

## How can you help?

If a child sees you within 7 days of discharge from the hospital, Cenpatico will send the child a Build-A-Bear, a children's book called "Me and My Feelings", and a \$10 Wal-Mart gift card.

You can help by:

- Reinforcing that children need to take medications as prescribed and to call you if the parents feel they need a change.
- Asking that all medications are kept away from the child, preferably under lock and key.
- Reminding parents to make sure that, if there are firearms in the home, they are locked away from the child. This includes the use of functional trigger locks, cable locks or chamber locks.

Best of all, help the child to earn a Build-A-Bear and a book by accommodating your schedule and seeing them within 7 days of discharge from the hospital.



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## Keeping Our Children Safe

*Help your patients take advantage of Cenpatico's incentive program for children*



## Cenpatico's Incentive Program

Cenpatico wants you to be aware of a unique preventive behavioral health program we have developed for children ages 4-18 who have been hospitalized for a mental health or substance abuse diagnosis, and what we hope to do to keep them safe once they return home.

Post-hospitalization, children are often dependent on others for transportation for aftercare appointments and for administering medication. They can be vulnerable for negative outcomes and may be at risk for suicide or other serious issues following discharge from the hospital.

By offering these incentives, we hope to improve safety, follow-up care, medication adherence, and safe practices related to medication and accessibility of guns in the home.

Our Care Coordinators and Intensive Case Managers work with parents to inform them about this program during the initial call while the child is still receiving inpatient care. They also remind the parent of this incentive during a call immediately after discharge.

Our staff will discuss with parents the importance of ensuring their child's medications are taken as prescribed and are kept in a safe place, and that the child does not have access to guns in the home.

We also closely monitor follow-up care, to help ensure the child sees their medication prescriber and their therapist, which is essential if they are to be maintained in the home.

