penalty for providers/practitioners who do not update the Provider Specialty Profile (PSP) timely or completely. However, Cenpatico provides ongoing technical assistance and training to promote the receipt of the most current provider/practitioner demographics.

	Total # of								European						
Market	Providers	English	Spanish	French	Italian	Portuguese	German	Russian	Other	Chinese	Korean	Vietnamese	Tagalog	Other Asian	Other
CA	81	94%	5%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	1%	0%
FL	3,563	78%	17%	1%	0%	0%	0%	0%	0%	0%	0%	0%	0%	1%	3%
GA	1,543	88%	7%	1%	0%	0%	0%	0%	1%	0%	0%	0%	0%	3%	0%
IL	490	68%	22%	0%	0%	0%	0%	1%	5%	1%	0%	0%	0%	3%	0%
IN	1,386	92%	4%	0%	0%	0%	0%	0%	1%	0%	0%	0%	0%	3%	0%
KS	1,428	91%	6%	1%	0%	0%	0%	0%	1%	0%	0%	0%	0%	1%	0%
MA	1,047	77%	11%	3%	1%	0%	1%	1%	2%	0%	0%	1%	0%	2%	1%
MO	1,546	96%	2%	0%	0%	0%	0%	0%	1%	0%	0%	0%	0%	1%	0%
MS	589	96%	2%	0%	0%	0%	0%	0%	1%	0%	0%	0%	0%	1%	0%
NH	762	90%	4%	3%	0%	0%	1%	1%	1%	0%	0%	0%	0%	0%	0%
OH	2,062	88%	6%	0%	0%	0%	0%	1%	2%	0%	0%	0%	0%	3%	0%
SC	547	88%	10%	0%	0%	0%	0%	0%	1%	0%	0%	0%	0%	1%	0%
ТΧ	4,297	77%	21%	0%	0%	0%	0%	0%	1%	0%	0%	0%	0%	1%	0%
WA	364	83%	12%	1%	0%	0%	0%	2%	1%	0%	0%	1%	0%	0%	0%
WI	2,402	88%	6%	1%	0%	0%	0%	1%	1%	0%	0%	0%	0%	3%	0%

The following table presents the languages spoken by Cenpatico providers and practitioners as extracted from Vistar.

### Conclusions:

Upon review of available member and provider/practitioner demographic data, Cenpatico identified the following cultural and linguistic requirements of its membership that must be met by the Cenpatico provider/practitioner network:



- Spanish is the most prevalent non-English language spoken by members across all Cenpatico markets, with the highest prevalence in Texas and Florida.
- Cenpatico's Provider/Practitioner network shows similar language trends as identified in the member language analysis, with the majority of providers/practitioners across Cenpatico networks speaking English and Spanish.
- No real trend/prevalence for other languages is noted in the member demographics. While some Cenpatico members identified themselves as Asian/Pacific Islander, little to no requests for language assistance in these languages is indicated, demonstrating low member need in this area.
- There were no significant population changes from 2014 to 2015

# Provider Geographic Location Analysis

#### Introduction

Cenpatico ensures adequate numbers and distribution of behavioral health practitioners and providers in each market that it serves. Cenpatico's Network Department uses regular analysis of GEO Access Reports, US Census data, member demographics and provider demographics to assess compliance with specific market and National Committee for Quality Assurance (NCQA) availability standards for urban and rural members. Cenpatico is committed to meeting all market availability standards and effectively utilizing population density data to support Network Management activities.

### Methodology

Cenpatico practitioner and provider availability monitoring is completed for all behavioral health practitioner/ provider types. Cenpatico defines behavioral health practitioners and providers as:

- Psychiatrists/Prescribers (MD, DO, APNP/ARNP)
- Psychologists (PhD, PsyD, EdD)
- Master's Level Clinicians (Mid-level practitioners; LPC, LCSW, LMFT, etc.)
- Inpatient Psychiatric Facilities and Acute Care Hospitals
- Community Mental Health Centers (CMHC)<sup>1</sup>

Cenpatico's internal standards for provider and practitioner geographic location are listed below.

For all provider/practitioner types, where it does not indicate differently in the table due to state requirements, the standards are:

<sup>&</sup>lt;sup>1</sup> Not all provider types are included in all Cenpatico markets. Allowable behavioral health provider types are dictated by the individual state managing the Medicaid services for a market.



- Rural: 1 in 60 miles
- Urban/Suburban: 1 in 30 miles

Data Source: Cenpatico GEO Access Reports

Reporting Frequency: Quarterly

Goal: 95% for all practitioner/provider types in both rural and urban locations.

# Quantitative Analysis

### Medicaid

Market	Standard	Rural	Urban	Goal Met (Yes/No)	Action
California	Urban: 1 in 30 Rural: 1 in 60	Psychiatrists/Prescribers: 99.6% Psychologist: 99.7% Master's Level: 99.6% Inpatient: Not a covered benefit CMHC: 58.7%	Psychiatrists/Prescribers: 99.2% Psychologist: 99.1% Master's Level: 99.6% Inpatient: Not a covered benefit CMHC: 98.5%	Yes, Inpatient is not part of the benefits we manage. We are only required to have MOUs with the CMHCs.	None needed
Florida	Urban: 1 in 30 Rural: 1 in 60	Psychiatrists/Prescribers: 99.9% Psychologist: 99.8% Master's Level: 100% Inpatient: 98.3% CMHC: 100%	Psychiatrists/Prescribers: 99.9% Psychologist: 99.4% Master's Level: 99.9% Inpatient: 99.4 CMHC: 99.9%	Yes for all provider types	None needed
Georgia	Urban: 1 in 30 Rural: 1 in 60	Psychiatrists/Prescribers: 99.6% Psychologist: 99.7% Master's Level: 99.6% Inpatient: Not a covered benefit CMHC: 58.7%	Psychiatrists/Prescribers: 99.5% Psychologist: 99.9% Master's Level: 100% Inpatient: 95.3% CMHC: 97.9%	Yes for all provider types	None needed



Market	Standard	Rural	Urban	Goal Met (Yes/No)	Action
Illinois	Urban: 1 in 30 Rural: 1 in 60	Psychiatrists/Prescribers: 99.9% Psychologist: 79.5% Master's Level: 99.9% Inpatient: 99.8% CMHC: 99.9%	Psychiatrists/Prescribers: 99.9% Psychologist: 95.4% Master's Level: 99.9% Inpatient: 99.9% CMHC: 99.9%	Yes, for all provider types except psychologist in rural areas.	The only behavioral health Inpatient facility Unity Health system recently terminated the contract. We are recruiting provides outside the service area.
Indiana	Urban: 1 in 30 Rural: 1 in 60	Psychiatrists/Prescribers: 100% Psychologist: 100% Master's Level: 100% Inpatient: 100% CMHC: 100%	Psychiatrists/Prescribers: 100% Psychologist: 100% Master's Level: 100% Inpatient: 99.5% CMHC: 100%	Yes, for all provider types.	None needed
Kansas	Urban: 1 in 30 Rural: 1 in 60	Psychiatrists/Prescribers: 99.6% Psychologist: 99.7% Master's Level: 99.6% Inpatient: Not a covered benefit CMHC: 58.7%	Psychiatrists/Prescribers: 99.2% Psychologist: 99.1% Master's Level: 99.6% Inpatient: Not a covered benefit CMHC: 98.5%	Yes for all provider types except for inpatient hospitals in rural areas	Cenpatico is contracted with all psychiatric units in Rural KS. There is a capacity shortage in rural parts of KS.
Massachusetts	Urban: 1 in 30 Rural: 1 in 60	Psychiatrists/Prescribers: 100% Psychologist: 100% Master's Level: 100% Inpatient: 100% CMHC: 99.6%%	Psychiatrists/Prescribers: 100% Psychologist: 100% Master's Level: 100% Inpatient: 100% CMHC: 98.7%%	Yes, for all provider types.	None needed
Mississippi	Urban: 1 in 30 Rural: 1 in 60	Psychiatrists/Prescribers: 100% Psychologist: 99.6% Master's Level: 100% Inpatient: 98.2% CMHC: 100%	Psychiatrists/Prescribers: 100% Psychologist: 100% Master's Level: 100% Inpatient: 99.9% CMHC: 100%	Yes, for all provider types.	None needed



Market	Standard	Rural	Urban	Goal Met (Yes/No)	Action
Missouri	Urban: 1 in 30 Rural: 1 in 60	Psychiatrists/Prescribers: 99.9%% Psychologist: 99.7% Master's Level: 100% Inpatient: 95.7% CMHC: 99.9%	Psychiatrists/Prescribers: 100% Psychologist: 99.9% Master's Level: 100% Inpatient: 99.9% CMHC: 99.8%	Yes, for all provider types.	None needed
New Hampshire	Urban: 1 in 30 Rural: 1 in 60	Psychiatrists/Prescribers: 100% Psychologist: 100% Master's Level: 100% Inpatient: 100% CMHC: 100%	Psychiatrists/Prescribers: 100% Psychologist: 100% Master's Level: 100% Inpatient: 91.4% CMHC: 100%	Yes, for all provider types.	None needed
Ohio	Urban: 1 in 30 Rural: 1 in 60	Psychiatrists/Prescribers: 99.4% Psychologist: 100% Master's Level: 100% Inpatient: 99.7% CMHC: 96.7%	Psychiatrists/Prescribers: 100% Psychologist: 99.9% Master's Level: 100% Inpatient: 98.8% CMHC: 97.7%	Yes, for all provider types.	None needed
South Carolina	Urban: 1 in 30 Rural: 1 in 60	Psychiatrists/Prescribers: 100% Psychologist: 99.9% Master's Level: 100% Inpatient: 99.9% CMHC: 100%	Psychiatrists/Prescribers: 100% Psychologist: 99.4% Master's Level: 100% Inpatient: 99.8% CMHC: 100%	Yes, for all provider types.	None needed
Texas	Urban: 1 in 30 Rural: 1 in 60	Psychiatrists/Prescribers: 97.7% Psychologist: 95.2%% Master's Level: 99.5% Inpatient: 83.4% CMHC: 83%	Psychiatrists/Prescribers: 100% Psychologist: 99.9% Master's Level: 100% Inpatient: 95.5% CMHC: 83.9%	Yes, for all other provider types with the exception of CMHCs in both Rural and Urban areas and inpatient facilities in Rural Areas	All CMHCs statewide have been contracted



Market	Standard	Rural	Urban	Goal Met (Yes/No)	Action
Washington	Urban: 1 in 30 Rural: 1 in 60	Psychiatrists/Prescribers: 98.3% Psychologist: 98.3%% Master's Level: 99.4% Inpatient: 38.5% CMHC: 35.4%	Psychiatrists/Prescribers: 99.7%% Psychologist: 99.9% Master's Level: 99.9% Inpatient: 50.6% CMHC: 60.6%%	Yes, except for inpatient facilities and CMHCs in rural and urban areas.	This is a combined health plan and Cenpatico network. The Health Plan (Coordinated Care) holds the contracts with the Acute Care Hospitals to provide behavioral health services. This data is not included in this report. Cenpatico only contracts with the free standing psychiatric facilities. With regard to deficiency with psychologist in rural area, the hospital employed behavioral health practitioners are not included in the data as Cenpatico does not directly contract with those providers. However, members have access to those services under the Health Plan agreement.



Market	Standard	Rural	Urban	Goal Met (Yes/No)	Action
Wisconsin	Urban: 1 in 30 Rural: 1 in 60	Psychiatrists/Prescribers: 99.7% Psychologist: 100% Master's Level: 100% Inpatient: 86.6% CMHC: 71.5%	Psychiatrists/Prescribers: 100% Psychologist: 100% Master's Level: 100% Inpatient: 100% CMHC: 30.9%	Yes, for all provider types except for inpatient hospitals in rural areas, and CMHCs in both rural and urban areas.	Cenpatico does not meet the standard in one WI rural county. There is only one hospital, which refuses to contract with Cenpatico, but will see our members on a Single Case Basis for emergency admissions. The Health Plan provides transportation if a member needs to be transferred to an in- network hospital. We have contracted with all CMHCs in the service areas.

# Health Insurance Marketplace (Ambetter)

Market	Standard	Rural	Urban	Goal Met (Yes/No)	Action
Florida	Urban: 1 in 45 Rural: 1 in 60	Psychiatrists/Prescribers: 100% Psychologist: 100% Master's Level: 100% Inpatient: 100% CMHC: 100%	Psychiatrists/Prescribers: 100% Psychologist: 99.9% Master's Level: 100% Inpatient: 100% CMHC: 100%	Yes for all provider types	None needed
Georgia	Urban: 1 in 45 Rural: 1 in 60	Psychiatrists/Prescribers: 100% Psychologist: 100% Master's Level: 100% Inpatient: 100% CMHC: 96.9%	Psychiatrists/Prescribers: 100% Psychologist: 100% Master's Level: 100% Inpatient: 100% CMHC: 98.1%	Yes for all provider types	None needed



Market	Standard	Rural	Urban	Goal Met (Yes/No)	Action
Illinois	Urban: 1 in 45 Rural: 1 in 60	Psychiatrists/Prescribers: 100% Psychologist: 100% Master's Level: 100% Inpatient: 100% CMHC: N/A	Psychiatrists/Prescribers: 100% Psychologist: 100% Master's Level: 100% Inpatient: 100% CMHC: 100%	Yes for all provider types	None needed
Indiana	Urban: 1 in 45 Rural: 1 in 60	Psychiatrists/Prescribers: 100% Psychologist: 100% Master's Level: 100% Inpatient: 96.3% CMHC: 100%	Psychiatrists/Prescribers: 100% Psychologist: 100% Master's Level: 100% Inpatient: 98.2% CMHC: 100%	Yes, for all provider types.	None needed
Massachusetts	Urban: 1 in 45 Rural: 1 in 60	Psychiatrists/Prescribers: 100% Psychologist: 100% Master's Level: 100% Inpatient: 100% CMHC: 100%	Psychiatrists/Prescribers: 100% Psychologist: 100% Master's Level: 100% Inpatient: 100% CMHC: 100%	Yes, for all provider types.	None needed
Mississippi	Urban: 1 in 45 Rural: 1 in 60	Psychiatrists/Prescribers: 100% Psychologist: 88.5% Master's Level: 99.9% Inpatient: 83.5% CMHC: 94.7%	Psychiatrists/Prescribers: 100% Psychologist: 97.6% Master's Level: 98.3% Inpatient: 97.5% CMHC: 69.3%	Yes for all provider types except Psychologist and Inpatient facilities in Rural areas and CMHCs in Urban areas.	We have contracted with every available psychologist and CMHC; however, we are undergoing a data load audit with our PDM team to ensure all providers are loaded.



Market	Standard	Rural	Urban	Goal Met (Yes/No)	Action
New Hampshire	Urban: 1 in 30 Rural: 1 in 60	Psychiatrists/Prescribers: 80.1% Psychologist: 100% Master's Level: 100% Inpatient: 83.1% CMHC: 98.6%	Psychiatrists/Prescribers: 69.6% Psychologist: 100% Master's Level: 100% Inpatient: 74.0% CMHC: 96.3%	Yes for all provider types except Psychiatrist and Inpatient facilities in both urban and rural areas.	The deficiency was addressed. The Contract amendments and deemers have been loaded by our PDM team.
Ohio	Urban: 1 in 45 Rural: 1 in 60	Psychiatrists/Prescribers: 99.4% Psychologist: 77.4% Master's Level: 78.0% Inpatient: 99.3% CMHC: 42.2%	Psychiatrists/Prescribers: 99.7% Psychologist: 98.7% Master's Level: 97.4% Inpatient: 87.2% CMHC: 63.0%	Yes, except for Psychologist, master level and CMHCs in Rural areas and Inpatient facilities and CMHCs in Urban areas.	A request for an audit to ensure all amendments and deemers have been loaded by our PDM Staff has been requested by the local team.
Texas	Urban: 1 in 45 Rural: 1 in 60	Psychiatrists/Prescribers: 99.9% Psychologist: 99.9% Master's Level: 100% Inpatient: 99.6%	Psychiatrists/Prescribers: 100% Psychologist: 100% Master's Level: 100% Inpatient: 98.7%	Yes, for all provider types	All CMHCs statewide have been contracted



Market	Standard	Rural	Urban	Goal Met (Yes/No)	Action
Washington	Urban: 1 in 45 Rural: 1 in 60	Psychiatrists/Prescribers: 99.7% Psychologist: 100% Master's Level: 100% Inpatient: 74.4% CMHC: 73.1%	Psychiatrists/Prescribers: 99.6% Psychologist: 100% Master's Level: 100% Inpatient: 73.1% CMHC: 71.5%	Yes, except for inpatient facilities and CMHCs.	This is a combined health plan and Cenpatico network. The Health Plan (Coordinated Care) holds the contracts with the Acute Care Hospitals to provide behavioral health services. This data is not included in this report. Cenpatico only contracts with the free standing psychiatric facilities. With regard to deficiency with psychologist in rural area, the hospital employed behavioral health practitioners are not included in the data as Cenpatico does not directly contract with those providers. However, members have access to those services under the Health Plan agreement.
Wisconsin	Urban: 1 in 45 Rural: 1 in 60	Psychiatrists/Prescribers: 100% Psychologists: 100% Master's Level: 100% Inpatient: 96.5% CMHC: 98.3%	Psychiatrists/Prescribers: 100% Psychologists: 100% Master's Level: 100% Inpatient: 99.9% CMHC: 100%	Yes, for all provider types	None Needed



### Member to Provider Ratios

#### Methodology:

Cenpatico practitioner and provider ratio monitoring is completed for all behavioral health practitioner types. Cenpatico defines behavioral health practitioners and providers as:

- Psychiatrists/Prescribers (MD, DO, APNP/ARNP)
- Psychologists (PhD, PsyD, EdD)
- Master's Level Clinicians (Midlevel providers; LPC, LCSW, LMFT, etc.)
- Inpatient Psychiatric Facilities and Acute Care Hospitals
- Community Mental Health Centers

Cenpatico's internal standards for provider and practitioner to member ratios are listed below.

Practitioner Type	Standard	Measurement Method	Measurement Frequency
Psychiatrists/Prescribers	2 practitioners per 1000 members	GEO Access	Annually
Psychologists	2 practitioners per 1000 members	GEO Access	Annually
Masters Level Clinicians	5 practitioners per 1000 members	GEO Access	Annually
In-patient Psychiatric Facilities	1 provider per 1000 members	GEO Access	Annually
CMHCs	1 provider per 1000 members	GEO Access	Annually

#### Member to Practitioner Ratio Standards

### **Quantitative Analysis**

The table below shows the member to provider/practitioner ratios, by Cenpatico market. In several markets, Nurse practitioners and Physicians Assistants are counted in the psychiatrist numbers as prescribers. Additionally, Federally Qualified Health Centers (FQHCs) are counted into CMHC numbers as they serve members in the same/similar capacity in some Cenpatico markets.



# Medicaid

Market	Results	Goal Met (Yes/No)	Action
California	Psychiatrists: 0 practitioners per 1000 members Psychologists: 0 practitioner per 1000 Master's Level: 1 practitioners per 1000 Inpatient: 0 provider per 1000 members CMHC: 0 provider per 1000 members	No, the goal was not met in any category	In this market, our membership is in a very rural service area and has very limited available Medicaid providers. If a member needs services that are not in the network we offer a single case agreement or work with PAR providers to provide an emergency visit.
Florida	Psychiatrists: 4 practitioners per 1000 members Psychologists: 0 practitioner per 1000 Master's Level: 8 practitioners per 1000 Inpatient: 0 provider per 1000 members CMHC: 0 provider per 1000 members	Yes, except for psychologists, inpatient and CMHC.	We have contracted with all CMHC, psychologists, CMHC and inpatient facilities who are willing or able accept Medicaid members.
Georgia	Psychiatrists: 0 practitioner per 1000 members Psychologists: 1 practitioner per 1000 members Master's Level: 1 provider per 1000 members. Inpatient: 0 provider per 1000 members CMHC: 0 provider per 1000 members	No, the goal was not met for any categories	We have contracted with all CMHC; psychiatrist and inpatient facilities who are willing or able accept Medicaid members.



Market	Results	Goal Met (Yes/No)	Actions
Illinois	Psychiatrists: 3 practitioners per 1000 members Psychologists: 0 practitioners per 1000 members Master Level: 21 practitioners per 1000 members Inpatient: 0 provider per 1000 members	Yes, for all provider types except Psychologists and inpatient	We have contracted with all psychologists and inpatient facilities who are willing or able accept Medicaid members.
	CMHC: 1 providers per 1000 members I counted		
Indiana	Psychiatrists: 5 practitioners per 1000 members Psychologists: 3 practitioners per 1000 members Master's Level: 17 practitioners per 1000 members Inpatient: 0 provider per 1000 members CMHC: 0 provider per 1000 members	Yes, for all provider types, except inpatient and CMHC	We have contracted with all CMHC and inpatient facilities who are willing or able accept Medicaid members.
Kansas	Psychiatrists: 7 practitioners per 1000 members Psychologists: 7 practitioners per 1000 members. Master Level: 34 practitioners per 1000 members Inpatient: 0 provider per 1000 members CMHC: 0 provider per 1000 members	Yes, for all provider types except inpatient and CMHCs	We have contracted with all CMHC and inpatient facilities who are willing or able accept Medicaid members.



Market	Results	Goal Met (Yes/No)	Action
	Psychiatrists: 24 practitioners per 1000 members	Yes, for all provider types	None needed
	Psychologists: 9 practitioners per 1000 members		
Massachusetts	Master Level: 108 practitioners per 1000 members.		
	Inpatient: 1 providers per 1000 members		
	CMHC: 1 provider per 1000 members		
	Psychiatrists: 2 practitioners per 1000 members	Yes, for Psychiatrists and Masters Level	We have contracted with all Medicaid eligible psychologists
Mississippi	Psychologists: 0 practitioner provider per 1000 members.		inpatient facility and CMHCs in our service area for Medicaid members
	Masters Level: 7 practitioners per 1000 members		
	Inpatient: 0 providers per 1000 members. N/A		
	CMHC: 0 providers per 1000 members		
Missouri	Psychiatrists: 9 practitioners per 1000 members	Yes, for all provider types except inpatient	We have contracted with all inpatient facilities in the service area willing to accept Medicaid members.
	Psychologists: 4 practitioners per 1000 members		
	Master Level: 19 practitioners per 1000 members.		
	Inpatient: 0 provider per 1000 members		
	CMHC: 1 provider for every 1000 members.		



Market	Results	Goal Met (Yes/No)	Action
New Hampshire	Psychiatrists: 7 practitioners per 1000 members	Yes, for all provider types, except inpatient and CMHCs	We have contracted with all inpatient facilities and CMHCs in the service area willing to accept Medicaid members.
	Psychologists: 3 practitioners per 1000 members		
	Master Level: 20 practitioners per 1000 members.		
	Inpatient: 0 provider per 1000 members		
	CMHC: 0 providers for every 1000 members.		
	Psychiatrists: 3 practitioners per 1000 members	Yes for Psychiatrists and Masters level	We have contracted with all inpatient facilities and CMHCs in
	Psychologists: 1 practitioners per 1000 members		the service area willing to accept Medicaid members.
Ohio	Master Level: 4 practitioners per 1000 members		
	Inpatient: 0 providers per 1000 members		
	CMHC: 0		
South Carolina	Psychiatrists: 2 practitioners per 1000 members	Yes, for Psychiatrist and Masters Level	We have contracted with every available psychologist that is
	Psychologists: 0 practitioner per 1000 members		approved by the state for the products that we serve in the South Carolina Market. It should
	Master Level: 6 practitioners per 1000 members.		be noted that Community Mental Health Centers (CMHC) services were carved out of the
	Inpatient: 0 provider per 1000 members		managed care behavioral health benefits for the reporting period.
	CMHC: 0		penou.



Market	Results	Goal Met (Yes/No)	Action
Texas	Psychiatrists: 2 practitioners per 1000 members Psychologists: 0 practitioners per 1000 members. Masters Level: 6 practitioners per 1000 members Inpatient: 0 providers per 1000 members. CMHC: 0 provider per 1000 members	Yes, for Psychiatrists and Masters Level	We have contracted with all inpatient facilities, CMHCs and psychologists in the service area willing to accept Medicaid members
Washington	Psychiatrists: 0 practitioners per 1000 members Psychologists: 0 practitioners per 1000 members. Master Level: 1 practitioner per 1000 members. Inpatient: 0 provider per 1000 members CMHC: 0 provider per 1000 members	No, the goal was not met for any categories	This is a combined behavioral health network with our health plan partner (Coordinated Care). The behavioral health providers contracted with our health plan partner are not included in this report.
Wisconsin	Psychiatrists: 5 practitioners per 1000 members Psychologists: 5 practitioners per 1000 members Master Level: 26 practitioners per 1000 members. Inpatient: 0 providers per 1000 members. CMHC: 0	Yes, for all provider types, except Inpatient and CMHCs	We have contracted with all Inpatient facilities and CMHC's willing to accept Medicaid members.



# Health Insurance Marketplace (Ambetter)

Market	Results	Goal Met (Yes/No)	Actions
Florida	Psychiatrists: 3 practitioners per 1000 members	Yes, except for psychologists.	We have contracted with all psychologists who are willing to accept our Exchange members. We have begun a recruiting effort to address these gaps.
	Psychologists: 1 practitioner per 1000		
	Master's Level: 7 practitioners per 1000		
	Inpatient: 9 provider per 1000 members		
	CMHC: 1 provider per 1000 members		
Georgia	Psychiatrists: 2 practitioner per 1000 members	Yes, except for Masters level, Inpatient and CMHCs	The individual practitioners who are employed by the CMHCs are not included in the GEO data (even though this is the data collected for other reporting needs) as we are required in the State of GA to only contract with those practitioners who appear on the state files. If we were to include those are ampleted
	Psychologists: 3 practitioner per 1000 members		
	Master's Level: 4 providers per 1000 members.		
	Inpatient: 0 provider per 1000 members		
	CMHC: 0 provider per 1000 members		practitioners who are employed by the CMHC's in our data, then we are confident we would meet this requirement. In the future, these employed individuals will be included in annual GEOs.
			GA has a limited number of inpatient facilities, primarily for children. Cenpatico contracts with inpatient facilities in neighboring states to provide access to this level of care for GA members.



Market	Results	Goal Met (Yes/No)	Action
Illinois	Psychiatrists: 6 practitioners per 1000 members Psychologists: 0 practitioners per 1000 members Master Level: 3 practitioners per 1000 members Inpatient: 0 provider per 1000 members CMHC: 2 providers per 1000 members I counted	Yes, for Psychiatrists and CMHCs	We have contracted with all CMHC who are willing to accept our Exchange members. We have begun a recruiting effort to address the Psychiatrist gap.
Indiana	Psychiatrists: 53 practitioners per 1000 members Psychologists: 20 practitioners per 1000 members Master's Level: 168 practitioners per 1000 members Inpatient: 1 provider per 1000 members CMHC: 5 provider per 1000 members	Yes, for all provider types.	None needed
Massachusetts	Psychiatrists: 187 practitioners per 1000 members Psychologists: 82 practitioners per 1000 members Master Level: 220 practitioners per 1000 members. Inpatient: 24 providers per 1000 members CMHC:35 provider per 1000 members	Yes, for all provider types.	None needed



Market	Results	Goal Met (Yes/No)	Action
	Psychiatrists: 4 practitioners per 1000 members	Yes, for all provider types except psychology and	We have contracted with all psychologists and inpatient facilities willing to accept our
	Psychologists: 1 practitioner provider per 1000 members.	inpatient	Exchange members.
Mississippi	Masters Level: 17 practitioners per 1000 members		
	Inpatient: 0 providers per 1000 members. N/A		
	CMHC: 1 providers per 1000 members		
	Psychiatrists: 30 practitioners per 1000 members	Yes, for all provider types	None needed
	Psychologists: 194 practitioners per 1000 members		
New Hampshire	Master Level: 851 practitioners per 1000 members.		
	Inpatient: 5 provider per 1000 members		
	CMHC: 28 providers for every 1000 members.		
	Psychiatrists: 18 practitioners per 1000 members	Yes for all provider types except	We have contracted with all CMHCs who are willing to accept
	Psychologists: 4 practitioners per 1000 members	CMHCs	our Exchange members.
Ohio	Master Level: 21 practitioners per 1000 members		
	Inpatient: 1 providers per 1000 members		
	CMHC: 0 Providers per 1000 members		



Market	Results	Goal Met (Yes/No)	Action
	Psychiatrists: 8 practitioners per 1000 members	Yes, for all provider types	None needed
	Psychologists: 9 practitioners per 1000 members.		
Texas	Masters Level: 59 practitioners per 1000 members		
	Inpatient: 1 provider per 1000 members.		
	CMHC: 1 provider per 1000 members		
	Psychiatrists: 0 practitioners per 1000 members	not met for any of the categories	This network is a combined health plan and Cenpatico network. The Health Plan (Coordinated
	Psychologists: 0 practitioners per 1000 members.		Care) holds the contracts with the Acute Care Hospitals to
	Master Level: 2 practitioners per 1000 members.		provide behavioral health services. That data is not included in this report. Cenpatico
Washington	Inpatient: 0 provider per 1000 members		only contracts with the free standing psychiatric facilities.
washington	CMHC: 0 provider per 1000 members		With regard to the deficiency with psychologist in the rural area, the hospital employed behavioral health practitioners are not included in the data as Cenpatico does not directly contract with those providers. However, members have access to those services under the Health Plan agreement.



Market	Results	Goal Met (Yes/No)	Action
	Psychiatrists: 188 practitioners per 1000 members	Yes, for all provider types.	None needed.
	Psychologists: 79 practitioners per 1000 members		
Wisconsin	Master Level: 512 practitioners per 1000 members.		
	Inpatient: 3 providers per 1000 members.		
	CMHC: 11 Providers per 1000 members		

## **Qualitative Analysis**

Cenpatico meets or surpasses network availability Geo Access Standards in all Markets, with the exception of the following provider types in the following Cenpatico

#### Medicaid:

- Illinois IP
- Kansas IP
- Texas CMHC
- New Hampshire IP and psychiatrist
- Washington all areas
- Wisconsin CMHC and IP

#### Exchange:

- Mississippi IP and CMC
- New Hampshire IP and psychiatrists
- Ohio IP, CMHC, Psychologists, Masters
- Texas CMHC
- Washington IP and CMHC

Although targets were not met in Illinois (IL), Kansas (KS), New Hampshire (NH), Texas (TX), Washington (WA) and Wisconsin (WI), for Medicaid; and New Hampshire (NH),



Ohio (OH) and Washington (WA) for Ambetter (Exchange) the local network teams have been collaborating with our Provider Data Management staff (PDM) to ensure provider information is loaded on the various data platforms (OH market) and have completed amendments and ensured data loads (NH market) to close the identified Medicaid gaps. Consequently, in markets such as KS, IL, and TX there are no additional providers in the market to close the identified gaps.

In most of the markets Cenpatico serves, Cenpatico contracts with all available resources in those areas. Cenpatico also enters into Single Case Agreements (SCA) with all practitioner/provider types to serve our members in all markets when necessary. On a monthly basis a report is provided to the Network teams, nationally, to pursue contracting opportunities with these non-par providers.

With regard to meeting our established standards for member to provider ratio for our Medicaid population, we were deficient in several markets for our Medicaid population in the area of inpatient, CMHC, psychologists and/or psychiatrist (FL, IL, IN, KS, MS, MO, NH, SC and WI). However, we have contracted with all available providers in these categories who are willing to accept Medicaid members. In California, our Medicaid population is located in rural/frontier counties were services are limited. In this market, we are partnering with our health plan to provide a pilot for telehealth services. This is a market whereby the behavioral health network is shared with our health plan. Also, in Washington we have a shared network with the health plan relative to behavioral health. The health plan's behavioral health providers are not included in these reports.

For our Exchange product, we are deficient in several markets. Those markets include MS, NH, TX, and WA. A project is under way to address this deficiency which includes an audit of the data loads for these markets to ensure all providers are loaded. In addition, we will be completing a deemer load for deficient markets by the end of the second quarter of 2016.

Root			
Cause/Barrier	Intervention	Selected?	Dates
Florida	We have contracted with every available psychologist that is approved by the state for the products that we serve in the Florida market.	Yes	On-going
Georgia	The practitioners who are employed by the CMHCs are not included in the GEO data reporting for the Exchange product.	Yes	Q3 2016

#### **Barrier Analysis/Interventions**



Root Cause/Barrier	Intervention	Selected?	Dates
Illinois	The local team is working to identify additional psychologist (Medicaid) to contract with in deficient areas	Yes	Q3 2016
Mississippi	We have contracted with all psychologists and inpatient providers who are willing to participate in the exchange product in our service area.	No	Continue to monitor
New Hampshire	We have completed an audit of the data load for the Exchange product during Q1 and we revisit the GEO during Q2	Yes	Q2
Ohio	For the Exchange product, the local team is identifying and recruiting providers willing to accept the Exchange product to address the deficient areas	Yes	Q3
Texas	We have contracted with all CMHC and Inpatient facilities willing to accept Medicaid in the service areas	No	Continue to monitor
Washington	This is a combined network and does not include inpatient for Medicaid; For Exchange it is a combined network and we are actively undergoing contracting project to address the gaps.	Yes	Q3 2016



Root Cause/Barrier	Intervention	Selected?	Dates
Member to	We have identified some	No	Dales
Provider Ratios	common themes with regard to		
	member to provider ratios		
	particularly in our Medicaid		
	service areas with Inpatient		
	facilities. We have		
	contracted/extended offers to		
	all available Medicaid approved		
	providers in each service areas.		
	Part these deficiencies are		
	contributed to the IMD		
	restrictions for Medicaid members in most of markets. It		
	should be noted that a small		
	percentage of our population		
	receives services within an		
	inpatient facility. We continue to		
	monitor our access to inpatient		
	services to be sure that members		
	receive the care they needed in		
	a timely manner from a qualified		
	provider.		
	With other provider types such as		
	CMHC, in many markets there		
	are limited amounts of CMHCs		
	that exist within the market.		
	Therefore, we would rarely meet		
	the strict member to provider		
	ratio standard that we have in		
	place today. On a side note,		
	CMHCs in most market provide very specialized services for		
	those members whose diagnosis		
	with higher acuity levels. Our		
	non-CMHC providers serve as a		
	wraparound network to the		
	CMHC for those members who		
	acuity is mild/moderate.		



#### Summary

Cenpatico strives to ensure all members receive care from qualified, in-network providers, and evaluates network adequacy on an on-going basis to ensure timely access. Cenpatico will continue to support, prioritize, and engage in ongoing network development and management activities in each of its markets, including the utilization of member and provider demographics to drive the network management strategy. Network management activities, including GEO Access reporting, are designated as a primary data feed into the Cenpatico Quality Improvement Committee (QIC). Network management reports are provided to the QIC on a regular basis; reported to Cenpatico customers in regular quarterly reporting, or upon request; and used to support process and quality improvement activities. Cenpatico GEO Access Reports in 2015 were standardized across all networks, as much as possible given the differences in state contracts, to ensure consistency in analysis and application of targeted network management interventions.

#### 1. Introduction

Cenpatico is dedicated to ensuring timely access to behavioral health services. Cenpatico actively monitors and evaluates member access to behavioral health practitioners and providers against established appointment standards and initiates improvement activities as needed. Cenpatico supports the assessment of access to behavioral health practitioners and providers with analysis of member complaints. This report also provides an evaluation of Cenpatico's compliance with telephone access standards within this report. All access activities are measured on a monthly and quarterly basis, with formal assessment conducted annually. Cenpatico reports market specific performance against access standards to each of its health plan and state customers in comprehensive quarterly reports. Data reviewed here is provided in the aggregate for Cenpatico.

#### 2. Appointment Access Methodology

Definitions: Urgent: Within 24 hours Routine: Within 7 days Emergency: Within 6 hours

Population: The universe of credentialed practitioners and providers in each market served by Cenpatico as of December 31<sup>st</sup> of the previous measurement year.

Sampling: No sampling used in 2015. All contracted, credentialed and participating providers and practitioners were included in the review.

Inclusion criteria: All currently credentialed providers and practitioners

Exclusion criteria: NA



Denominator description: total number of surveyed practitioners and providers

Numerator description: total number of practitioners and providers in the denominator that meet appointment standards.

Data source: Current credentialing data is pulled from Cenpatico's provider management system, Vistar. Numerator data is collected by standardized survey. Cenpatico's appointment availability surveys request confirmation that the practitioner and/or provider can accommodate both new and existing members' appointment needs based on current practitioner/provider availability for routine and urgent appointment. The surveys request information on the practitioner/provider's process for accommodating non-life threatening emergency appointments with the options of seeing the member within six (6) hours of request or directing the member to the nearest emergency department, as is supported by Cenpatico's practitioner/provider contracts and the Cenpatico provider manual.

Measurement period: Annually, January 1st – December 31st.

Reporting frequency: Quarterly and Annually.

Validation: Source data is validated through front end system edits and cross checks with claims system edits. Cenpatico uses analysis of complaint data to validate survey findings.

Performance Goal: 90%

#### 3. Quantitative Analysis

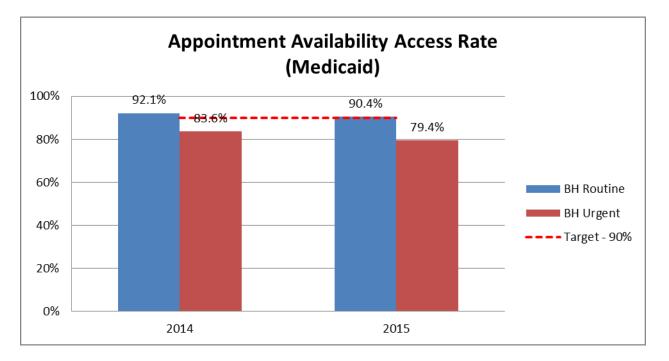
Many of Cenpatico's markets allow for more time to respond to urgent and routine appointment requests (48 hours for urgent and 14 days for routine). Cenpatico utilizes the standards reported above to ensure its network practitioners and facilities set the gold standard for access to behavioral health services.

#### 4. Quantitative Analysis

#### Appointment Access Rate

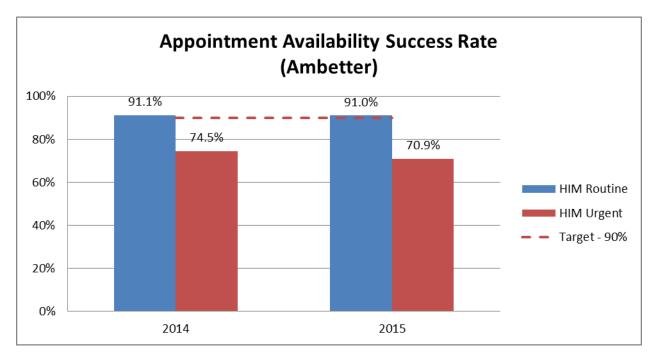
Review of documentation indicates providers did not meet the Cenpatico goal of 90% compliance with the Urgent Appointment Availability standard. As demonstrated in the review, performance is at a rate of 79.4% (3193/4019) compliance in 2015 and 83.6% (5612/6709) in 2014. Performance on the Routine Appointment Availability metric met the Cenpatico goal at 90.4% in 2015 as compared to 92.1% in 2014.





# Ambetter

Cenpatico's Ambetter Urgent Appointment Availability access rate decreased significantly (p<.0079) from 74.5% in 2014 (1811/2430) to 70.9% in 2015 (1686/2377). The Routine success rate maintained the same rate of 91% for 2014 and 2015.



Cenpatico providers demonstrated a statistically significant decrease (p<.0000) in performance on the urgent appointment standard from 2014 to 2015. Urgent



appointment availability remained below the 90% target and declined slightly from the 2014 rate of 83.6% to 79.4% in 2015. Routine appointment availability remained above the performance target of 90% at a rate of 90.4% for the 2015 reporting period. Provider compliance with the urgent availability standard is lower than that for the routine standard due to difference in timeframe of appointment availability, urgent appointments (48 hours) compared to routine appointments (10 calendar days).

Medicaid	2014	2015	Significant Change (Yes/No)
BH Urgent	83.6%	79.4%	Yes p<.0000
BH Routine	92.1%	90.4%	Yes p<003

Cenpatico providers demonstrated a statistically significant decrease (p<.007) in performance on the urgent appointment standard from 2014 to 2015. Urgent appointment availability remained below the 90% target and declined slightly from the 2014 rate of 74.5% to 70.9% in 2015, which demonstrates a statistically significant decrease compared to the 2014 rate. Performance on the routine indicator stayed above the performance target of 90% at a rate of 91.0% for the 2015 reporting period. Provider compliance with the urgent appointment availability standard is lower than that for the routine indicator due to provider's management of new patient rosters for new appointments due to membership increases in markets.

Ambetter	2014	2015	Significant Change (Yes/ No)
HIM Urgent	74.5%	70.9%	Yes P<.007
HIM Routine	91.1%	91.0%	No Change

## Complaints

Cenpatico defines a complaint as any expression of dissatisfaction, other than that regarding an action. An action is defined as any reduction, termination or denial of a requested service. Upon receipt of verbal or written complaints, Cenpatico assigns the complaint to an established category for tracking and trending.

Cenpatico utilizes member complaints pertaining to access to care to supplement ongoing assessment of appointment availability standards. Cenpatico is delegated member complaints in the Florida, Kansas, Missouri, Mississippi, Indiana, New Hampshire, Washington, Louisiana and Texas markets. Aggregate Cenpatico member complaints reported from 2014 to 2015 are provided in the table below.

The majority of Cenpatico's Medicaid member complaints are attributed to Access, with a total of 39 complaints (22%) in 2014 and 66 complaints (29%) in 2015. The Customer Service category was the third highest category in 2014 (50), but moved to the second highest complaint category for members in 2015 (56). The Quality of Service category ranks third highest with an increase of 9 complaints from 2014 (44) to 2015 (53).

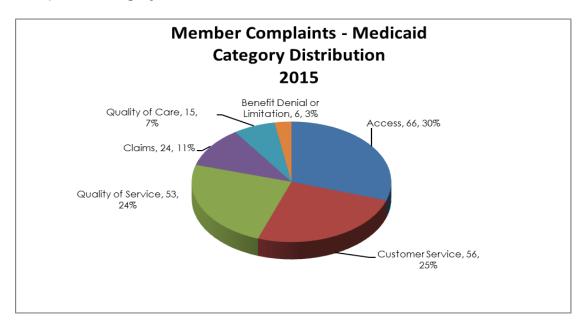


Medicaid	Comp	laints

Medicaid	2014	2015
Access	39/.014	66/.016
Attitude and Service	0	0
Billing and Financial Issues	0	0
Quality of Care	10/.003	15/.004
Benefit Denial or Limitation	9/.003	6/.001
Customer Service	50/.017	56/.014
Quality of Service	44/.015	53/.013
Quality of Practitioner Office Site	0	0
Claims	26/.009	24/.006
Plan Administration	1/.000	5/.001
UM	2/.001	3/.001
Rate per 1000	181/.063	228/.055

Review of access related complaints indicates a steady increase in complaints in this category with 30% of all 2015 complaints related to access issues. In 2015, Cenpatico maintained delegation for member complaints in nine markets. New delegation and expanded scope of services and service delivery areas in multiple markets also impacted the yearly member complaint volume. The majority of access related complaints for Cenpatico members related to member and family confusion in finding an available therapist or doctor in their surrounding area and requests for information relating to what services were available to Cenpatico members in new state Medicaid programs.

The following graph shows the distribution of Cenpatico member complaints by complaint category in 2015 for Medicaid.

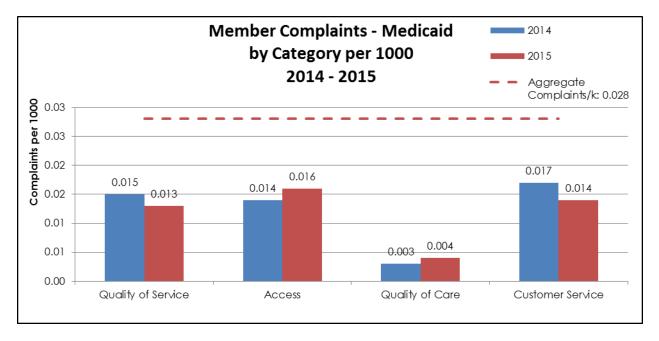




Cenpatico supported its Florida, Indiana, Kansas, Louisiana, Mississippi, Missouri, New Hampshire, Texas and Washington market health plans in the expansion of services for eligible members in new service areas and programs throughout 2015. As members became aware of available services, Cenpatico customer service representatives experienced an increase in inquiries related to finding in-network providers in new service areas and complaints related to customer service with both providers and Cenpatico.

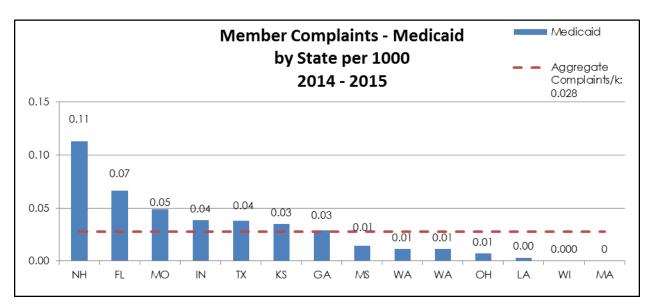
The following are the primary issues reported in 2015 related to the access, customer service, and quality of service:

- 1. Members were not able to locate an in-network practitioner or provider in the Cenpatico provider directory.
- 2. Members upset with the way their providers or Cenpatico staff treated them.



3. Members upset by the provider's office staff treatment during appointments.





## Ambetter Complaints

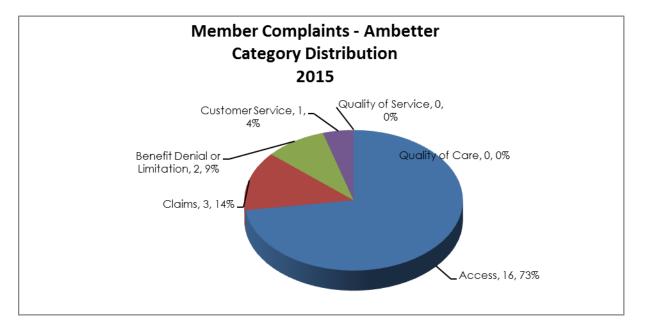
The majority of Cenpatico's Ambetter member complaints are attributed to Access with a total of 16 complaints (73%) in 2015 and 8 complaints in 2015. The Claims category is the second highest complaint category for members in 2014 (1) with an increase of 2 complaints in 2015 (3). The Benefit Denial or Limitation category ranks third priority in 2015 (2) with an increase of 1 complaint from 2014 (1).

Ambetter	2014	2015
Access	8/.127	16/.105
Attitude and Service	0	0
Billing and Financial Issues	0	0
Quality of Care	1/.016	0
Benefit Denial or Limitation	1/.016	2/.013
Customer Service	0	1/.007
Quality of Service	0	0
Quality of Practitioner Office Site	0	0
Claims	1/.016	3/.020
Plan Administration	0	1/.007
UM	0	0
Rate per 1000	11/.175	23/.151

Review of access related Ambetter complaints indicates an increase of 1.9% in Ambetter complaints in 2015. Please note that results should be interpreted with caution as the total volume of complaints for this population is low. Access issues accounted for 73% of all complaints. In 2015, Cenpatico maintained delegation for Ambetter member complaints in twelve markets. Increased membership related to service delivery areas expansion as well as expansion into new Ambetter markets



impacted the yearly member complaint volume. The majority of access related complaints for Cenpatico members related to member and family confusion in finding an available therapist or doctor in their surrounding area in new Ambetter markets.

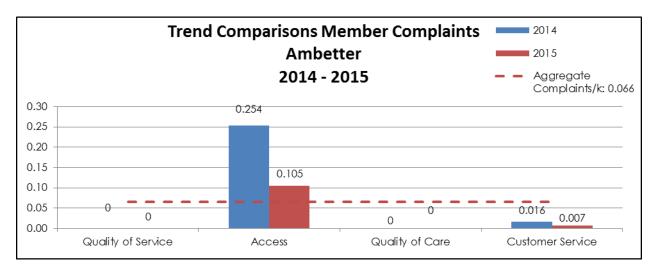


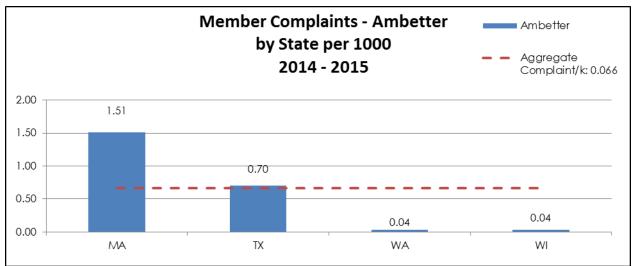
Cenpatico supported its, Arkansas, Florida, Georgia, Illinois, Indiana, Massachusetts, Mississippi, New Hampshire, Ohio, Texas, Washington and Wisconsin market health plans in the expansion of Ambetter services for eligible members in new service areas and programs throughout 2015. As members became aware of available services through Cenpatico Ambetter; Cenpatico's customer service representatives experienced an increase in inquiries related to finding in network Ambetter providers in new service areas as well as an increase in complaints related to customer service from their providers or Cenpatico.

The following are the primary issues reported in 2015 related to the access and customer service:

- 1. Members were not able to locate an in network practitioner or provider in the Cenpatico provider directory.
- 2. Members are upset with the way their providers or Cenpatico staff treat them.







#### Medicaid Barrier Analysis and Interventions

Root Cause/Barrier	Proposed Intervention	Selected	Date
Members not able to find a provider/ practitioner in Cenpatico's online directory	Established a work process with Provider Data Management (PDM) to develop a process to ensure accurate and timely updates to the online directory.	Yes	Initiated January 2016
New members not aware of how to find a practitioner/ provider in their area	Customer Service directs members to their Care Coordinators for assistance finding a provider and setting an appointment.	Yes	Ongoing



Root Cause/Barrier	Proposed Intervention	Selected	Date
Members not able to find an Ambetter provider/ practitioner in Cenpatico's online directory	Established a work process with Provider Data Management (PDM) to develop a process to ensure accurate and timely updates to the online directory.	Yes	Initiated January 2016
New members not aware of how to find an Ambetter practitioner/ provider in their area	Customer Service directs members to their Care Coordinators for assistance finding a provider and setting	Yes	Ongoing

#### **Ambetter Barrier Analysis and Interventions**

### 4. Conclusion

Cenpatico's network practitioners and providers met the performance target on routine appointment standards but fell below the urgent appointment standards of 90% across Cenpatico markets for both Medicaid and Ambetter. Cenpatico embeds the appointment requirements for providers and practitioners in its provider and practitioner contracts and provider manuals to ensure ease of access to behavioral health services. Cenpatico will continue to monitor complaint trends and input from the member and provider community in its assessment of these standards. Trends in compliance and areas of continued non-compliance with appointment standards are reported to the Cenpatico Credentialing Committee as part of the Quarterly Quality Monitoring report and used to inform the Cenpatico network management strategy. Cenpatico provides market specific performance to each of its health plans quarterly in standardized quality reports and reports annual Cenpatico performance to the Quality Improvement Committee at least annually.

Cenpatico is delegated member complaints for the Ambetter product in Arkansas, Florida, Georgia, Illinois, Indiana, Massachusetts, Mississippi, New Hampshire, Ohio, Texas, Washington and Wisconsin markets. For the Medicaid program, Cenpatico is delegated member complaints in Florida, Indiana, Kansas, Louisiana, Mississippi, Missouri, New Hampshire, Texas and Washington. The Access complaint category consistently remains in the top three complaint categories for Cenpatico members (although data should be interpreted with caution due to the low complaint volume). Cenpatico experienced an increase in member access complaints in 2015 as a result of service expansion into new service delivery areas throughout the year. Cenpatico identified root causes of the complaints that indicated members often did not know how to find a provider in their area. Cenpatico's customer service and clinical care management teams obtained updated, automated data through its CRM application to ensure timely and accurate referral of members to available providers. Cenpatico also initiated a provider directory reconciliation process that occurs weekly to ensure that the most current and accurate provider information is available to members in its provider directory.



#### 5. Assessment of Telephone Standards

Customer service queues are monitored against established performance metrics to ensure ease of access and to maintain high quality operations for Behavioral Health (BH) members. The established performance metrics are:

- Abandonment Rate: < 7%
- Average Speed of Answer: < 30 seconds
- Service Level: > 80%

#### Definitions:

Abandonment Rate: Total number of callers who hang up divided by the total number of calls received.

Average Speed of Answer: The average number of seconds to answer a call by a live person from the time a caller selects an automated option from the automated attendant.

Measurement period: Annually, January 1st – December 31st.

Reporting frequency: Data is collected monthly and quarterly, with a formal analysis annually.

#### 6. Quantitative Analysis

The chart below shows the total number of calls received by Cenpatico from 2014-2015.

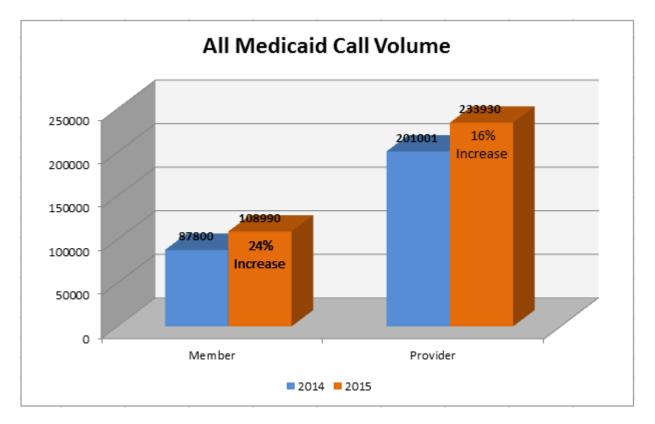


### Medicaid Call Volume Comparisons 2014-2015

Cenpatico received a total of 288,801 calls in 2014 as compared to 342,920 calls across its market customer service queues in 2015. The increase in Member call volume in 2015 as compared to 2014 levels was 24%. Call volume in the Provider queue increased by 16% over 2014.

The incremental volume increase of 19% in both Member and Provider queues is related to new markets, and expansion in existing markets.

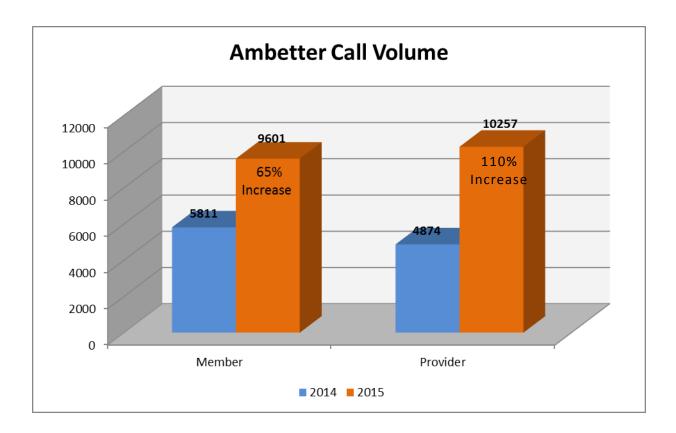
The chart below shows the total number of Ambetter calls received by Cenpatico from 2014-2015.





### Ambetter Call Volume Comparisons 2014-2015

Cenpatico received a total of 10,685 Ambetter calls in 2014 and an increase to 19,858 Ambetter calls across its market customer service queues in 2015. The aggregate call volume increased 65% over a one year period. The incremental volume increase of 86% in both Member and Provider queues is related to new markets, and expansion in existing markets.

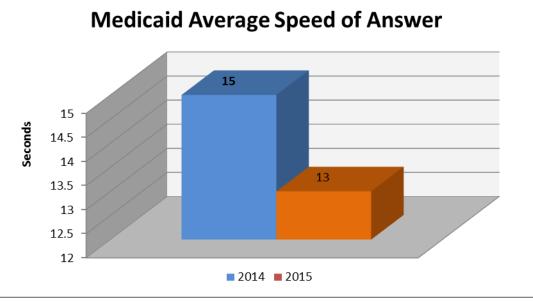




### Medicaid Average Speed of Answer Comparisons 2014-2015

Cenpatico sets a stringent threshold for performance on average speed of answer to ensure all callers receive response to their calls in a timely fashion. Despite the significant increase in call volume across Cenpatico's queues, Cenpatico exceeded its performance target for average speed of answer of < 30 seconds in both 2014 and 2015. Cenpatico improved performance on this metric by 13% in 2015.

The chart below shows the average speed of answer for Medicaid behavioral health calls received by Cenpatico from 2014-2015.

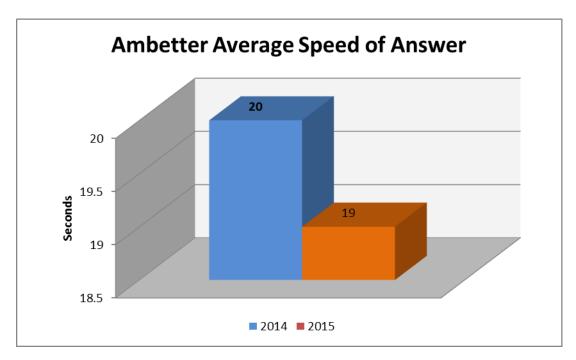




### Ambetter Average Speed of Answer Comparisons 2014-2015

The chart below shows the average speed of answer for Ambetter calls received by Cenpatico from 2014-2015.

Commensurate with ASA metric performance on its Medicaid queues, Cenpatico exceeded its performance target for Ambetter queues average speed of answer fin both 2014 and 2015.

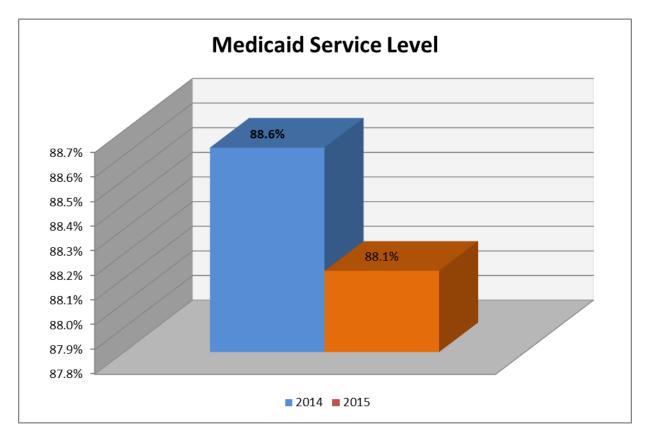




### Medicaid Service Level Comparisons 2014-2015

The chart below shows the Medicaid service level for calls received by Cenpatico from 2014-2015.

Cenpatico exceeded its performance target for the service level metric in both 2014 and 2015.

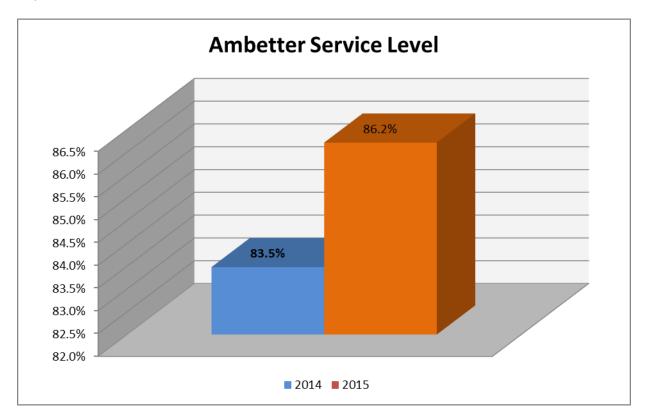




### Ambetter Service Level Comparisons 2014-2015

The chart below shows the service level for Ambetter calls received by Cenpatico from 2014-2015.

Consistent with Medicaid service level performance, Cenpatico exceeded its performance target for the Ambetter queues in both 2014 and 2015. Cenpatico's' performance on this metric decreased from 2014 to 2015 by 3%. This decrease is attributed to the 86% call volume increase in 2015 due to Ambetter market expansion.

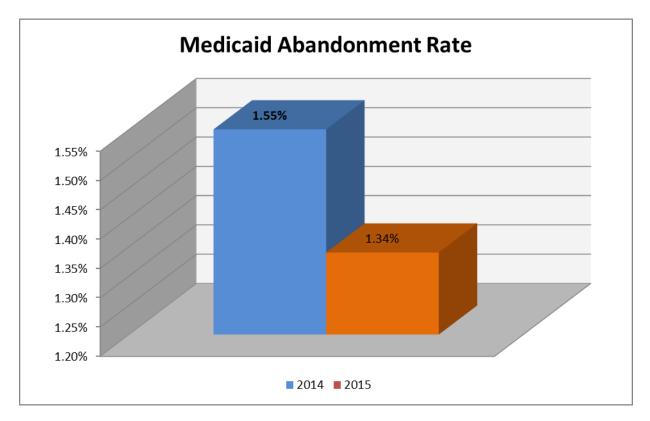




### Medicaid Abandonment Rate Comparisons 2014-2015

The chart below shows the abandonment rate calls received by Cenpatico from 2014-2015

Over 2014 and 2015, Cenpatico exceeded performance targets on the abandonment rate metric, with 2015 performance improved by 14% over 2014 rates.

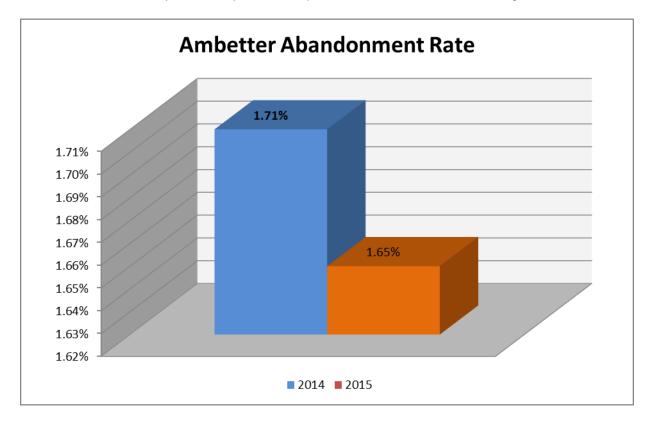




## Ambetter Abandonment Rate Comparisons 2014-2015

The chart below shows the abandonment rate Ambetter calls received by Cenpatico from 2014-2015.

Cenpatico sets a stringent threshold for performance on Ambetter abandonment rate to ensure all members receive the timeliest response available. Cenpatico exceeded its performance target for Ambetter abandonment rate of <7% in both 2014 and 2015. Cenpatico improved its performance on this metric by 4% in 2015.



## 7. Conclusion

Cenpatico continues to meet or surpass its performance targets related to appointment access and availability for behavioral health members. Additionally, Cenpatico's performance on the average speed of answer, abandonment rate and service level measures continues to demonstrate exemplary performance and indicates that members do not have to hold on calls to reach a live person and rarely abandon their call prior to reaching a customer service agent. Additional opportunities for improvement include utilizing predictive staffing models based on current call volume and handle time. Cenpatico has determined that by maintaining the current cross trained model, staff must be increased.

#### Patient Safety: Quality of Care (QOC) Concerns and Critical Incidents (CIs)

QOC concerns are typically identified by Cenpatico utilization managers, care coordinators and provider clinical management. QOC concerns include cases where



actual or the potential for member harm or neglect is evident, such as delayed treatment, inappropriate personal interactions, and unsafe patient environment. Cls are identified similarly but may or may not contain a QOC issue. Examples of Cls include suicide, homicide, serious injury, and sexual abuse. The investigation of a case can include a review of medical records, the provider's own internal investigation results, or any other relevant information from various sources. Upon review of the additional information, the Cenpatico Medical Director applies a severity level that categorizes cases by those that are immediately actionable and those that will be tracked for additional incidents.

### **QOC Level Definitions**

Level 1	No confirmed Quality of Care issue
Level 2	Confirmed Quality of Care issue with no evidence of adverse affect
Level 3	Confirmed Quality of Care issue with the potential for adverse effect
Level 4	Confirmed Quality of Care issue with adverse effect

### 2015 Quality Monitoring Data

Level	QOCs	QOCs with CAPs	Critical Incidents
0	<u>0</u>	No Level 0 require CAPs	1 (this level started Dec'15)
1&2	<u>35</u>	No level 1&2 CAPs required.	56
	Rate =35/53=66.0 %	QOC/CI exceeds threshold = 5 facilities	Rate=56/101=55.4%
3	<u>15</u>	<u>8 CAPs</u> : CAPs monitored by Quality and Peer Review Committee. Closed as appropriate.	30, 7 CAPs
	Rate= 15/53=28.3%	CAP Rate=8/15=53.3%	Rate= 30/101=29.7% CAP Rate=7/30=23.3%
4	<u>3</u>	<u>2 CAPs:</u> CAPs monitored by Quality and Peer Review Committee. Closed as appropriate.	14, 5 CAPs
	Rate =3/53=5.7%	CAP Rate=2/3=66.7%	Rate=14/101=13.9% CAP Rate 5/14=35.7%
Total	53	10	101



Level	QOCs	QOCs with CAPS	Critical Incidents
1&2	108, 5 exceeded threshold	No level 1&2 CAPs required.	18, 0 exceeded threshold
	Rate =108/140=77.1%		
3	23	<u>16 CAPs</u> : CAPs monitored by Quality and Peer Review Committee. Closed as appropriate.	4, 0 CAPs
	Rate= 23/140=16.4%	CAP Rate=16/23= 70%	CAP Rate=0/4=0%
4	2	9 CAPs: CAPs monitored by Quality and Peer Review Committee. Closed as appropriate.	2, 2 CAPs
	Rate =9/140=6.5%	CAP Rate=9/9=100%	CAP Rate =2/2=100%
Total	140	25	24

### 2014 Quality Monitoring Data

QOC concerns at Levels 1 and 2 are placed on the Quality Monitoring Report when a provider reaches 5 or more in a month; Levels 3 and 4 are all entered into the report, as are all critical incidents. The Cenpatico CC determines if a provider or practitioner requires a corrective action plan (CAP) and, if so, the process is implemented per Cenpatico's CAP policies and procedures.

Cenpatico's Quality department conducts interim monitoring of all practitioner/provider CAPs and provides technical assistance to providers/practitioners to assist with improved compliance with Cenpatico's safety standards. Ongoing monitoring of provider quality monitors is reported monthly to the Cenpatico Credentialing and Peer Review Committees. After a sharp increase in quality of care concern and potential critical incident reports in 2014, largely due to a wide expansion of markets and product offering implemented that measurement year, 2015 volume appears to continue to follow an increase in the reports of these incidents, with a total of 256 potential cases opened this reporting period. At the time of this reporting, 74 potential concerns are still pending resolution due to ongoing CAP activities required before close out.

Appropriate use of polypharmacy was identified as beginning a negative trend in potential QOC concerns in 2015. As such, Cenpatico expanded its pharmacy medication utilization review (PMUR) program to each market it serves to provide behavioral health quality review and technical assistance to providers and practitioners to ensure appropriate, quality services are provided to members. Cenpatico will continue this activity in 2016.



### Member Satisfaction

Analyses of member satisfaction information helps Cenpatico identify aspects of performance that do not meet member expectations and initiate actions to improve performance. Cenpatico monitors multiple aspects of member satisfaction, including:

- Member complaints
- Member appeals
- Member satisfaction surveys

This report describes the monitoring methodology, results and analysis for each satisfaction data source, and actions initiated to improve member satisfaction. Data is provided for calendar year 2015 and compared to previous annual performance rates.

### Member Complaints and Appeals

Cenpatico defines a complaint as any expression of dissatisfaction, other than that regarding an action. An action is defined as any reduction, termination or denial of a service. Upon receipt of verbal or written complaints, Cenpatico assigns the complaint to an established category for tracking and trending.

Cenpatico is not delegated Member complaints in all markets. The following markets delegate processing of member behavioral health complaints: Florida, Kansas, Missouri, Mississippi, New Hampshire, Indiana, Washington, and Texas. Membership data for rate per thousand calculations is based on the universe of covered Members in each Cenpatico market.

The Cenpatico Quality Improvement (QI) and Credentialing Committees monitor complaint data on a quarterly and annual basis. The Credentialing Committee reviews trends in Member complaint data by Practitioner and Provider type, against Cenpatico's established quality monitoring threshold (< 1 per thousand Members) as part of its ongoing quality monitoring activities. Trends in Member complaints, including complaints against Providers, are reported into the Quality Improvement Committee (QIC) at least annually in evaluation of Member satisfaction and as part of the Cenpatico annual QI Program Evaluation. Complaints are categorized according to state specific regulations and NCQA standards to aid in the identification of issues and trends across the Cenpatico's service area.

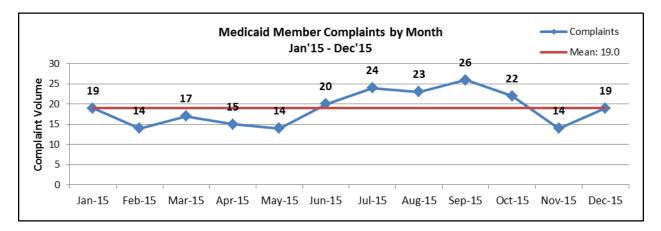
This document summarizes the 2015 analysis of member satisfaction. Comparison is provided against 2014 annual rates to assess for trends and shifts in performance.

Cenpatico has set an internal standard that all Medicaid Member complaints are acknowledged within 5 business days and resolved within 30 calendar days. Two markets have more stringent requirements for Medicaid Member complaints. Indiana requires acknowledgement within 3 business days and resolution within 20 calendar days. Washington State requires acknowledgement within 2 business days and resolution within 30 calendar days.

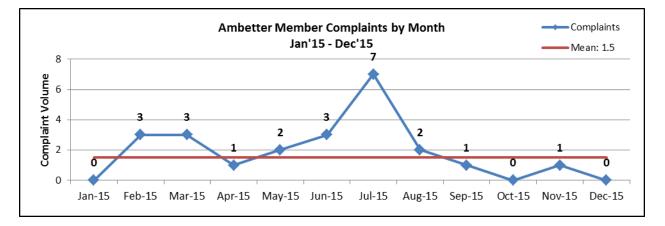


### Member Complaints

In 2015, Cenpatico processed 227 complaints which increased from 192 in 2014. This increase is attributed to increasing membership and additional markets delegating member complaints to Cenpatico. Cenpatico saw a clear trend of a "Complaint Season" for Medicaid complaints with complaints in June through October, 2015, above the historical mean.



In 2015, Cenpatico saw a clear trend of two "Complaint Seasons" for Ambetter complaints. The first "Season" is February and March which corresponds with Ambetter enrollment. The second "Season" was June through August corresponding with when school is out during the summer. Cenpatico processed 23 Ambetter member complaints during this, our second year serving Ambetter membership.



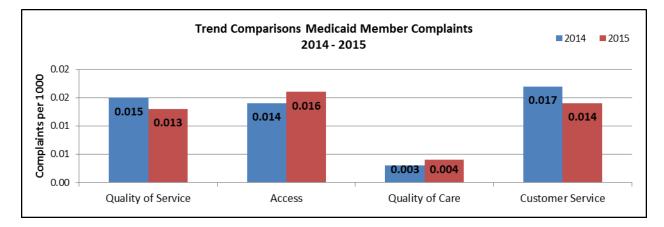
# Complaint Categories

In 2015, the Access category of Medicaid complaints was Cenpatico's most used category, followed by the Customer Service category. In 2014, the Customer Service category took the lead, followed by the Quality of Service category. Over all, Cenpatico had a 20.6% increase in Medicaid complaint volume. However, due to increased membership, this volume increase correlated to a 14.5% decrease in Medicaid complaints per 1000.



The table below shows the distribution of Cenpatico delegated Medicaid Member complaints by complaint category for 2014 and 2015.

Medicaid Complaint Categories	2014	2015
Access	39/.014	66/.016
Attitude and Service	0	0
Billing and Financial Issues	0	0
Quality of Care	10/.003	15/.004
Benefit Denial or Limitation	9/.003	6/.001
Customer Service	50/.017	56/.014
Quality of Service	44/.015	53/.013
Quality of Practitioner Office Site	0	0
Claims	26/.009	24/.006
Plan Administration	1/.000	5/.001
UM	2/.001	3/.001
Rate per 1000	181/.063	228/.055

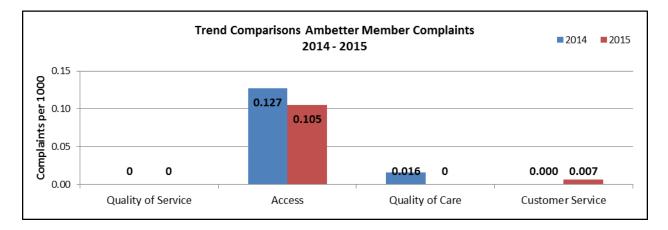


In both 2014 and 2015, the Access category for Ambetter complaints was Cenpatico's most used category. Overall, there was a 52.2% increase in Ambetter complaints volume. However, due to increases in membership across Ambetter markets, there was a 15.9% decrease in complaints per 1000.



The table below shows the distribution of Cenpatico delegated Ambetter Member complaints by complaint category for 2014 and 2015.

Ambetter Complaint Categories	2014	2015
Access	8/.127	16/.105
Attitude and Service	0	0
Billing and Financial Issues	0	0
Quality of Care	1/.016	0
Benefit Denial or Limitation	1/.016	2/.013
Customer Service	0	1/.007
Quality of Service	0	0
Quality of Practitioner Office Site	0	0
Claims	1/.016	3/.020
Plan Administration	0	1/.007
UM	0	0
Rate per 1000	11/.175	23/.151

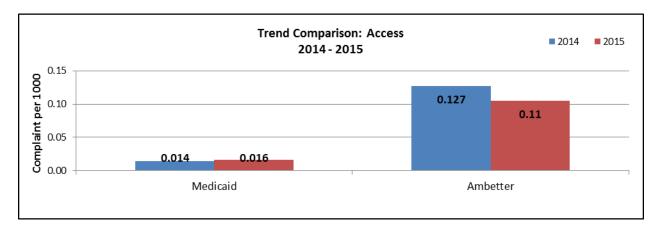


#### <u>Access</u>

This category captures complaints pertaining to Members' perception of their ability to arrange services in a manner that is consistent with the Member's needs.

The chart below shows a slight increase in the Medicaid 'Access' rate from 2014 to 2015 of 12.5%. The increase was not statistically significant. For Ambetter, 2015 indicates a decrease in Ambetter 'Access' rate, when compared to 2014. The decrease was not statistically significant. The improved rate is attributed to the Ambetter membership familiarity with their product offerings.

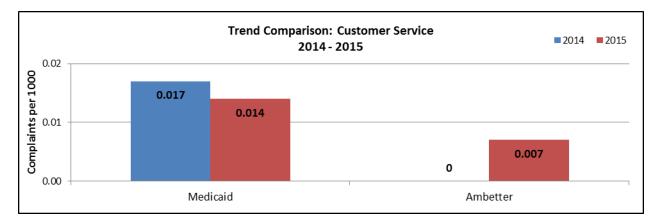




### Customer Service

The category captures complaints pertaining to members' perception of the overall communication they receive from a Cenpatico Provider or Practitioner.

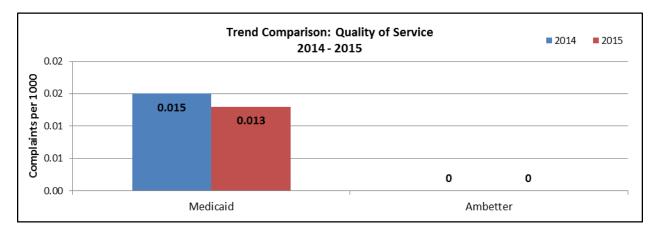
The chart below shows a decrease in the Medicaid 'Customer Service' rate from 2014 to 2015 of 21.4%. This decrease was not statistically significant. The improved rate is attributed to increase staffing and ongoing training. For Ambetter members, 2015 indicates an increase in Ambetter 'Customer Service' rate, when compared to 2014. The increase was not statistically significant.



## Quality of Service

This category captures Members' perception of the overall service they received by a Cenpatico Provider or Practitioner. The chart below shows a slight decrease in the Medicaid 'Quality of Service' rate from 2014 to 2015 of 13.3%. The decrease was not statistically significant. There was no change in Ambetter 'Quality of Service' rates from 2014 to 2015.





## Member Appeals

Cenpatico defines an Appeal as a request for reconsideration of an action. Appeals are received directly from members, or on their behalf by a designee, and do not include any provider/practitioner requested appeals related to denial of claims payment. An action is defined as any reduction, termination or denial of requested services. The Cenpatico Utilization Management (UM) Committee monitors appeals data on at least an annual basis, and more often as indicated by trends in member satisfaction and complaints. This report summarizes the results and analysis of member appeals for 2015, and provides comparison against 2014 annual rates to assess for trends and shifts in performance.

Cenpatico applies a variety of medical necessity criteria to all service authorization requests for new and continued services depending on market and level of care; in which InterQual Behavioral Health Criteria is the most commonly used. Cenpatico relies on clinical information, including treatment plan progress, to determine medical necessity for service authorization requests. Below is Appeals data for Medicaid, and Ambetter. A drill down analysis was conducted of the 2014 & 2015 member appeals data to evaluate appeal category and the level of care.

#### Medicaid Member Appeals

Reviewing Medicaid member appeals received based on benefit of services, administrative, and medical necessity, a total of, 2,388(1,205 standard + 1,183 expedited) appeals were received in 2014, and 3,109(1,585 standard + 1,524 expedited) in 2015. Of these appeals, 85% (2,028/2,388) were upheld in 2014 and 81% (2,513/3,109) were upheld in 2015, based on reconsideration review. Comparative data also shows that 14.6% (348/2,388) of appeals were overturned after reconsideration in 2014 as well as 15% (460/3,109) in 2015. Of the appeals related to lack of medical necessity, information shows that expedited appeals accounted for 50% (1,183/2,388) of overall appeal volume during 2014; compared to 49% (1,524/3,109) for 2015. Expedited appeals are typically initiated while the member is inpatient by the treating practitioner, necessitating an expedited review. The partial overturn rate for Medicaid appeals was 0.58% (14/2,388) in 2014 and 2.4% (74/3,109) in 2015 which demonstrates a statistically significant increase (p>.0000). A partial overturn is defined as an appeal in which the



disposition is to partially approve the original request for service, based on reconsideration, while part of the request remains denied.

The highest volume appeal category pertained to service request denials related to lack of demonstrated medical necessity. In 2014, MNC appeals accounted for 95% of all Cenpatico member appeals, compared to 97% for 2015. It should be noted that the total appeals in the not medically necessary category increased from 2014 to 2015 by 33% for Medicaid services.

The second highest volume appeal category within the Medicaid product was appeals of administrative denials (NCQA category: Access). Data shows a 29.5% percent decrease from 2014 to 2015 for Medicaid for appeals based on service requests denied for Administrative reasons. The most common administrative denial reason of a service authorization request is failure to obtain prior authorization. The number of appeals received based on administrative denials was significantly lower than those related to Quality of Care/MNC in each year. There were 10 appeals in the Benefit category (NCQA category Billing and Financial) in 2014 & 2015 for Medicaid services.

Appeal Category	2014		2015	
	#	Per 1000	#	Per 1000
Billing & Financial (Cenpatico Category:				
Benefit)	10	.003	10	.002
Access (Cenpatico Category: Administrative)	115	.040	81	.019
Quality of Care (Cenpatico Category: Not				
medically necessary )	2,263	.783	3,018	.730
Total	2,388	.826	3,109	.751

\*Note: Medicaid population increased from 34,637,915 (2014) to 49,580,553 (2015)

A drill down analysis was conducted of the 2014 and 2015 appeals to evaluate the level of care appealed. For Medicaid, the inpatient level of care recorded the highest volume in both 2014 and 2015 at 74% (1,772) and 78% (2,425), demonstrating a statistically significant increase (p<.0043). Other levels of care saw consistent data or a decreased rate relative to overall appeals volume.

Cenpatico saw a continuous increase in its membership from 2014 to 2015 as due to multiple current market expansions into new service areas and the onset of services in new, unmanaged markets. The majority of Cenpatico appeals were attributed to the Texas market since the Texas market has the highest covered lives of any Cenpatico customer.

The Cenpatico clinical leadership team reviews these trends in denial and appeals data and compares these trends to ongoing clinical management activities, including the evaluation of consistent application of Cenpatico's medical necessity criteria, to ensure consistent application of necessity criteria and to ensure access to medically necessary, covered services for all members.



Medicaid Level of Care	2014 Appeals	2014 Rate	2015 Appeals	2015 Rate
Inpatient	1,772	74%	2,425	78%
CBS (Community Services)	172	7.2%	250	8%
PHP, RTC or IOP	304	1.4%	348	11%
Psychological Testing	101	8%	59	1.8%
Injectable	14	4.2%	13	0.42%
Outpatient	24	1%	12	0.38%
ECT	0	0%	2	0.06%
OBS	1	0.04%	0	0%

### Ambetter (HIM) Member Appeals

Reviewing member appeals received based on benefit of services, administrative, and medical necessity, a total of, 81 (63 standard + 18 expedited) appeals were reported in 2014, and 45 (29 standard + 16 expedited) in 2015. Of these appeals, 88% (72/81) were upheld in 2014, compared to 56% (25/45) in 2015 based on reconsideration review, demonstrating a statistically significant decrease (p<.0005) in 2015. Comparative data also shows that 6.1% (5/81) were overturned after reconsideration in 2014, compared to 31.1% (14/45) for 2015 demonstrating a statistically significant increase (p>.0003). Of the appeals related to lack of medical necessity, information shows that expedited appeals accounted for 22.2% (18/81) of overall appeal volume during 2014; compared to 36% (16/45) for 2015. Expedited appeals are typically initiated while the member is inpatient by the treating practitioner, necessitating an expedited review. The partial overturned total for Ambetter member appeals was 4.9% (4/81) in 2014 and 2.2% (1/45) in 2015. A partial overturn is defined as an appeal in which the disposition is to partially approve the original request for service, based on reconsideration, while part of the request remains denied. Also, it is noted that the 2014 per 1000 rate is high due to low Ambetter population, and high percentage of appeals.

The highest volume appeal category pertained to service request denials related to lack of medical necessity. Not Medically Necessary accounted for 83% (67/81) of appeals in 2014 and 93% (42/45) in 2015 for all Ambetter member appeals. It should be noted that the total appeals in the not medically necessary category decreased from 2014 to 2015 by 37% for Ambetter services. The second highest volume appeal category for Ambetter for 2015 was appeals of administrative denials (NCQA category: Access) accounting for 16% of total Ambetter appeals in 2014, and 6.6% for 2015.

Data shows a 44% percent decrease from 2014 to 2015 for Ambetter appeals based on service requests denied for Administrative reasons. The most common administrative denial reason of a service authorization request is failure to obtain prior authorization. The number of appeals received based on administrative denials was significantly lower than those related to Quality of Care/MNC in each year. There were 0 appeals in the Benefit category (NCQA category Billing and Financial) for 2015, a decrease from 2014 (100% decrease, 1 to 0). Cenpatico saw a drastic decrease of Ambetter appeals, 81 (2014) to 45 (2015) due to many markets obtaining education and understanding the



business processing of Ambetter appeals from the previous year as well as the general establishment of Ambetter as a program for Cenpatico.

Appeal Category	2014		2015	
	#	Per 1000	#	Per 1000
Billing & Financial (Cenpatico Category:				
Benefit)	1	.016	0	0
Access (Cenpatico Category: Administrative)	13	.206	3	.019
Quality of Care (Cenpatico Category: Not				
medically necessary )	67	1.063	42	.275
Total	81	1.285	45	.294

\*Note: Ambetter population increased from 755,960 (2014) to 1,829,600 (2015)

A drill down analysis was conducted of the 2014 and 2015 Ambetter (HIM) appeals to evaluate the level of care appealed. Despite the decrease in appeals volume, the level of care breakdown remained relatively consistent, with the inpatient level of care continuing to be the largest appeal level of care category. Inpatient level of care recorded the highest volume for both 2014 (91%) and 2015 (80%). Psychological testing was the second largest appeal category in 2015, although only three (3) appeals were received for this service level.

Ambetter Level of Care	2014 Appeals	2014 Rate	2015 Appeals	2015 Rate
Inpatient	74	91%	36	80%
CBS (Community Services)	0	0%	0	0%
PHP, RTC or IOP	5	6.1%	6	13%
Psychological Testing	2	2.4%	3	6.6%
Injectable	0	0%	0	0%
Outpatient	0	0%	0	0%
ECT	0	0%	0	0%

## Member Experience Surveys

The Cenpatico Member Experience Survey is conducted by The Myers Group (TMG), an external survey vendor. TMG was selected by Cenpatico to conduct its Behavioral Health Member Satisfaction Surveys for 2009 through 2013, using the Experience of Care and Health Outcomes Survey (ECHO<sup>™</sup>). In 2014 Cenpatico introduced new survey tools for adult and child members. The two distinct surveys were administered based on the Substance Abuse and Mental Health Services Administration's (SAMSHA) Mental Health Statistics Improvement Program (MHSIP) consumer survey for adults; and The Youth Services Survey for Families (YSS-F). The surveys solicit independent feedback from Cenpatico enrollees, both adult members and families of youth. The surveys measure consumers' perceptions of behavioral health services in relation to the following domains:

• General Satisfaction



- Access to Services
- Service Quality/Appropriateness
- Participation in Treatment Planning
- Outcomes
- Cultural Sensitivity
- Social Connectedness
- Improved Functioning

The survey was developed with the unique needs of the population of behavioral healthcare consumers in mind. Cenpatico measures Member satisfaction annually to identify those processes that the Member feels are of concern, and to target areas of opportunity to improve satisfaction. The internal goal for satisfaction rates is 80%.

The survey utilized a two-wave mailing process followed by telephone outreach conducted in August through November of 2015. Surveys were distributed in both English and Spanish. The survey utilized for the member experience was composed of 7 domain areas. Each domain is designed to elicit responses pertaining to the member's satisfaction that contains between two to nine questions per domain. The survey consisted of 36 questions in the Adult survey, and 25 questions for the Child survey. Prior to distribution, the survey and cover letter were approved by the states in which our health plan partners are located.

Using a 2-wave mail with phone survey methodology, TMG collected 844 responses from the sample of members who participated in Cenpatico's Behavioral Health services in the last 6 months.

### Test for Statistical Significance

Statistical significance is determined using the difference of proportions test which compares the yearly rates for each measure and the sample size. A Chi-square test and Independent Z-Test for Percentages (un-pooled proportions) were also used to test for statistically significant differences between response rate and summary rate scores.

### Score Calculation

Survey results are presented in the form of Summary Rate Scores (SRS) for most of the survey. SRS are derived from the sum of the rates of the two most favorable response options for a question. For example, if the response options to a question about customer service were Very good, Good, Average, Poor, and Very poor, then the response rates for the most favorable options, Very good and Good, would be added. The SRS is calculated as a proportion of this sum of favorable responses to the total number of responses:



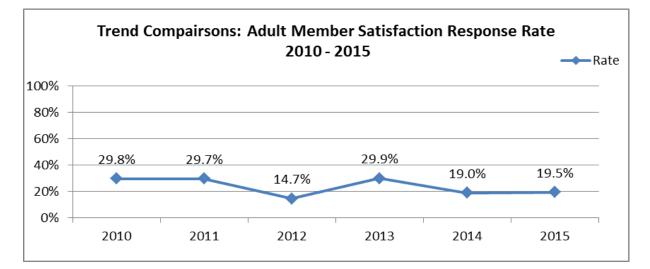
## Very good + Good Very good + Good + Average + Poor + Very poor

## MHSIP ADULT

## Adult Survey Analysis

## Response Rate

The run chart below displays adult member survey response rates from 2010-2015. The response rate increased from 29.9% in 2013 to 19.5% for 2015. This was a statistically significant change (p<.0000). The data indicates the response rate slightly increased from 2014 (19.0%) to 2015 (19.5%) showing 2.6% percentage increase.



For 2015, the sample size was 27% higher (4150) compared to (3267) 2014. This led to the increased total in responses for 2015 of 809 by 30% compared to 621 responses in 2014, which is illustrated in the chart below.

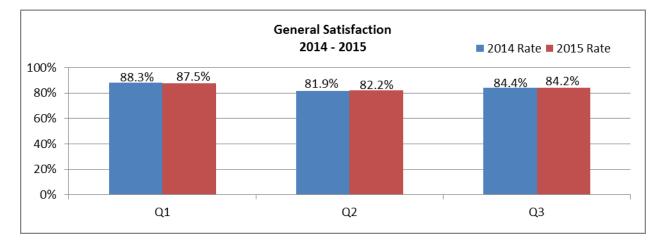
	2014		2015		
	Sample/		Sample/		
	Responses	2014 Rate	Responses	2015 Rate	
Adult	3267/621	19.0%	4150/809	19.5%	

## General Satisfaction

The survey asked respondents whether they liked the services they received with Cenpatico, whether they would still get services from Cenpatico if they had other choices, and whether they would recommend Cenpatico to a friend or family member. Review of Adult Member satisfaction composite scores indicates that overall, all composites continue to show positive satisfaction. Cenpatico saw a slight decrease in two out of the three composite areas as described below. Statistical significance is calculated at 95% confidence level for data changes from 2014 through 2015. Question

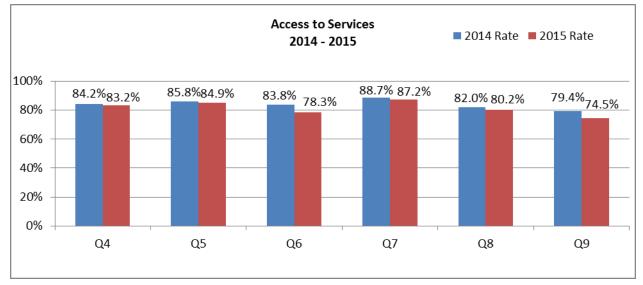


2 increased from 2014 (81.9%) to (82.2%) in 2015. However, no statistically significant change was identified for this indicator.



Access to Services

Respondents were asked six questions listed in the chart below regarding Access to Services. For 2015, the two leading indicators for this composite are Q5 (Staff were willing to see me as often as I felt was necessary) (84.9%) and Q7 (Service were available at times that were good for me) (87.2%). The summary score rate Q6 (Staff returned my call in 24 hours) decreased from 2014 (83.8%) to 2015 (78.3%) with a 6.6% change. The decrease was statistically significant (p<.0188). The decrease in member satisfaction related to Access correlates to the increase in member complaints related to access reported in 2015. The largest sub-group of complaints associated with Access to Services was dissatisfaction around not being able to find a provider on the provider directory website.



The bar chart below shows all the six line items under the 'Access to Services'

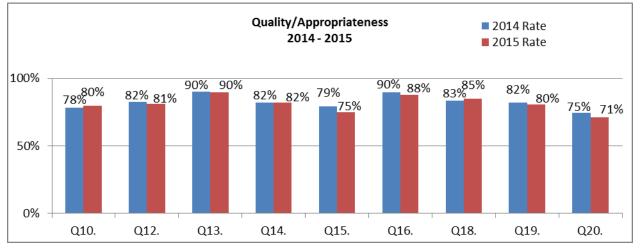


## Quality/Appropriateness

Of the nine line items listed below, the top score that drove this domain was Q13 (I was given information about my rights) at (89.9%) for 2014 and (89.7%) in 2015. No statistically significant change was identified with this indicator. Seven of the composites listed decreased in satisfaction, with results yielded in both 2014 and 2015 below a 75% satisfaction rate (74.6% and 71.1%, respectively). Analysis of this data indicates areas for improvement related to providing members information related to treatment options, side effects of medication treatment plans, and identification of natural community resources to support recovery.

Domain/ Line Items	2014 Rate	2015 Rate				
Quality/Appropriateness						
Q10. Staff here believes that I can grow, change and recover.	78.00%	79.60%				
Q12. I felt free to complain.	82.30%	81.00%				
Q13. I was given information about my rights.	89.90%	89.70%				
Q14. Staff encouraged me to take responsibility for how I live my life.	82.20%	81.90%				
Q15. Staff told me what side effects to watch out for.	79.40%	74.80%				
Q16. Staff respected my wishes about who is and who is not to be						
given information about my treatment.	89.50%	87.70%				
Q18. Staff was sensitive to my cultural background (race, religion,						
language, etc.).	83.40%	85.00%				
Q19. Staff helped me obtain the information I needed so that I could						
take charge of managing my illness.	81.80%	80.40%				
Q20. I was encouraged to use consumer-run programs (support						
groups, drop-in centers, crisis phone line, etc.).	74.60%	71.10%				

The chart below compares the nine line items under '*Quality/Appropriateness'* from 2014 to 2015.

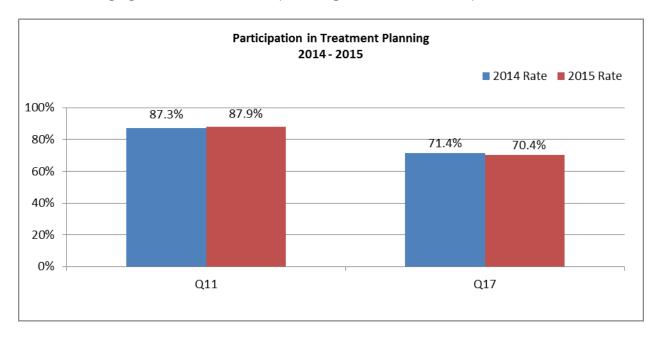


## Participation in Treatment Planning

The respondents were asked if they felt comfortable asking questions about their treatment and medication and if they (not staff) decided their treatment goals Q11 (I



felt comfortable asking questions about my treatment and medication). 2015 satisfaction rates are slightly higher for this line item in 2015 (87.9%) as compared to a rate of 87.3% in 2014. This attribute has consistently met Cenpatico's internal performance goal of 80%. The summary rate score Q17 (I, not staff, decided my treatment goals) decreased from 71.4% in 2014 to 70.4% in 2015 with a 1.4% change. However, no statistically significant change was identified for this indicator. As Q17 (I, not staff, decided my treatment goals) is seen as a leading indicator related to the quality and effectiveness of clinical treatment planning, Cenpatico identified this area (member engagement in treatment planning) as an area for improvement in 2016.



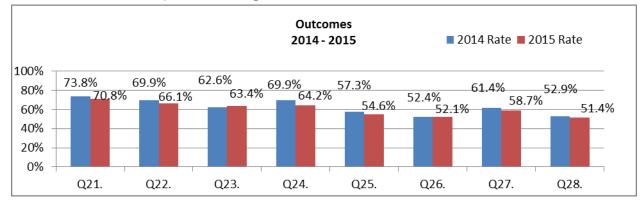
## <u>Outcomes</u>

The table below presents the line items under the Outcomes domain. This domain has one line item that yields higher satisfaction rates than the other line items comprising this domain. Q21 (As a direct result of services I received: I deal more effectively with daily problems) indicates that 70% of respondents feel that services assisted them in better management of daily problems. However, the results from 2014-2015 (73.80% and 70.80%, respectively) decreased in satisfaction this survey administration period. Only one line item Q24 (As a direct result of services I received: I am getting along better with my family) demonstrated a statistically significant decline, with little to no change in member perception of treatment outcomes from 2014 to 2015. Review of outcomes responses assessed with lower satisfaction rates related to member involvement in treatment planning indicate that there may be a relationship between member engagement in management of their care and their perception of treatment outcomes.



	2014	2015	Statistically significant
Line Item	Rate	Rate	difference
Q21. As a direct result of services I received: I			No statistically significant
deal more effectively with daily problems.	73.80%	70.80%	difference
Q22. As a direct result of services I received: I			No statistically significant
am better able to control my life.	69.90%	66.10%	difference
Q23. As a direct result of services I received: I			No statistically significant
am better able to deal with crisis.	62.60%	63.40%	difference
Q24. As a direct result of services I received: I			Stat. Significantly
am getting along better with my family.	69.90%	64.20%	difference (p<. 0.041)
Q25. As a direct result of services I received: I do			No statistically significant
better in a social situation.	57.30%	54.60%	difference
Q26. As a direct result of services I received: I do			No statistically significant
better in school and/or work.	52.40%	52.10%	difference
Q27. As a direct result of services I received: My			No statistically significant
housing situation has improved.	61.40%	58.70%	difference
Q28. As a direct result of services I received: My			No statistically significant
symptoms are not bothering me as much.	52.90%	51.40%	difference

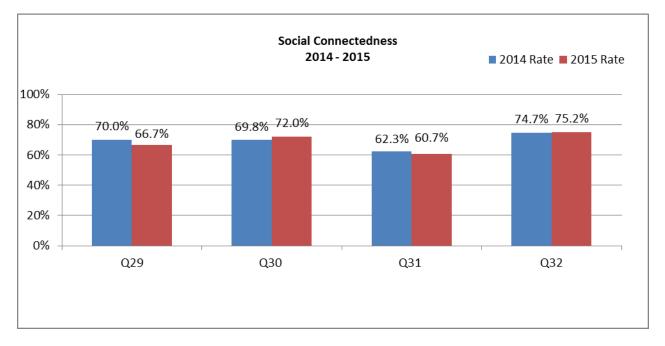
The chart below compared the eight 'Outcomes'



## Social Connectedness

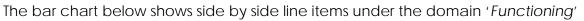
Survey question Q32 (As a direct result of services I received: In a crisis, I would have the support I need from family and friends) drove this section reporting at 74.7% in 2014 and 75.2% in 2015. Q31 (As a direct result of services I received: I feel I belong in my community) reported the lowest response rate at 62.3% in 2014 and 60.7% in 2015 with a 2.6% rate of change. Q30 (As a direct result of services I received: I have people with whom I can do enjoyable things) showed improvement with a rate of 69.8% in 2014 and a rate of 72.0% in 2015 with a rate of change increase of 3.2%. Overall, Cenpatico saw some improvement in satisfaction in Q30 (As a direct result of services I received: I have people with whom I can do enjoyable things) & Q32 (As a direct result of services I received: I have people with whom I can do enjoyable things). There was not a statistically significant change.

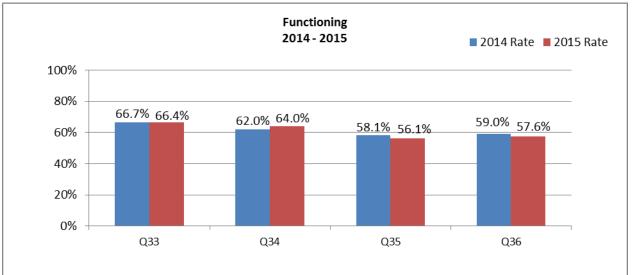




## Functioning

Survey question Q34 (As a direct result of services I received, I am better able to take care of my needs) reported a satisfaction increase with 3.2% change from 2014 (62.0%) to 2015 (64.0%). Q35 (As a direct result of service I received: I am better able to handle things when they go wrong) yielded the lowest score (58.1%) in 2014 and (56.1%) in 2015. The summary score showed a rate of change of 3.4%. There was not a statistically significant change identified for this indicator.







## Adult Special Needs and Cultural Competency

Members' perception of Provider acknowledgement of and respect for cultural differences and special/physical needs is vital to ensuring satisfaction with Cenpatico services. In the domain *Quality/Appropriateness*' (Q18: Staff was sensitive to my cultural background), Members are asked about the providers 'sensitivity/ consideration to cultural competency' needs. The summary score rate increased from 2014 (83.4%) to 2015 (85.0%) with a 1.9% change. The increase was not a statistically significant change.

	Line Item	2014 Rate	2015 Rate
Q18.	Staff was sensitive to my cultural background (race, religion, language, etc.).	83.4%	85.0%

### **Opportunity Analysis**

Due to efforts Cenpatico has made to increase the Adult Member satisfaction survey response rate, as outlined as an area of improvement in 2014 survey results, Cenpatico executed multiple quality control reviews on member contact information. This led to the Cenpatico 2015 sample size that increased by 27% from 2014 (3267) to 2015 (4150), as well as an increase (30%) in responses from 2014 (621) to 2015 (809). However, efforts made to improve the integrity of member contact information only improved the response rate by 2.6% from 2014 (19.0%) to 2015 (19.5%). Continued efforts should be made to improve the response rate.

Satisfaction with the Access to Services and Outcomes has been identified as the primary areas for improvement. Access to Services reports a decrease in all composite questions listed for this section, the lowest being (Q6) that statistically significantly (P<.0188) decreased by 6.6%. Satisfaction with outcomes is assumed to directly correlate to member engagement in treatment planning and access to services outlined in their treatment plans. Member understanding of targeted treatment outcomes is a priority for Cenpatico in 2016.

### **Child Survey Analysis**

Cenpatico used the Youth Services Survey for Families (YSS-F) for 2015. The YSS-F survey measures child member satisfaction using seven domains:

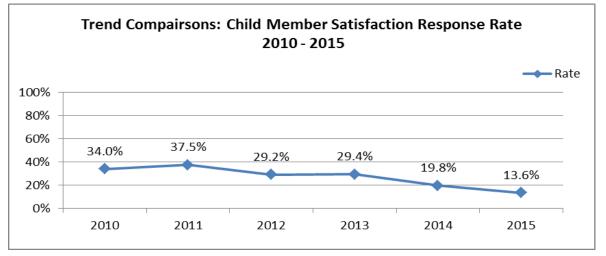
- General Satisfaction
- Participation in Treatment Planning
- Access to Services
- Cultural Sensitivity
- Outcomes
- Functioning



Social Connectedness

### Response Rate

The run chart below displays child member survey response rates from 2010-2015. The response rate decreased 23.9% from its high point of 37.50% in 2011 to 13.60% in 2015 showing a 53.7% change which is statistically significant (p<0.000). The data indicates the response rate decreased from 2014 (19.0%) to 2015 (13.6%) showing a 2.8% change which is statistically significant (p<0.000).



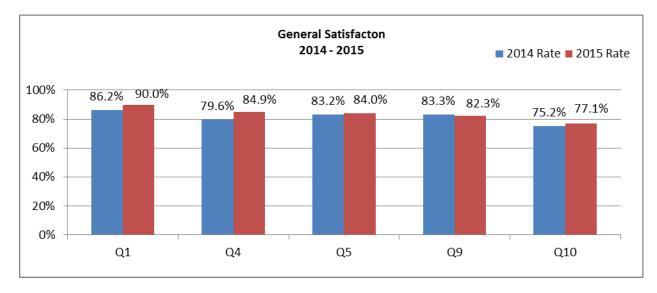
For 2015, the sample size was 16.1% higher (4000) compared to 2014 (3446). This is a statistically significant increase (p<0.000). As shown on the table below, the 2015 responses (544) decreased by 20.5% compared to 2014 responses (684) even with the increased sample size.

	2014		2015		
Survey	2014 Sample/ Responses	2014 Rate	2015 Sample/ Responses	2015 Rate	
Child	3446/684	19.80%	4000/544	13.60%	

## General Satisfaction

Five questions fell under this domain. Four of the five composites identified in this domain increased in performance from 2014 to 2015. The main driver (Q1: Overall, I am satisfied with the services my child received) in 2015 (90.0%), as in 2014 (86.2%), increased by 4.4% this survey administration period, yielding statistically significant improvement (p<0.04). Q10 (My family got as much help as we needed for my child) continues to be the lowest performer in this domain (75.2% in 2014 to 77.1% in 2015) even though Q10 showed an increase from 2014 to 2015 by 2.5%. No statistically significant change identified for this domain. Comparison of responses over the two survey periods indicate that while parents/families of children receiving behavioral health service are generally satisfied with services, there are opportunities for improvement related to parent/family perception of provider/practitioner ongoing

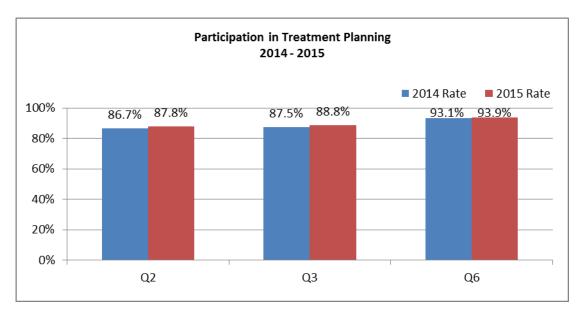




support of the child's treatment and ensuring families/parents receive all the help they need to support their child's recovery.

## Participation in Treatment Planning

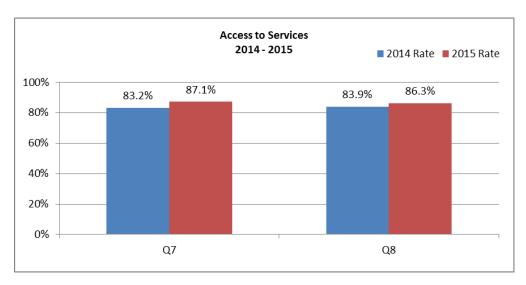
Three questions were included in this domain covering parental participation in their child's treatment planning. All composites reported an increase is satisfaction from 2014 to 2015. Q6 (I participated in my child's treatment) was the highest performer in 2015 (93.9%) as it was in 2014 (93.1%) with an increase of 0.8%. The lowest performer was Q2 (I helped to choose my child's service) which increased by 1.3% from 2014 (86.7%) to (87.8%) in 2015, which was not statistically significant. Member satisfaction for treatment planning (93.9%) as compared to adult treatment planning (70.4%) indicates that family/care givers of child members rank this area of satisfaction higher than adults as children have family support in management of treatment.





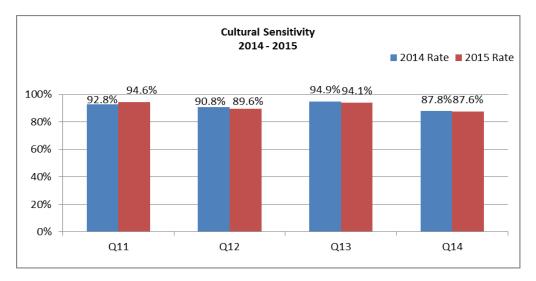
#### Access to Services

Respondents were asked if location of services was convenient and if services were available at times that were convenient for them. Both line items yielded high satisfaction rates and support an increase in satisfaction from 2014 to 2015. Q7 (The location of service was convenient for us) increased in satisfaction by 4.7% from 2014 (83.2%) to 2015 (87.1%). Q8 saw an increase in satisfaction of 2.9% from 2014 (83.9%) to 2015 (86.3%). However, no statistically significant increase was identified.



### Cultural Sensitivity

Four questions fell within this domain reporting overall satisfaction in all composites. In 2015, Q11 (Staff treated me with respect) was the lead performer with an increase of 1.9% from 2014 (92.8%) to 2015 (94.6%). This change was not statistically significant for this indicator. Q13 (Staff spoke with me in a way that I understood) is the second top composite driving high satisfaction from over the 2014 and 2015 survey administration periods.



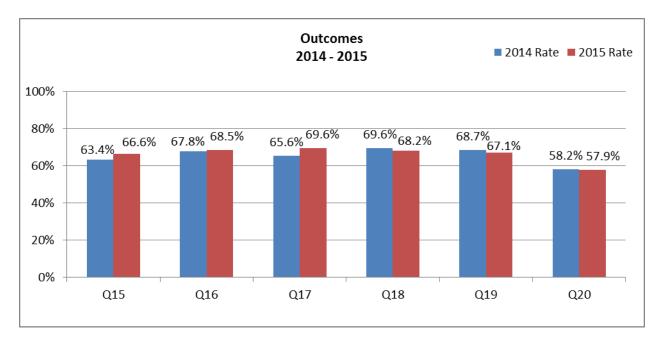


### <u>Outcomes</u>

Six questions were included under this domain. Three of these questions improved in 2015 over the 2014 performance. All six questions show a change that was not statistically significant. Q17 (As a result of the services my child and/or family received: My child gets along better with family members) was the highest performer in 2015 (69.6%) but was not the highest performer in 2014 (65.6%). It increased at a rate of 6.1% which was not statistically significant. Q20 (As a result of the services my child and/ or family received: My child is better able to cope when things go wrong) was the lowest performer in both 2014 (58.2%) and 2015 (57.9%). Q20 (As a result of the services my child and/ or family received: My child is better able to cope when things go wrong) decreased by 0.5% in 2015 which was not statistically significant. Overall, Cenpatico saw no significant improvement in satisfaction with Outcomes from 2014 to 2015.

	2014	2015	Test for difference
Line Item	Rate	Rate	from 80% SRS
Q15. As a result of the services my child and/or			
family received: My child's symptoms are not			Not Statistically
bothering him/her as much.	63.40%	66.60%	Significant
Q16. As a result of the services my child and/or			
family received: My child is better at handling daily			Not Statistically
life.	67.80%	68.50%	Significant
Q17. As a result of the services my child and/or			
family received: My child gets along better with			Not Statistically
family members.	65.60%	69.60%	Significant
Q18. As a result of the services my child and/or			
family received: My child gets along better with			Not Statistically
friends and other people.	69.60%	68.20%	Significant
Q19. As a result of the services my child and/or			
family received: My child is doing better in school			Not Statistically
and/or work.	68.70%	67.10%	Significant
Q20. As a result of the services my child and/or			
family received: My child is better able to cope			Not Statistically
when things go wrong.	58.20%	57.90%	Significant

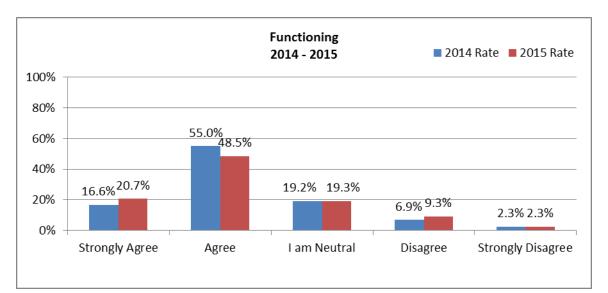




The chart below compares the six 'Outcomes" line items from 2014 to 2015

## Functioning

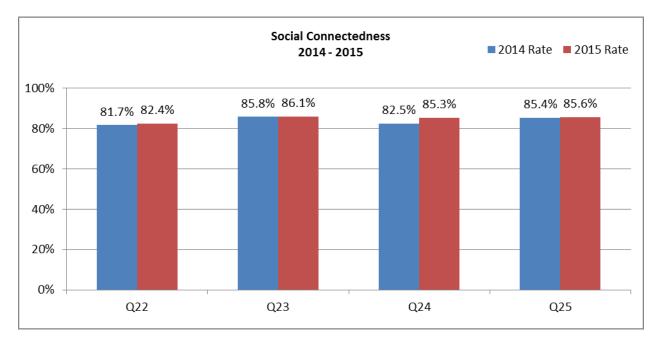
Survey question Q21 (As a result of the services my child and/or family received: My child is better able to do things he or she wants to do) the 2015 satisfaction rate (48.5%) was 11.8% lower than the 2014 satisfaction rate (55.0%). There was not a statistically significant change for the "Agree" option.





## Social Connectedness

Survey question Q25 (As a result of the services my child and/or family received: I have people with whom I can do enjoyable things) had an increase of 0.2% from 2014 (85.4%) to 2015 (85.6%). There was no statistically significant change for this indicator. Q24 (As a result of the services my child and/or family received, in a crisis, I would have the support I need from my family or friends) had a rate of change from 2014 (82.5%) to 2015 (85.3%) of 3.4%. There was no statistically significant change for this indicator. Q22 (As a result of the service my child and/or family received, I know people who will listen and understanding me when I need to talk) was the lowest indicator in both 2014 (81.7%) and 2015 (82.4%) and increased by 0.9%. There was no statistically significant change for this indicator.



## **Opportunity Analysis**

Due to efforts Cenpatico implemented to increase the Child Member satisfaction survey response rate Cenpatico executed multiple quality control reviews on member contact information. This was outlined as an area of improvement in 2014 survey results. This led to the Cenpatico 2015 Child sample size to increase by a rate of 16.1% from 2014 (3446) to 2015 (4000). This increase was not reflected in responses as they decreased by a rate of 5.4%, from 2014 (684) to 2015 (544). Cenpatico is continuously making improvements to increase the response rate.

Satisfaction with Functioning and Outcomes has been identified as the primary areas for improvement. Functioning reports an overall low performance of



satisfaction with an 11.8% rate decrease in 2015 (48.5%) over 2014 (55.0%). Outcomes being the second area identified for improvement yielded the lowest satisfaction rating of the seven domains. 2014 (58.2%) had a higher rate than 2015 (57.9%) which had a rate decrease by 0.5%. The highest score is Q17 (As a result of the services my child and/or family received: My child gets along better with family members) at 69.2% in 2015 and the lowest score is Q20 (As a result of the services my child and/ or family received: My child is better able to cope when things go wrong) at 57.9% in 2015. Member satisfaction rates were directly affected by family and friends support through their treatment planning.

Adult Membe	Adult Member Satisfaction Survey Barrier Analysis Results					
Barrier	Opportunity	Selected for Improvement?				
Members are not receiving all available information on community resources, support groups and treatment options.	Provide member facing Cenpatico staff (case management, care coordinators and customer service representatives) with a community resource list in each market to improve member and family use of natural supports.	Yes.				
Members do not understand the target outcomes of their treatment plans	Conduct CM file reviews focused on treatment planning to provide feedback and improvement on member involvement in treatment planning and identification of targeted outcomes.	Yes. Began August, 2015				

## VI. Quality Improvement Activities (QIAs)

The Cenpatico QI Department utilizes data in its key performance areas, along with the routine data feeds into the Cenpatico QIC, in the development and implementation of QIAs. QIAs may focus on clinical or non-clinical areas for improvement. QIAs are structured studies that use a research, improvement science approach to achieve the target outcomes. QIAs may target a specific population, market or service area but must show demonstrable improvement in member care and satisfaction. Current Cenpatico QIAs include:

- Follow up after Hospitalization: Will increased notification of a member discharge from a psychiatric facility to the community based practitioner increase the number of members seen by an outpatient mental health practitioner within seven days of discharge? Measure HEDIS FUH.
- Perinatal Depression Screening and Prevention: Will targeted outreach and engagement of members screened as at moderate or high risk for depression during their prenatal and postnatal periods increase the rate of penetration into behavioral health services? Measures – Edinburgh Depression Screening use; member outreach and engagement.



- **Population Depression Management:** Will targeted outreach and engagement of members with co-morbidities into Cenpatico's Disease Management program improve rates of member adherence to their Depression medication treatment plan? Measure HEDIS AMM.
- Appeals Processing: Will improved production processes and automation improve the appeals resolution cycle time and improve satisfaction? Measures: Appeals Resolution Turn around Times; Member and Provider Appeals Complaints.
- Initial Credentialing Processing: Will improved production processes and targeted workforce management improve initial credentialing cycle time and improve member and provider satisfaction? Measures: Initial Credentialing Cycle Time; Provider Complaints.

The goal of a QIA is to identify programs, policies and processes that support high quality service delivery across Cenpatico's networks. 2015 measurement year performance on the Cenpatico clinical QIA measures are included in the body of this report. Please see Attachment A for the full QIA reports.

# Attachment A Quality Improvement Activities

## Antidepressant Medication Management Quality Improvement Activity (QIA)

## Follow-Up After Hospitalization Quality Improvement Activity (QIA)

## Initiation and Engagement of Alcohol and Other Drug Dependence Treatment (IET) Quality Improvement Activity (QIA)

Antidepressant Medication Management (AMM) Quality Improvement Activity

## NCQA Quality Improvement Activity Form

## Activity Name: Antidepressant Medication Management

## Section I: Activity Selection and Methodology

**A.Rationale.** Use objective information (data) to explain your rationale for why this activity is important to members or practitioners *and* why there is an opportunity for improvement.

Per the National Institute of Mental Health, major depressive disorder impacts 6.7% of the adult population aged 18 and over each year. A second study reported in the American Journal of Psychiatry in 1994 titled "*The Prevalence and Distribution of Major Depression in a National Community Sample: The National Comorbidity Survey*" reports the incidence of major depression over the lifetime is 17.1%. According to the guideline, the treatment modalities recommended in the acute phase, in addition to psychiatric management, include, pharmacology, psychotherapy or a combination of medication plus psychotherapy.

The population of adults who received antidepressant medication without a behavioral health therapy visit is greater than 80% (19.8% having a behavioral health therapy visit). "*Depression Health Center*" reports that antidepressant use is increasing and talk therapy is decreasing over time. Antidepressant therapy increased from 5.8% of the surveyed population in 1996 to 10.1% of the surveyed population in 2005. In addition to medication, participation in talk therapy declined during the same timeframe from 31.5% in 1996 to 19.8% in 2005.

"Predictors of Antidepressant Prescription and Early Use Among Depressed Outpatients" as reported in a 1999 article in the American Journal of Psychiatry linked lack of adequate antidepressant use and/or suboptimal dosing with the patients ethnicity, clinic type and symptom severity. Cenpatico's adult population had a high number of members 80.6% that high rates of follow up visits with a mental health practitioner for talk therapy but did not demonstrate the same rate of compliance with adherence to their depression medication management plan.

Cenpatico monitors member adherence to their medication management programs through the analysis of the HEDIS Antidepressant Medication Management measure. In 2013, the Acute Phase indicator returned a rate of 45.85%, 19% below the performance target of 56.05% (HEDIS 75<sup>th</sup> percentile). Additionally, performance on the Continuation and Maintenance Phase indicator was also below the performance target (40.06%), with a rate of 31.25%. The Continuation and Maintenance Phase indicator performance is 22% below the goal and indicates an area for improvement.

	List and define <i>all</i> quantifiable measures used in this activity. Include a goal or benchmark for each measure. it. If you list a benchmark, state the source. Add sections for additional quantifiable measures as needed.
Quantifiable Measure #1:	AMM Acute Phase Indicator: The percentage of newly diagnosed and treated members who remained on an antidepressant medication for at least 84 days (12 weeks).
Numerator:	Total number of newly diagnosed and treated members who remained on their antidepressant medication for at least 84 days (12 weeks).
Denominator:	Total eligible population meeting HEDIS specification denominator inclusion criteria and treated by BH practitioners.
First measurement period dates:	May 1, 2012 – April 30, 2013 (HEDIS 2014)
Baseline Benchmark:	
Source of benchmark:	
Baseline goal:	56.05%
Quantifiable Measure #2:	AMM Continuation and Maintenance Phase Indicator: The percentage of newly diagnosed and treated members, by a behavioral health clinician, who remained on an antidepressant medication for at least 180 days (6 months).
Numerator:	Total number of denominator members who remained on an antidepressant medication for at least 180 days (6 months).
Denominator:	Total eligible population meeting HEDIS specification denominator inclusion criteria and treated by BH practitioners
First measurement period dates:	May 1, 2012-April 30, 2013 (HEDIS 2014)
Benchmark:	
Source of benchmark:	
Baseline goal:	40.06%
C. Baseline Methodolog	iy.
Study methodology conforms to	the HEDIS 2014 Technical Specifications Antidepressant Medication Management (AMM). All HEDIS data is

Study methodology conforms to the HEDIS 2014 Technical Specifications Antidepressant Medication Management (AMM). All HEDIS data is collected and analyzed in the Centene Quality Spectrum Insight database.

C.1 Data Sources.	
<ul> <li>[ ] Medical/treatment records</li> <li>[ ] Administrative data: <ul> <li>[ X ] Claims/encounter data</li> <li>[ ] Complaints</li> <li>[ ] App</li> </ul> </li> <li>[ ] Hybrid (medical/treatment records and administrative)</li> <li>[ X ] Pharmacy data</li> <li>[ ] Survey data (attach the survey tool and the complete survey</li> <li>[ ] Other (list and describe):</li> </ul>	
C.2 Data Collection Methodology. Check all that apply an methodology.	d enter the measure number from Section B next to the appropriate
If medical/treatment records, check below: <ol> <li>Medical/treatment record abstraction</li> </ol> <li>If survey, check all that apply: <ol> <li>Personal interview</li> <li>Mail</li> <li>Phone with CATI script</li> <li>Phone with IVR</li> <li>Internet</li> <li>Incentive provided</li> <li>Other (list and describe):</li> </ol> </li>	If administrative, check all that apply: [X] Programmed pull from claims/encounter files of all eligible members [] Programmed pull from claims/encounter files of a sample of members [] Complaint/appeal data by reason codes [X] Pharmacy data [] Delegated entity data [] Vendor file [] Automated response time file from call center [] Appointment/access data [] Other (list and describe):

		Ū Ū	ation.				
Measure	Sample Size	Population	Method for Determining Size (describe)	Sampling Method (describe)			
NA							
C.4 Data Collection Cycle.			Data Analysis Cycle.	Data Analysis Cycle.			
<ul> <li>[ ] Once a year</li> <li>[ ] Twice a year</li> <li>[ ] Once a season</li> <li>[ ] Once a quarter</li> <li>[ ] Once a month</li> <li>[ ] Once a week</li> <li>[ ] Once a day</li> <li>[ X ] Continuous</li> <li>[ ] Other (list and de</li> </ul>	scribe):		[ X ] Once a year [ ] Once a season [ ] Once a quarter [ ] Once a month [ ] Continuous [ ] Other (list and describe):				
C.5 Other Pertinent			e only if needed. ges in methodology from measuren	nent to measurement.			
D. Changes to Base							
Include, as appropriate:							
Include, as appropriate: • Measure and time							
Include, as appropriate:	period covered						
Include, as appropriate: • Measure and time • Type of change • Rationale for change • Changes in sampli	period covered	• • •	le size, method for determining size ar	d sampling method			

Baseline to Remeasurement 1:

Remeasurement 1 to

Remeasurement 2:

Proportions Test, Zscore=- -3.70, p = 0.0004, Statistically significant

Proportions Test, Zscore=-4.93, p < 0.0001, Statistically significant

## Section II: Data / Results Table

Complete for each quantifiable measure; add additional sections as needed.

#1 Quantifiable Measure: AMM Acute Phase Indicator: The percentage of newly diagnosed and treated members who remained on an antidepressant medication for at least 84 days (12 weeks).

Time Period Measurement Covers	Measurement	Numerator	Denominator	Rate or Results	Comparison Benchmark	Comparison Goal	Statistical Test and Significance*
May 1, 2012 – April 30, 2013	Baseline:	6973	15209	45.85%		56.05%	
May 1, 2013 – April 30, 2014	Remeasurement 1:	7707	17210	44.78%		56.05%	Baseline to Remeasurement 1: Proportions Test, Zscore=1.93, p = 0.0618, Not Statistically significant
May 1, 2014 – April 30, 2015	Remeasurement 2:	13214	28302	46.69%		56.05%	Remeasurement 1 to Remeasurement 2: Proportions Test, Zscore=-3.34, p = 0.0015, Statistically significant
	#2 Quantifiable Measure: AMM Continuation and Maintenance Phase Indicator: The percentage of newly diagnosed and treated members who remained on an antidepressant medication for at least 180 days (6 months).						
Time Period Measurement Covers	Measurement	Numerator	Denominator	Rate or Result s	Comparison Benchmark	Comparison Goal	Statistical Test and Significance*
May 1, 2012 –	Baseline:	4753	15209	31.25%		40.06%	

29.36%

31.56%

40.06%

40.06%

\* If used, specify the test, p value, and specific measurements (e.g., baseline to remeasurement #1, remeasurement #1 to remeasurement #2, etc., or baseline to final remeasurement) included in the calculations. NCQA does not require statistical testing.

\*\* This data is accurate through December of 2015 and will be updated with year-end data, upon receipt of final QSI run in March 2016.

17210

28302

5053

8933

Remeasurement 1:

Remeasurement 2:

April 30, 2013

May 1, 2013 -

April 30, 2014

May 1, 2014-

April 30, 2015

## Section III: Analysis Cycle Complete this section for EACH analysis cycle presented.

## A. Time Period and Measures That Analysis Covers.

Baseline measurement: May 1, 2012-April 30, 2013 (HEDIS 2014)

Measures: AMM Acute Phase and AMM Continuation Phase measures.

## **B.Analysis and Identification of Opportunities for Improvement.**

## B.1 Quantitative Analysis

In 2013, the Cenpatico rate on the AMM Effective Acute Phase indicator was 45.85%. Performance on this indicator is below the performance goal of 56% demonstrating performance almost 18% below the target. Review of performance across Cenpatico markets shows almost equal distribution in rates, with the highest rates in the Wisconsin (62%) and Indiana (57%), closely followed by Massachusetts (54%) and Texas (53%). The Texas market was not responsible for the pharmacy benefit, but the state provided pharmacy encounter data which was utilized to produce audited HEDIS results. However, there is no way for Cenpatico to know the extent of pharmacy data completeness and accuracy, which could have contributed to the low rate. In addition, the Texas market has a large number of Medicaid SSI and Aged, Blind and Disabled members with comorbid conditions that may contribute to the lower compliance rate.

Performance on the Continuation and Maintenance Phase indicator was also significantly below the performance goal in 2013. The Cenpatico aggregate rate was 31.25%, 22% below the target of 40.06%. Wisconsin (46%) and Massachusetts (43%) were the only markets above the goal in 2013. Indiana (39%), Texas (39%), and Illinois (36%) were all within 10% of the goal.

## B.2 Qualitative Analysis

Cenpatico convened a workgroup of Cenpatico clinicians, including the Director of Clinical Operations and the Cenpatico QI Director; clinical supervisors and quality improvement analysts. The team reviewed the measurement data and identified multiple barriers and opportunities for improvement.

The work group identified the need to target behavioral health physicians across Cenpatico service areas, with a focus on the Texas market, due to the extreme outlier that market presents for the Cenpatico aggregate rate. The purpose of the targeted activity was to share current antidepressant medication management practice guidelines with prescribers in order to improve adherence to industry best practices. As a result, Cenpatico's QI and clinical teams, along with its Quality Improvement Committee (QIC), selected and implemented the American Psychiatric Associations' Practice Guideline: *Practice Guideline for the Treatment of Patients with Major Depressive Disorder* as one of its primary clinical practice guidelines (CPGs). The CPG was embedded into every Cenpatico provider and practitioner's contract (incorporated by reference to the Cenpatico Provider Manual).

The work group evaluated the universe of members eligible for this study and recognized that many "noncompliant" members initiated their antidepressant medication management services with their medical PCPs and then transitioned to Cenpatico for other behavioral health therapies to support depression management. The work group, in conjunction with Cenpatico's health plan partners, developed a PCP "toolkit" to promote the HEDIS measure comprised of: the current Cenpatico Depression CPG; contact information for Cenpatico clinicians in their service areas to facilitate timely referral to behavioral health services; and depression screening tools (PHQ-9 and the Edinburgh Depression Screen for pregnant/postpartum women). Cenpatico provided these toolkits to their health plan partners for distribution to health plan PCPs and to post on the health plan provider websites.

Additionally, the work group identified the need for targeted member education regarding identification of depression symptoms and the importance of adherence to their medication management plans. Cenpatico's clinical team developed a discharge toolkit that they provided to all high volume inpatient facilities across Cenpatico's markets. The discharge toolkit included materials for members discharging from an inpatient setting and provided information on Cenpatico behavioral health services; information on member self-management of depression symptoms; and information for members on how to work with their treatment teams on medication management and service plans.

The following barriers, opportunities and actions were identified and implemented by Cenpatico in response to baseline measurement results:

Barrier: Prescribing PCPs are not following current industry best practices related to the management of antidepressant medications.

**Opportunity:** Educate PCPs on industry best practice regarding depression management.

**Intervention:** Develop PCP toolkits which include depression screens, Cenpatico contact and referral management; and the current Cenpatico Depression CPG.

**Intervention:** Provide toolkits to health plan partners to distribute to PCPs.

Barrier: Members are not adhering to their medication management treatment plans.

Barrier: Eligible members are not initiating depression treatment with their behavioral health prescribing providers.

**Opportunity:** Engage members in improved adherence to medication management service plans.

**Intervention:** Develop member discharge toolkits. Provide members information on depression awareness and symptoms management. Provide members information on services available to them with Cenpatico. Provide members information in the toolkits on engagement with members' prescribers and treatment teams in service planning.

**Intervention:** Targeted member outreach and education on medication compliance conducted by Cenpatico for members who have not been compliant with their depression medication prescriptions.

## Section III: Analysis Cycle Complete this section for EACH analysis cycle presented.

A. Time Period and Measures That Analysis Covers.

Remeasurement 1: May 1, 2013 to April 30, 2014 (HEDIS 2015)

Measures: AMM Effective Acute Phase and AMM Continuation and Maintenance Phase measures.

## **B.Analysis and Identification of Opportunities for Improvement.**

#### B.1 Quantitative Analysis

Performance on the AMM Effective Acute Phase indicator did not improve in 2014 as compared to the baseline measurement. The 2014 rate of 44.78% demonstrates a decrease and is still below the target of 56% by 20%. The Cenpatico 2014 rate includes one more Cenpatico markets as compared to 2013 due to expansion of existing health plan business (Kansas). Review of the distribution of scores across Cenpatico service areas indicates three service areas above the performance goal (56.05%) during this measurement period. The Indiana market performed at a rate of 58%, with Kansas and Wisconsin both finishing at 57%. It should be noted that Cenpatico's largest service area, Texas, a driver for all Cenpatico rates, demonstrated significant decrease in the Remeasure 1 period as compared to baseline. The Texas rate decreased by almost 21% in 2014 (53% in 2013 to 53% in 2014).

Performance on the AMM Continuation and Maintenance Phase indicator also decreased in 2014 as compared to baseline and did demonstrate statistically significant decline. The 2014 Cenpatico aggregate rate is 29.36%, an almost 8% decrease in performance as compared to 2013 and includes one new market due to expansion of existing health plan business (Kansas). However, performance did not meet the goal of 40.06% in the Remeasurement 1 period. Review of the distribution of scores across Cenpatico markets demonstrates improvement in several Cenpatico service areas as compared to baseline, but a decrease in Texas (38% in 2013 to 30% in 2014) which is the largest market for Cenpatico. As seen in the analysis of the AMM Effective Acute Phase indicator performance, the Wisconsin and Indiana service areas rates drove the Cenpatico aggregate rate with performance both at 40%. The remainder of the distribution of scores across Cenpatico markets indicates a cluster of performance between 30% - 37%.

## B.2 Qualitative Analysis

Cenpatico convened a workgroup of Cenpatico clinicians, including the Director of Clinical Operations and the Cenpatico Vice President of Quality Improvement; clinical supervisors and quality improvement analysts. The team reviewed the measurement data and identified multiple barriers and opportunities for improvement.

Cenpatico continued its practice of measuring the Depression CPG at least annually and provided updated and rebranded Cenpatico PCP toolkits to its health plan partners. Cenpatico clinical staff accompanied health plan network managers on PCP site visits in the Indiana, Wisconsin, Ohio and Florida markets, where they distributed the PCP toolkits and provided additional information and resources regarding Cenpatico services.

In order to facilitate improved coordination of care for health plan and Cenpatico members, the Cenpatico clinical teams participated in joint member rounds with the health plans. The rounds occurred at least monthly, specific to each Cenpatico service area. The purpose of the rounds is to facilitate improved referral to behavioral health services for members in need of depression management; coordinate discharge planning; and identify members eligible for Cenpatico case management. The Cenpatico clinical team also expanded its case management assessment tools in 2014. Previously, the case management assessment tools did not include a comprehensive medical history assessment or complete member demographics collection. Cenpatico worked with its health plan partners to improve this key input into identification of members with a history of depression treatment which they may have previously received through their PCPs.

Lastly, the work group recognized the need for specialized management of members with major depression. To that end, Cenpatico developed and implemented a depression disease management program. The program is tailored to the early identification and engagement of members with depression. Members are screened, using the PHQ-9 or Edinburgh Depression Screen immediately upon identification of eligibility. Cenpatico uses its predictive modeling software to identify members who may choose not to self-select for this program. Details on the disease management program were distributed to all Cenpatico health plans; included in the PCP toolkits; and mailed to all participating Cenpatico behavioral health providers.

The workgroup discussed that the barriers for the behavioral health practitioners remain and all interventions will be continued including provider trainings and targeted education for non-compliant practitioners. The following additional barriers, opportunities and actions were identified and implemented by Cenpatico in response to baseline measurement results:

Barrier: Members are not aware of the importance of self-management of depression symptoms.

**Opportunity:** Cenpatico clinical staff in GA continued to call members who have been identified as non-compliant with their depression **Intervention:** As of 12/11/14 Cenpatico clinical staff had called 479 GA members, completing 143 of these calls as successful.

Intervention: Cenpatico started a POM campaign in November of 2014 to help call the GA members automatically and connect them to live clinicians

**Barrier:** Cenpatico clinicians were not actively collecting comprehensive medical histories during case management and clinical assessments.

**Opportunity:** Create solid medical history information requirements for Cenpatico staff to gather when taking initial clinicals from hospitals

**Intervention:** In 2014 the clinical team for Cenpatico was trained on new clinical requirements that included detailed information about medical histories of members.

**Barrier:** Cenpatico members did not have a specialized program focusing on depression disease management techniques and screening.

**Opportunity:** Identify resources and services specific to behavioral health disease management.

Intervention: Cenpatico hired a Disease Management Director and implemented a depression disease management program.

**Opportunity:** Identify members in need of case and disease management through coordination of care with health plan medical management.

**Intervention:** Cenpatico clinicians participate in joint rounds with market health plans and identify members for engagement in behavioral health services.

**Barrier:** Health plan PCPs not actively referring members to behavioral health services with Cenpatico for management of depression. **Opportunity:** Proactively educate health plan PCPs on management of depression and referral process to Cenpatico.

**Intervention:** Implement peer to peer technical assistance provided by the Cenpatico Chief Medical Officer to high volume PCPs not meeting performance standards.

## Section III: Analysis Cycle Complete this section for EACH analysis cycle presented.

## A. Time Period and Measures That Analysis Covers.

Baseline measurement: May 1, 2014-April 30, 2015 (HEDIS 2016)

Measures: AMM Acute Phase and AMM Continuation Phase measures.

#### **B.Analysis and Identification of Opportunities for Improvement.**

#### **B.1** Quantitative Analysis

In 2015, the Cenpatico rate on the AMM Effective Acute Phase indicator was 46.69%. Performance on this indicator is below the performance goal of 56.05% demonstrating performance almost 17% below the target. Review of performance across Cenpatico markets shows almost equal distribution in rates, with the highest rates in the New Hampshire (59%), Wisconsin (55%) and Washington (52%). The Texas market (44%) was not responsible for the pharmacy benefit, but the state provided pharmacy encounter data which was utilized to produce audited HEDIS results. However, there is no way for Cenpatico to know the extent of pharmacy data completeness and accuracy, which could have contributed to the low rate. In addition, the Texas market has a large number of Medicaid SSI and Aged, Blind and Disabled members with comorbid conditions that may contribute to the lower compliance rate.

Performance on the Continuation and Maintenance Phase indicator was also significantly below the performance goal in 2015. The Cenpatico aggregate rate was 31.6%, 22% below the target of 40.06%. New Hampshire (41%), Wisconsin (37%), Washington (37%) and Illinois (37%) were the highest markets in 2015. The lowest markets for AMM Continuation in 2015 were Texas (29%), Georgia (25%), Mississippi (24%) and South Carolina (22%). In three of these markets (Texas, Mississippi and South Carolina) mental health carve out contracts pose major barriers to success. In the Georgia market on 72 of the 1566 members in the denominator came through behavioral health providers, which limits Cenpatico's ability to manage these members.

### **B.2** Qualitative Analysis

Cenpatico convened a workgroup of Cenpatico clinicians, including the Director of Clinical Operations and the Cenpatico QI Director; clinical supervisors and quality improvement analysts. The team reviewed the measurement data and identified multiple barriers and opportunities for improvement.

The work group identified the need to target behavioral health physicians across Cenpatico service areas, with a focus on the Texas market, due to the extreme outlier that market presents for the Cenpatico aggregate rate. The purpose of the targeted activity was to share current antidepressant medication management practice guidelines with prescribers in order to improve adherence to industry best practices.

The work group evaluated the universe of members eligible for this study and recognized that many "noncompliant" members initiated their antidepressant medication management services with their medical PCPs and then transitioned to Cenpatico for other behavioral health therapies to support depression management. Cenpatico staff updated the PCP "toolkit" to promote the HEDIS measure comprised of: the current Cenpatico Depression CPG; contact information for Cenpatico clinicians in their service areas to facilitate timely referral to behavioral health services; and depression screening tools (PHQ-9 and the Edinburgh Depression Screen for pregnant/postpartum women). Cenpatico placed extra emphasis on adding diagnosing tools and information to the "toolkits" to help providers diagnose depression correctly in their patients. Cenpatico provided these toolkits to their health plan partners for distribution to health plan PCPs and to post on the health plan provider websites.

Additionally, the work group identified the need for targeted member education regarding identification of depression symptoms and the importance of adherence to their medication management plans. Cenpatico partnered with the health plans in Georgia and South Carolina to being automated calling programs to reach all members who would fall into the AMM measure to educate them on the importance of medication adherence and provide them with contact information should they need more information or assistance with their medications.

The following barriers, opportunities and actions were identified and implemented by Cenpatico in response to baseline measurement results:

Barrier: Prescribing PCPs continue not following current industry best practices related to diagnosing depression.

**Opportunity:** Educate PCPs on industry best practice regarding depression diagnosing.

Intervention: Modify PCP toolkits which include depression screens and the current Cenpatico Depression CPG.

Intervention: Provide toolkits to health plan partners to distribute to PCPs and post on health plan websites.

Barrier: Members are not adhering to their medication management treatment plans.

Barrier: Eligible members are not initiating depression treatment with their behavioral health prescribing providers.

**Opportunity:** Engage members in improved adherence to medication management service plans.

**Intervention:** Use the Proactive Member Outreach campaigns to engage members in education and resources around medication adherence.

## **Section IV: Interventions Table**

**Interventions Taken for Improvement as a Result of Analysis.** List chronologically the interventions that have had the most impact on improving the measure. Describe only the interventions and provide quantitative details whenever possible (e.g., "hired 4 UM nurses" as opposed to "hired UM nurses"). Do not include intervention planning activities.

Date Implemented (MM / YY)	Check if Ongoing	Interventions	Barriers That Interventions Address
Second Quarter, 2013	$\checkmark$	Provide toolkits to health plan partners to distribute to PCPs.	Prescribing PCPs are not following current industry best practices related to the management of antidepressant medications.
Second Quarter, 2013	$\checkmark$	Target clinical outreach and engagement activities to members that are non compliant with their medication treatment plans.	Members are not adhering to their medication management treatment plans.
First Quarter, 2014	$\checkmark$	Implement an evidence based Depression Disease Management program.	Cenpatico members did not have a specialized program focusing on depression disease management techniques and screening.
Third Quarter, 2014	$\checkmark$	Conduct targeted peer to peer technical assistance with high volume PCPs and Cenpatico Chief Medical Officer.	Health plan PCPs not actively referring members to behavioral health services with Cenpatico for management of depression.
Third Quarter, 2014	$\checkmark$	Initiate a POM campaign to supplement outreach and engagement activities and connect members to live clinicians.	Members are not aware of the importance of self- management of depression symptoms.
First Quarter, 2015	$\checkmark$	Updated provider "Tool Kits" and posted on the various health plan web sites	Providers are not always following the correct diagnostic criteria for members

## Section V: Chart or Graph (Optional)

Attach a chart or graph for any activity having more than two measurement periods that shows the relationship between the timing of the intervention (cause) and the result of the remeasurements (effect). Present one graph for each measure unless the measures are closely correlated, such as average speed of answer and call abandonment rate. Control charts are not required, but are helpful in demonstrating the stability of the measure over time or after the implementation.

## Follow-Up After Hospitalization Quality Improvement Activity (QIA)

## NCQA Quality Improvement Activity Form

Activity Name: Increasing the rate of 7 Day Follow-up After Discharge for a Mental Health Diagnosis	
Section I: Activity Selection and Methodology	
<b>A.Rationale.</b> Use objective information (data) to explain your rationale for why this activity is important to members or practitioners <i>and</i> why there is an opportunity for improvement.	
Research has demonstrated that the provision of timely aftercare services decreases inpatient readmission rate. The National Committee for Quality Assurance (NCQA) states the inpatient readmission rate is a proxy measure for the effectiveness of aftercare coordination and outreach. To provide a standardized process to measure the provision of timely aftercare services, NCQA adopted a HEDIS indicator several years ago that looks at follow-up rates 7 days post discharge.	
stay was 42%. This performance rate was 4% below the HEDIS 2013 50th percentile (46.06%) and 12% below the 75 <sup>th</sup> percentile (54.80%). This QIA was chosen based on this low performance rate.	
<b>B.Quantifiable Measures.</b> List and define <i>all</i> quantifiable measures used in this activity. Include a goal or benchmark for each measure. If a goal was established, list it. If you list a benchmark, state the source. Add sections for additional quantifiable measures as needed.	
Quantifiable Measure #1:	Members receiving after care with a mental health professional within 7 days of discharge from an inpatient hospitalization.
Numerator:	An outpatient visit, intensive outpatient encounter or partial hospitalization with a mental health practitioner within 7 days after discharge. Include outpatient visits, intensive outpatient encounters or partial hospitalizations that occur on the date of discharge.
Denominator:	The total population of eligible discharges. The denominator for this measure is based on discharges, not members. If the discharge is followed by readmission or direct transfer to an acute facility for any mental health principal diagnosis within the 30 day follow-up period, only the readmission discharge or the discharge from the facility to which the member was transferred will be counted. Discharges followed by readmission or direct transfer to a non-acute facility for any mental health principal diagnosis within the 7 day follow-up period will be excluded.
First measurement period dates:	1/01/13 – 12/01/13
Baseline Benchmark:	
Source of benchmark:	
Baseline goal:	54.80% based on 2013 HEDIS Quality Compass National HMO-7 Day Follow Up Rates 75th Percentile

C. Baseline Methodology.
Study methodology conforms to the HEDIS 2014 Technical Specifications Follow Up After Hospitalization (FUH). All HEDIS data is collected and analyzed in the Centene Quality Spectrum Insight database.
C.1 Data Sources.
[ ] Medical/treatment records [ X] Administrative data: [ X] Claims/encounter data [ ] Complaints [ ] Appeals [ ] Telephone service data [ ] Appointment/access data [ ] Hybrid (medical/treatment records and administrative) [ ] Pharmacy data [ ] Survey data (attach the survey tool and the complete survey protocol) [] Other (list and describe):

**C.2 Data Collection Methodology.** Check all that apply and enter the measure number from Section B next to the appropriate methodology.

If medical/treatment records, check below:	If administrative, check all that apply:
<ul> <li>[ ] Medical/treatment record abstraction</li> <li>If survey, check all that apply: <ul> <li>[ ] Personal interview</li> <li>[ ] Mail</li> <li>[ ] Phone with CATI script</li> <li>[ ] Phone with IVR</li> <li>[ ] Internet</li> <li>[ ] Incentive provided</li> <li>[ ] Other (list and describe):</li> </ul> </li> </ul>	<ul> <li>[X] Programmed pull from claims/encounter files of all eligible members</li> <li>[] Programmed pull from claims/encounter files of a sample of members</li> <li>[] Complaint/appeal data by reason codes</li> <li>[] Pharmacy data</li> <li>[] Delegated entity data</li> <li>[] Vendor file</li> <li>[] Automated response time file from call center</li> <li>[] Appointment/access data</li> <li>[] Other (list and describe):</li> </ul>

C.3 Sampling. If sampling was used, provide the following information.						
Measure	Sample Size	Population	1	Method for Determining Size (describe)	Sampling Method (describe)	
NA	NA	NA	NA		NA	
C.4 Data Collection C	ycle.			Data Analysis Cycle.		
<ul> <li>[X] Once a year</li> <li>[] Twice a year</li> <li>[] Once a season</li> <li>[] Once a quarter</li> <li>[] Once a month</li> <li>[] Once a week</li> <li>[] Once a day</li> <li>[] Continuous</li> <li>[] Other (list and describe):</li> </ul>				[ X ] Once a year [ ] Once a season [ ] Once a quarter [ ] Once a month [ ] Continuous [ ] Other (list and describe):		
C.5 Other Pertinent M	ethodological F	eatures. Compl	ete on	ly if needed.		
None to report						
D. Changes to Baselin	e Methodology.	Describe any cha	anges	in methodology from measurem	ent to measurement.	
Include, as appropriate: Measure and time p Type of change Rationale for change Changes in samplin Any introduction of the None to report.	e g methodology, incl		sample	e size, method for determining size	and sampling method	

Section II: Data / Results Table Complete for each quantifiable measure; add additional sections as needed. #1 Quantifiable Measure:							
Time Period Measurement Covers	Measurement	Numerator	Denominator	Rate or Results	Comparison Benchmark	Comparison Goal	Statistical Test and Significance*
Jan 1, 2013 thru Dec 1, 2013	Baseline:	7138	17035	41.90%		46.06%	NA
Jan 1, 2014 thru Dec 1, 2014	Remeasurement 1:	10935	22411	48.79%		54.80%	Baseline to remeasurement 1: Proportions Test, Zscore=13.60, p < 0.0001, Statistically significant
Jan 1, 2015 thru Dec 1, 2015**	Remeasurement 2	11102	22519	49.30%		54.80%	Remeasurement 1 to Remeasurement 2 Proportions Test Zscore=- 1.08, p = 0.2224, Not Statistically significant

\*If used, specify the test, p value, and specific measurements (e.g., baseline to remeasurement #1, remeasurement #1 to remeasurement #2, etc., or baseline to final remeasurement) included in the calculations. NCQA does not require statistical testing.

\*\* This data is accurate through December of 2015 and will be updated with year-end data upon receipt of final QSI run in March 2016.

#### A. Time Period and Measures That Analysis Covers.

January 1, 2013 thru Dec 31, 2013 - Baseline Period

**B.** Analysis and Identification of Opportunities for Improvement. Describe the analysis and include the points listed below.

**B.1 Quantitative analysis:** Cenpatico's 2013 aggregate rate for 7 day follow up was 41.9%, nine percent below the 46.06% goal. Individual markets exceeding the performance goal are: Texas (47%); Indiana (61%); Massachusetts (49%) and Georgia (52%). The highest improving markets for the timeframe were Ohio and Wisconsin who each improved by about 25% over the previous year. Markets below the performance target are Florida (24%); Illinois (23%); Mississippi (10%); South Carolina (39%); and Wisconsin (35%). While these markets are still below the performance target, rates improved in each market during this reporting period. Review 2013 rates as distributed amongst Cenpatico markets indicates that the Florida, Wisconsin and Illinois markets performance continues to drive down the aggregate Cenpatico rate and were targeted for focused improvements. The Texas market has the highest numbers of covered lives of all Cenpatico markets. Of the universe of eligible members included in the denominator, Texas contributes roughly 42% (3455/7228) to the Cenpatico rate. If performance in this market declines it drives down the aggregate Cenpatico rate as demonstrated by performance in this market in 2013.

**B.2** Qualitative analysis: In 2013 Cenpatico paid for 4567 rev code 513 appointments across all markets. This increase is at least partially responsible for the increase in HEDIS FUH numbers in all markets. Of these appointments 2513 of them were billed in Texas, and Florida was responsible for 1113 of these appointments. More focus will need to be placed on educating facilities on providing these appointments so that members are able to have a smoother transition of care.

Cenpatico continued its intervention to incentivize child members and their families in timely follow up after hospitalization with an outpatient provider. Cenpatico sent 518 incentive packages to compliant members in 2013. The incentive packages account for 7% (518/7138) of the compliant members.

An additional area of need that was identified was the training of clinical staff around the discharge planning needs of members. Continual trainings were held throughout the year that focused on increasing the staff's ability to effectively create a discharge plan with hospital staff. Through these trainings it was identified that many facilities did not see the case management staff as partners in the discharge planning process, but rather adversaries. This resulted in very few returned calls to case management staff that were assisting in the discharge planning process. In order to address this clinical supervisors and managers across markets worked to schedule meetings with facility staff with the focus of clarifying Cenpatico's involvement with them as a partnership.

Finally the need for staff who are devoted to improving HEDIS measures across markets was identified. As a result of the two new positions were created with the focus of increasing HEDIS scores.

Barrier: Member telephonic contact information is potentially out of date in Cenpatico databases.

**Opportunity**: Utilization Managers and Care Coordinators will be able to confirm the members' contact information during the Bridge Appointment conversation. This will include the opportunity to engage the member in Care Coordination services post hospitalization to assure assistance is given as needed with participating in aftercare appointments.

Intervention: Utilization Managers will verify member contact information with hospital staff when they are doing initial reviews.

Barrier: Members not attending follow up appointments

**Opportunity:** Develop an adult incentive to increase motivation for members to attend FUH appointments.

**Intervention:** Incentivize adult members with a Subway Gift Card for accepting an in home visit and attending their 7 day follow up appointment as scheduled. This was started in November of 2013 and resulted in 31 members receiving the incentive during the last two months of the year.

**Barrier:** Members are not connected at time of discharge planning to an outpatient mental health provider for follow up care within 7 days of discharge.

**Opportunity:** Cenpatico clinical staff can support timely discharge planning and member engagement in outpatient care.

**Intervention:** Cenpatico QI provides ongoing training to all existing and new clinical staff on the purpose of follow up care after hospitalization and the early identification and connection of members to appropriate outpatient mental health practitioners to support coordination and continuity of care. The Cenpatico QI team provides monthly Projection and GAP reports to the clinical team to help identify members who need outreach and how close each market is to reaching their goals.

#### A. Time Period and Measures That Analysis Covers

January 1, 2014 thru December 1, 2014- Remeasurement Period #2

B. Analysis and Identification of Opportunities for Improvement. Describe the analysis and include the points listed below.

*B. 1 Quantitative analysis:* Cenpatico's 2014 overall rate for 7 day follow up was 48.79%, a highly statistically significant increase from both the baseline and the re-measurement 1 period (p<.0001). In 2014 the overall goal for the HEDIS 7 Day FUH measure was increased from the 50<sup>th</sup> percentile to the 75<sup>th</sup> percentile. Six Cenpatico markets exceeded the performance goal (IN, NH, TX, KS, GA and WI). This is an enterprise wide improvement from the previous reporting period and notes the first time that the overall 7 Day FUH numbers for Cenpatico reached above the 50<sup>th</sup> percentile. Of note is the overall rate of improvement in the Florida market, a primary driver of the aggregate Cenpatico rate. The 2014 Florida rate was 46%, a 57% increase from 2013 performance. Additionally, Massachusetts, one of Cenpatico's historically lower performing markets, saw a rate increase in 2014, to 51.76%. Ohio was the only market that did not see an increase in 2014, and decreased by roughly 6%, to 36.02%. Due to the unique service delivery system in Ohio, whereby Cenpatico is only permitted to actively manage inpatient care as the state has carved out outpatient mental health services on a fee for service basis with CMHCs, Cenpatico is unable to directly influence outpatient care management in Ohio. Additionally, the lowest performing market was Mississippi at 26.17%. The barrier causing the low score in Mississippi is the inpatient carve out that currently denies Cenpatico the ability to manage inpatient care resulting in many members not having follow up appointments scheduled within seven days of their discharge from the inpatient facility.

**B.2 Qualitative analysis:** Cenpatico continued its contracting efforts in 2014 and completed amendments with high volume inpatient providers in all markets to perform the HEDIS approved rev code 513 appointments for members as they are discharging from an inpatient hospitalization. Cenpatico's attempt to add additional clinical and administrative criteria to the use of this service code (prior authorization and mandatory Cenpatico clinician involvement) did not support the facilities' use of this code and demonstrated a decline in the use of this service towards the measure numerator in early 2014. In Quarter 4, 2014, Cenpatico began a program where they focused the network team on contacting facilities and working to overcome barriers that were keeping them from billing for these appointments. As a way to increase motivation for these appointments contracts were amended to offer more money as an incentive for providers to change their billing practices to include these codes. Additionally, Cenpatico continued its efforts to incentivize members and their families with the stuffed bear, book and gift card. Cenpatico sent 1,141 incentive packages to compliant members in 2014. This comprises 12% (1141/9380) of all compliant members for the measurement period.

In 2014 Cenpatico identified market specific barriers to member timely participation in scheduled aftercare following hospitalization. These include outpatient clinic intake appointments made as a "walk-in" status therefore creating the possibility of long wait times to be seen by a clinician and lack of coordination of care within large health systems that have both inpatient and outpatient services on the same campus. In these cases working with facilities to help them create processes where members attend an immediate follow up appointment with the outpatient facility on their campus. Cenpatico trained its staff to not accept a "walk-in" as appropriate discharge planning appointment and to ensure an appointment is scheduled prior to discharge that the member can reasonably attend.

Cenpatico clinical and network management teams also conducted targeted site visits with these health systems throughout 2014 to assist with barrier analysis and reinforce transition planning for Cenpatico members. Additionally, Cenpatico clinical staff continued to outreach to all members discharged from the hospital and identified the following barriers for member compliance with outpatient appointments: lack of transportation and lack of awareness/familiarity with outpatient providers/practitioners.

In 2013, Cenpatico identified an opportunity to incentivize adult members to engage in outpatient services through use of face to face in home meetings with high risk case management members and the distribution of Subway gift cards when members attended scheduled after care appointments. In 2014, Cenpatico distributed 399, 7 day follow up incentives to compliant members.

Cenpatico continued its clinician training efforts in 2014 in order to support timely and effective discharge planning. The HEDIS Coordinator provided training to all current and new clinicians in March, 2014, regarding the importance of timely discharge planning and early identification of outpatient mental health practitioners as part of the new staff incentive program. The purpose of the training was to provide clinicians with the appropriate outpatient services and mental health practitioners in their service areas to support effective discharge planning and connection of members to mental health practitioners in order to facilitate adherence to aftercare appointment standards.

Cenpatico realizes that to truly affect sustained and ongoing improvements on this measure, outpatient providers and practitioners must be engaged in the provision of hospital follow up appointments. Cenpatico initiated a workgroup made up of Clinical Directors, Clinical Supervisors, the Vice President of Quality (CPHQ) and network management staff to develop a provider pay for performance measure for follow up after hospitalization. High volume outpatient providers/practitioners and facilities were identified across Cenpatico markets for inclusion in this activity. Structured contract amendments detailing the pay for performance methodology were drafted and completed in Quarter 4, 2014. Additionally all new contracts will have provisions included that will required inpatient facilities to participate in training on discharge planning as well as partnering with the Cenpatico Clinical team in the discharge planning process.

**Barrier:** Low volume of rev code 513 claims processed from facilities due to additional Cenpatico clinical and administrative requirements. **Opportunity**: Remove additional clinical and administrative barriers.

Opportunity: Wave the timely filing requirement for the rev code 513 claims for 2014

**Intervention**: Cenpatico lifted the clinical and administrative requirements for provision of Bridge appointments for all facility providers and added this service code as a part of every facility benefit grid as allowed by state requirements.

**Intervention**: Cenpatico Network team reached out to providers and educated them about the rev code 513 that they can bill for services that they have already provided to members.

**Barrier:** Outpatient providers/practitioners not engaged in the provision of timely hospital follow up appointments. **Opportunity**: Develop provider/practitioner incentive.

**Intervention**: Cenpatico developed a structured pay for performance measure for follow up after hospitalization targeting high volume outpatient providers/practitioners.

**Barrier:** Facilities are not coordinating care for discharge planning. Facilities are promoting inappropriate discharge planning with nonlicensed case managers or walk-in appointments.

**Opportunity:** Train facilities and Cenpatico discharge planning staff in appropriate discharge planning.

**Intervention:** Provided staff training to all clinical staff members.

A. Time Period and Measures That Analysis Covers

January 1, 2015 thru December 1, 2015- Remeasurement Period #3

B. Analysis and Identification of Opportunities for Improvement. Describe the analysis and include the points listed below.

**B. 1 Quantitative analysis:** Cenpatico's 2015 overall rate for 7 day follow up was 49.30% (as of December 1, 2015), not a statistically significant increase from the re-measurement 2 period (p=.2224). There were 4 Cenpatico markets (KS, TX, NH and IN) that exceeded the performance goal (54.80%) with two additional markets very close to the goal (MA and GA). This is an enterprise wide improvement from the previous reporting period. Additionally the carve-out data for the state of OH has not yet been fully applied to the measure, which should add to the rates by the end of the reporting year. Massachusetts, one of Cenpatico's historically lower performing markets, saw a rate increase in 2015 to 54.51% and was slightly below the overall goal (54.80%). Due to the unique service delivery system in Ohio, whereby Cenpatico is only permitted to actively manage inpatient care as the state has carved out outpatient mental health services on a fee for service basis with CMHCs, Cenpatico is unable to directly influence outpatient care management in Ohio. On December 1, 2015 Cenpatico also started actively managing the inpatient benefit in Mississippi, which previously had been carved out. Mississippi had the third largest number of inpatient members in 2015 (2140) so being able to actively manage this group of members should additionally raise this rate in 2016.

**B.2 Qualitative analysis:** Cenpatico continued its contracting efforts in 2015 and completed amendments with high volume inpatient providers in all markets to perform the HEDIS approved rev code 513 discharge planning appointments for members as they discharge from an inpatient hospitalization. In Ohio and Illinois the fee for the rev code 513 services was increased as a way to encourage these providers to bill these codes. Additionally, Cenpatico continued its efforts to incentive child members and their families with the stuffed bear, book and gift card as well as another incentive for members who attended a 7 day follow up appointment by giving them a Subway gift card. In Texas gas cards were given to members who were able to attend their 7 day follow up appointments as well.

In 2015 Cenpatico identified continued market specific barriers to member timely participation in scheduled aftercare following hospitalization. Many of these issues surrounded the scheduling of outpatient appointments for members upon discharge. As a result, the Cenpatico clinical teams were continually trained to ensure there are appointments scheduled for members at discharge with a time and date the member can reasonably attend. Cenpatico clinical and network management teams increased targeted site visits with these health systems throughout 2015 to assist with barrier analysis and reinforce transition planning for Cenpatico members. Additionally, Cenpatico clinical staff continued to outreach to all members discharged from the hospital and identified the following barriers for member compliance with outpatient appointments: lack of awareness/familiarity with outpatient providers/practitioners. In 2015, Cenpatico worked to engage members in outpatient services through use of face to face in home meetings with high risk case management members, the distribution of Subway gift cards (1014) and distribution of stuffed Bears (1971) when members attended scheduled after care appointments.

Cenpatico realizes that to truly affect sustained and ongoing improvements on this measure, outpatient providers and practitioners must be engaged in the provision of hospital follow up appointments. Cenpatico continued to utilize workgroups made in each market made up of Clinical Directors, Clinical Supervisors, HEDIS team members, Provider Relations Staff, Business Operations Staff and Network Management Staff to address measures for follow up after hospitalization.

Barrier: Low volume of rev code 513 claims processed from facilities.

**Opportunity**: Remove additional clinical and administrative barriers.

**Opportunity**: Ensure that claims for the 513 rev code are paid correctly to encourage facilities to continue to bill for these codes.

Intervention: Cenpatico Business Operations team worked to ensure that the rev code 513's that were billed are paid accordingly.

**Intervention**: Cenpatico Network team reached out to providers and educated them about the rev code 513 and educated them on billing for it correctly.

Barrier: Members not engaging with follow up appointments after they have discharged from the facility

**Opportunity**: Develop an incentive for members to attend appointments

**Intervention**: Cenpatico developed a program that would reward a member with a Subway gift card that would be given to members once they discharge from an inpatient stay

Barrier: Facilities scheduling walk in appointments for members who have discharged

**Opportunity**: Train facilities and Cenpatico discharge planning staff in appropriate discharge planning.

**Opportunity:** Train Cenpatico staff to identify providers who already have an established relationship with the member so the hospital discharge planner can schedule appointments easily with this provider rather than trying to find a new one. **Intervention**: Provided staff training to all clinical staff members.

# **Section IV: Interventions Table**

Interventions Taken for Improvement as a Result of Analysis. List chronologically the interventions that have had the most impact on improving the measure. Describe only the interventions and provide quantitative details whenever possible (e.g., "hired 4 UM nurses" as opposed to "hired UM nurses"). Do not include intervention planning activities.

Date Implemented (MM / YY)	Check if Ongoing	Interventions	Barriers That Interventions Address
January, 2013	$\checkmark$	Modified the chart audit forms for UM staff so that they included a larger focus on making sure that discharge planning is not only happening, but being done well.	Lack of timely discharge planning.
May, 2013		A 510/513 informational letter was created and faxed out to all inpatient facilities telling them what these appointments consist of and how they can be billed.	Facilities are not billing for all services that contribute to the measure.
November, 2013	$\checkmark$	Creation of the new BH Structured notes that enable more specific tracking of HEDIS FUH related activities for improved oversight and member engagement	Lack of timely discharge planning.
January, 2014		Implemented a staff incentive program for staff to reach high levels of getting members to attend 7 day FUH appointments	Lack of timely discharge planning.
July, 2014		Trained all Cenpatico Staff to on the importance of HEDIS FUH and how to improve discharge planning as a way to support the improvement of this measure.	Members are not getting ongoing care coordination to ensure timely after care appointments.
September, 2014	$\checkmark$	Cenpatico staff was trained on how to use the CentraCare program that shows claims data for members so Cenpatico staff can easily identify where a member has previously had appointments.	Members are not getting ongoing care coordination to ensure timely after care appointments.
Quarter 4, 2015	$\checkmark$	The HEDIS team was expanded in order to create more oversight for each market and their HEDIS measures	Additional training opportunities for staff members on the follow up measures
December 1, 2015	V	Go live for the Mississippi market for Cenpatico actively managing the inpatient stays	Mississippi is the third largest market for Cenpatico and the carve out for inpatient stays resulted in poor communication about member admissions, which resulted in very low follow up rates.

# Section V: Chart or Graph (Optional)

Attach a chart or graph for any activity having more than two measurement periods that shows the relationship between the timing of the intervention (cause) and the result of the re-measurement (effect). Present one graph for each measure unless the measures are closely correlated, such as average speed of answer and call abandonment rate. Control charts are not required, but are helpful in demonstrating the stability of the measure over time or after the implementation.

Market		2013 2014			2015				
FL	2562	626	24.43%	2687	1102	41.01%	702	1909	36.77%
GA	1051	552	52.52%	1105	665	60.18%	707	1315	53.76%
IL	621	143	23.03%	665	257	38.65%	943	2133	44.21%
IN	1217	739	60.72%	1263	842	66.67%	754	1342	56.18%
KS				1262	822	65.13%	784	1174	66.78%
MA	213	105	49.30%	73	43	58.90%	224	537	41.71%
MS	1174	119	10.14%	1785	451	25.27%	431	2154	20.01%
ОН	1826	972	53.23%	1728	878	50.81%	544	2387	22.79%
SC	480	190	39.58%	484	200	41.32%	141	414	34.06%
ТХ	7228	3455	47.80%	8008	3777	47.17%	4991	7619	65.51%
WI	663	237	35.75%	713	343	48.11%	346	680	50.88%

# Initiation and Engagement of Alcohol and Other Drug Dependence Treatment (IET) Quality Improvement Activity (QIA)

# NCQA Quality Improvement Activity Form

Activity Name: Initiation and Engagement of Alcohol and Other Drug Dependence Treatment							
Section I: Activity Selection and Methodology							
	formation (data) to explain your rationale for why this activity is important to members or is an opportunity for improvement.						
treatment success for this popula engage in SUD focused treatmer higher rates of improved function	Early engagement of members with substance use disorders (SUD) into behavioral health treatment is a key predictor of long term treatment success for this population. According to the Journal of Behavioral Health Services and Research (2010), members who engage in SUD focused treatment in an outpatient setting within 14 days of their initial SUD diagnosis demonstrated statistically higher rates of improved functional and health care outcomes than members who did not engage. Early engagement and timely SUD treatment entry allows a member to realize increased clinical benefits and improved functioning in their community of choice.						
If a goal was established, list it. If	st and define <i>all</i> quantifiable measures used in this activity. Include a goal or benchmark for each measure. you list a benchmark, state the source. Add sections for additional quantifiable measures as needed.						
Quantifiable Measure #1:	IET Initiation Phase Indicator:						
Numerator:	The percentage of members who initiate treatment through an inpatient AOD admission, outpatient visit, intensive outpatient encounter or partial hospitalization within 14 days of the diagnosis.						
Denominator:	The denominator is based on the eligible population of Members diagnosed with AOD diagnosis with a negative history of 60 days (2 months) of no claims/ encounters with a diagnosis of AOD dependence.						
First measurement period dates:	01/01/14 – 11/15/14						
Baseline Benchmark:							
Source of benchmark:							
Baseline goal:	43.48% based on 2015 HEDIS Quality Compass National HMO- IET Initiation Rates 75th Percentile						
Quantifiable Measure #2:	IET Engagement Phase Indicator:						
Numerator:	The percentage of members who initiated treatment and who had two or more additional services with a diagnosis of AOD within 30 days of the initiation visit.						
Denominator:	The denominator is based on the eligible population of Members diagnosed with AOD diagnosis Initiation of AOD treatment and two or more inpatient admissions, outpatient visits, intensive outpatient encounters or partial hospitalizations with any AOD diagnosis within 30 days after the date of the Initiation encounter (inclusive).						
First measurement period dates:	01/01/14 - 11/15/14						
Benchmark:							
Source of benchmark:							
Baseline goal:	14.97% based on 2015 HEDIS Quality Compass National HMO- IET Engagement Rates 75th Percentile						
C. Baseline Methodology.							
Study methodology conforms to the HEDIS 2015 Technical Specifications Initiation and Engagement of Alcohol and other Drug Dependency Treatment (IET). All HEDIS data is collected and analyzed in the Centene Quality Spectrum Insight database.							

C.1 Data Sources.	
<ul> <li>[ ] Medical/treatment records</li> <li>[ ] Administrative data: <ul> <li>[ X ] Claims/encounter data [ ] Complaints [ ] Appeals [ ] Te</li> <li>[ ] Hybrid (medical/treatment records and administrative)</li> <li>[ ] Pharmacy data</li> <li>[ ] Survey data (attach the survey tool and the complete survey protocol)</li> <li>[ ] Other (list and describe):</li> </ul> </li> </ul>	elephone service data [ ] Appointment/access data

<b>C.2 Data Collection Methodology.</b> Check all that apply ar methodology.	nd enter the measure number from Section B next to the appropriate
If medical/treatment records, check below: <ul> <li>Medical/treatment record abstraction</li> </ul> <li>If survey, check all that apply: <ul> <li>Personal interview</li> <li>Mail</li> <li>Phone with CATI script</li> <li>Phone with IVR</li> <li>Internet</li> <li>Incentive provided</li> <li>Other (list and describe):</li> </ul> </li>	If administrative, check all that apply: [X] Programmed pull from claims/encounter files of all eligible members Programmed pull from claims/encounter files of a sample of members Complaint/appeal data by reason codes Pharmacy data Delegated entity data Vendor file Automated response time file from call center Appointment/access data Other (list and describe):

Measure	Sample Size	Population	Method for Determining Size (describe)	Sampling Method (describe)
A				
.4 Data Collection	Cycle.		Data Analysis Cycle.	
<ul> <li>] Once a year</li> <li>] Twice a year</li> <li>] Once a season</li> <li>] Once a quarter</li> <li>] Once a month</li> <li>] Once a week</li> <li>] Once a day</li> <li>[ X] Continuous</li> <li>[ ] Other (list and dealed)</li> </ul>	scribe):		[ X] Once a year [ ] Once a season [ ] Once a quarter [ ] Once a month [ ] Continuous [ ] Other (list and describe):	
nclude, as appropriat <ul> <li>Measure and til</li> </ul>	e: me period covered	Describe any chan	iges in methodology from measuren	
•	0			ning size and sampling method

# Section II: Data / Results Table

Complete for each quantifiable measure; add additional sections as needed.

#1 Quantifiable Measure: IET Initiation Phase Indicator: The percentage of members who initiate treatment through an inpatient AOD admission, outpatient visit, intensive outpatient encounter or partial hospitalization within 14 days of the diagnosis.

Time Period Measurement Covers	Measurement	Numerator	Denominator	Rate or Results	Comparison Benchmark	Comparison Goal	Statistical Test and Significance*
January 1, 2014 - November 15, 2014	Baseline:	11135	28167	39.53%		42.17%	
January 1, 2015 - November 15, 2015	Remeasurement 1:	20808	54570	38.13%		43.48%	Baseline to Remeasurement 1: There was a statically significant increase from 2014 to 2015 (p=0.0002)
#2 Quantifiable M who had two or m							
Time Period Measurement Covers	Measurement	Numerator	Denominator	Rate or Results	Comparison Benchmark	Comparison Goal	Statistical Test and Significance*
January 1, 2014 - November 15, 2014	Baseline:	2700	28167	9.59%		14.96%	
January 1, 2015 - November 15, 2015	Remeasurement 1:	4733	54570	8.63%		14.97%	Baseline to Remeasurement 1: There was a statically significant increase from 2014 to 2015 (p<0.0001)

\* If used, specify the test, p value, and specific measurements (e.g., baseline to remeasurement #1, remeasurement #1 to remeasurement #2, etc., or baseline to final remeasurement) included in the calculations. NCQA does not require statistical testing. \*\* This data is accurate through December of 2015 and will be updated with year-end data upon receipt of final QSI run in March 2016.

#### A. Time Period and Measures That Analysis Covers.

Baseline measurement: January 1, 2014 – November 15, 2014 (HEDIS 2015)

Measures:

#### **B.Analysis and Identification of Opportunities for Improvement.**

#### B.1 Quantitative Analysis

In 2014 5 markets reached scores above the 75<sup>th</sup> percentile goal for the Initiation Phase (42.17%), IL (50.63%), FL (48.94%), MO (45.01%), KS (43.69%) and TX (42.58%). All other markets fell below the 40% marker for 2014, with WI (33.83%) and MS (35.69%) being the lowest scoring markets. The major entry point for many of the members that fall into the IET measure come through health plan providers such as Emergency Rooms and Primary Care Providers. Only three markets saw more than 40% of the members in this measure come through Behavioral Health providers, IN (45.59%). KS (45.10%) and MA (40.90%).

For the Engagement phase two markets passed the 75<sup>th</sup> percentile goal (14.96%), MA (16.74%) and KS (15.51%). The same trend from the Initiation Phase of this measure held true for the Engagement Phase with the majority of the members entering the measure through Emergency Room admissions and Primary Care Providers. Overall only 22.69% of the members in this measure entered through behavioral health providers.

#### B.2 Qualitative Analysis

One of the largest barriers for this measure is the fact that the majority of the members who fall into each phase of the IET come through Emergency Room admissions or through PCP visits. The nature of these types of visits creates two barriers for successfully increasing the IET measure. The first is that these visits do not require prior authorization so there is little to no communication with either Cenpatico or their health plan partner while the member is still engaged in the visit. The second is that these visits tend to be very short in nature so there is not often time for contact to be made with the member prior to discharge even when they are made aware of the admission.

In order for a member to be included in the IET measure they need to have a negative diagnosis history when it comes to having and SUD diagnosis. As a result of this many of the members who enter into this measure do so during the Pre-Contemplation stage of addition, which results in a very low desire to engage in treatment and follow up appointments.

The following barriers, opportunities and actions were identified and implemented by Cenpatico in response to baseline measurement results.

#### Barrier: Most of these members enter the measure through ER and PCP visits.

**Opportunity:** Cenpatico's Health Plan partners have contacts regularly with ER and PCP staff **Intervention:** In order to effectively address this measure the work groups will need to include HP partner staff who can work with their current contacts to improve educational opportunities for these providers.

#### A. Time Period and Measures That Analysis Covers.

Remeasurement 1: January 1, 2015 – November 15, 2015 (HEDIS 2016)

#### Measures:

#### **B.Analysis and Identification of Opportunities for Improvement.**

#### **B.1 Quantitative Analysis**

In 2015 3 markets reached scores above the 75<sup>th</sup> percentile goal for the Initiation Phase (43.48%), IL (45.43%), MO (44.62%) and TX (44.16%). FL (41.53%) and MA (40.92%) fell below the 75<sup>th</sup> percentile, but stayed above the 50<sup>th</sup> percentile. All other markets fell below the 40% marker for 2015, with WA (25.35%) and GA (33.16%) being the lowest scoring markets. The major entry point for many of the members that fall into the IET measure come through health plan providers such as Emergency Rooms and Primary Care Providers. Only two markets saw more than 40% of the members in this measure come through Behavioral Health providers, MA (41.92%) and KS (45.04%).

For the Engagement phase only one market passed the 75<sup>th</sup> percentile goal (14.97%) MA (15.57%). The same trend from the Initiation Phase of this measure held true for the Engagement Phase with the majority of the members entering the measure through Emergency Room admissions and Primary Care Providers. Overall only 16.10% of the members in this measure entered through behavioral health providers.

#### **B.2 Qualitative Analysis**

Two work groups were created to address the IET measures during 2015, one in KS and one in WI. The work groups included input from both Cenpatico and the health plan partners in order to best address these members. Provider education was chosen to be the focus of these work groups due to the fact that many of these members are entering into the measure through providers who do not need prior authorization or only see the members for a short period of time. A "cheat sheet" was created and sent out to providers in WI to focus on the specific requirements of the IET measure as well as the updated ICD codes to bill that will be counted for the measure.

#### Barrier: Provider knowledge of the IET measure

**Opportunity:** Train providers in getting members in for appointments for follow up when a SUD diagnosis is given **Intervention:** Creation of the "IET Cheat Sheet" **Intervention:** Distribution of the "IET Cheat Sheet" to providers

#### Barrier: Most of these members enter the measure through ER and PCP visits.

**Opportunity:** Cenpatico's Health Plan partners have contacts regularly with ER and PCP staff **Intervention:** In order to effectively address this measure additional work groups will need created in more markets that include HP partner staff who can work with their current contacts to improve educational opportunities for these providers.

# **Section IV: Interventions Table**

**Interventions Taken for Improvement as a Result of Analysis.** List chronologically the interventions that have had the most impact on improving the measure. Describe only the interventions and provide quantitative details whenever possible (e.g., "hired 4 UM nurses" as opposed to "hired UM nurses"). Do not include intervention planning activities.

Date Implemented (MM / YY)	Check if Ongoing	Interventions	Barriers That Interventions Address
Sept 2014	Х	WI IET Work group began meeting	Began tracking on a monthly basis the IET scores for WI as well as implementing training for clinical staff and partnerships with the health plan.
Nov 2014	Х	KS IET PIP Workgroup began meeting	Began tracking on a monthly basis the IET scores for KS as well as implementing training for clinical staff and partnerships with the health plan.
Q2 2015		Provider toolkits were completed and submitted for each state for approval.	This intervention will help educate providers who see members and give them new SUD diagnoses.
Q3 2015		IET Cheat Sheet document was created and received state approval in WI	This document will be sent out to providers and give them the requirements for billing for SUD services correctly, as well as answering some common questions that go along with members who fall into this measure.

# Section V: Chart or Graph (Optional)

Attach a chart or graph for any activity having more than two measurement periods that shows the relationship between the timing of the intervention (cause) and the result of the remeasurements (effect). Present one graph for each measure unless the measures are closely correlated, such as average speed of answer and call abandonment rate. Control charts are not required, but are helpful in demonstrating the stability of the measure over time or after the implementation.