
Community Based Services (CBS), Child and Adolescent, Florida Service Area

Services covered by this guideline:

1. Therapeutic Behavioral On Site Services – Therapy
2. Therapeutic Behavioral On Site Services – Behavior Management
3. Therapeutic Behavioral On Site Services – Therapeutic Support
4. Targeted Case Management
5. Psychosocial Rehabilitation Group

I. **Intensity Guidelines:** *(three (3) elements are evaluated):*

1. Severity of the functional impairment
2. Appropriate intensity of services
3. Least restrictive or intrusive services necessary

II. **TBOS and Psychosocial Rehabilitation Admission Guidelines** *(all must be met):*

1. The child has received a psychological or psychiatric evaluation which includes a DSM-IV Axis I-V diagnosis that requires and will respond to therapeutic/supportive interventions and which documents the need for CBS.
2. The child demonstrates imminent risk of out of home placement due to functional impairments associated with a mental health diagnosis
3. Traditional Mental Health Services have been attempted (i.e. individual/family/group therapy, medication management, etc) and are inadequate to prevent the youth from deteriorating or to reach identified goals
4. Services are supervised by a qualified licensed mental health professional
5. At least one adult member of the child's family agrees to participate in the service
6. A clear individualized treatment plan is established including specific behavioral based and objective goals. Amount, scope and duration as well as specific interventions must be documented in the treatment plan and supported by progress notes
7. The child demonstrates the capability of developing more complex personal and interpersonal life skills including problem solving, self advocacy, and the appropriate use of community resources.

Targeted Case Management Eligibility Guidelines:

In order to be certified to receive children's targeted case management services, the child must meet all criteria:

1. Be enrolled in a Department of Children and Families (DCF) children's mental health target population (birth through 17 years);

2. Have a mental health disability (i.e. serious emotional disturbance) that requires advocacy for and coordination of services to maintain or improve level of functioning;
3. Require services to assist in attaining self sufficiency and satisfaction in the living, learning, work and social environments of choice;
4. Lack a natural support system for accessing needed medical, social, education, and other services;
5. Require ongoing assistance to access or maintain needed care consistently within the service delivery system;
6. Have a mental health disability (i.e. serious emotional disturbance) that, based upon professional judgment, will last for a minimum of one year;
7. Is in out-of-home mental health placement or at documented risk of out-of-home mental health treatment placement; and
8. Is not receiving duplicate case management services from another provider

Exception to Eligibility Criteria:

The following recipients may receive mental health targeted case management for up to a maximum of 30 days without meeting the eligibility criteria for a specific target group:

- A recipient who has been referred by CBH after a denied admission to or discharge from an inpatient psychiatric unit
- A recipient who has been admitted to an inpatient psychiatric

III. Continued Stay Guidelines (*all must be met*):

1. Validated DSM IV Diagnosis which continues to have a broad and persistent effect on the child's ability to remain in the home/community
2. Member is making adequate progress toward treatment goals as evidenced by lessening of symptoms over time and stabilization of psychosocial functioning through treatment planning and involvement but would not be able to progress without the services provided by the CBS
3. The treatment plan is updated monthly (30 days) and reflects effort to reduce the frequency of service or clinical documentation for inability to decrease the usage of community based services
4. Techniques are employed in treatment that are time-limited in nature and subordinate to a goal of enhanced autonomy and the least restrictive environment possible

IV. Discharge Criteria:

1. Child no longer meets continued stay criteria
2. Child has progressed to the extent CBS are no longer necessary
3. Severity of illness requires higher level of care