



United Way First Call for Help

1-877-211-MASS / (617) 536-5872
TTY or dial 211

ESP Numbers (Emergency Services)

Boston

24 hr access number (800) 981-4357

Metro Boston

Cambridge Somerville 24-hour access number (800) 981-4357

Norwood 24-hour access number (800) 529-5077

South Shore 24-hour access number (800) 528-4890

Western Massachusetts

The Berkshires 24-hour access number (800) 252-0227

Greenfield 24-hour access number (800) 562-0112

Northampton 24-hour access number (800) 562-0112

Southern Pioneer Valley 24-hour access number: (800) 437-5922

Central Massachusetts

Metro West 24-hour access number (800) 640-5432

North County 24-hour access number (800) 977-5555

South County 24-hour access number (800) 294-4665

Worcester 24-hour access number (866) 549-2142

Northeastern Massachusetts

North Essex 24-hour access number (866) 523-1216

Lawrence 24-hour access number (877) 255-1261

Lowell 24-hour access number (800) 830-5177

Tri-City 24-hour access number (800) 988-1111

Southeastern Massachusetts

Southern Coast 24-hour access number (877) 996-3154

Brockton 24-hour access number (877) 670-9957

Cape Cod and The Islands 24-hour access number (800) 322-1356

Fall River 24-hour access number (877) 425-0048

Taunton/Attleboro 24-hour access number (800) 660-4300

AA groups

Boston 617-426-9444 Chelsea (617) 844-6500

Edgartown 508-627-7084 Holyoke (413) 532-2111

Hyannis 508-775-7060 Lowell (978) 957-4690

Nantucket 508-228-2334 Pittsfield (413) 448-2382

Springfield 413-734-7500 Worcester (508) 752-9000

Legal Aide state wide programs

Mental health legal advisors committee (800) 342-9092

Legal advocacy and resource center (800) 342-LAWS

Children's Law Center (781) 581-1977

Disability law Center (800) 872-9992

MA advocates for children (617) 357-8431

Elder Abuse hotline

(800) 922-2275

Teen hotline

(800) 999-9999

Children's services (MSPCC) (800) 442-3035
 Disabled person's protection commission (800) 426-9009

DV hotlines:

Boston Area:
 Fenway Community Health (617/ 781 area code) (800) 267-0900
 Central MA: Daybreak (508) 755-5371
 Northeast: HAWC (978) 744-6841
 Southeastern: Independent House (800) 439-6507
 Western: NELCWIT (413) 772-0800

SS national (800) 772-1213
 TTY (800)325-0778

DCF (Department of Children and Families):

Child @ risk Hotline (800) 792-5200
 Central office (617) 748-2000
 Greater Boston (617) 989-9200
 Northeast: (978) 557-2700
 Central MA (508) 929-2130
 Metro (781) 641-8200
 Southeast (508) 894-3700
 Western (413) 452-3350
 Website: www.mass.gov/dcf

Department of Mental Health:

Central MA (508) 368-3838	Metro Boston (617) 626-9200
Metro Suburban (508) 616-3500	Northeast MA (978) 863-5000
Southeast MA (508) 897-2000	Western MA (413) 587-6200
Central office (617) 626-8000	Website: www.mass.gov/dmh

DTA (Department of Transitional Assistance, food stamps, cash assistance, dv and pregnant/parenting teen resources)

Application Number (800) 249-2007
 Food stamps (Supplemental Nutrition Assistance program benefits hotline)
 Website: www.mass.gov/dta (866) 950-FOOD (3663)

DUA (division of unemployment assistance)

Division of career services (617) 626-6560
 (617) 626-5300
 Medical security program (800) 908-8801
 Website: www.mass.gov/dua

NAMI Website: <http://namimass.org> (800) 370-9085

Cenpatico & CeltiCare Contacts

CeltiCare	(866) 895-1786	www.celticarehealthplan.com
Cenpatico	(866) 896-5053	www.cenpatico.com
Nursewise	(866) 895-1786	
Commonwealth Health Connector Authority		
	(877) 623-6765	www.mahealthconnector.org